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# Granite City Journal

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VOLUME 22, NUMBER 33

WEDNESDAY, APRIL 29, 1998

FIFTY CENTS

## Rotarians receive school renovation tour

By Scott Kelly  
Staff writer

Officials of Granite City School District #9 are proud of their newly renovated high school, and they have good reason to be.

While gearing up for the official dedication May 17, district officials have proudly directed tours for various national, state and local officials and community and business leaders.

Earlier this month U.S. Education Secretary Richard Riley and U.S. Sen. Carol Moseley-Braun, D-Illinois made a brief tour of the building. Last week it was the Rotary Club's turn to see all the changes and updates.

At the Rotary's monthly community action prayer breakfast, held at the Sports Hall of Fame, Superintendent Steve Balen first took Rotary members and community leaders through a photographic tour of how the school used to look.

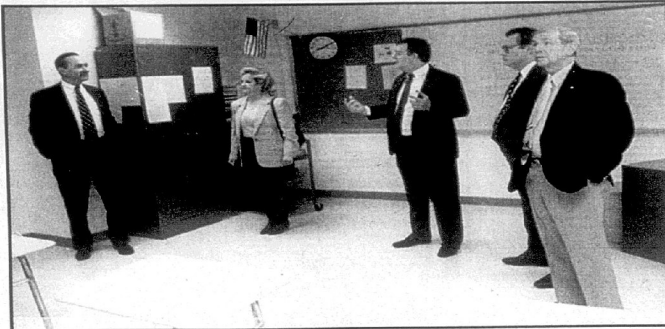
Balen introduced Jim Noth, president of the school board, and member Eldin Res. Res. attended construction meetings every week since 1994.

"He's been instrumental, and his background in engineering really helped us in putting this whole process together," Balen said.

He also mentioned the work of Principal Bill Rotter and Assistant Principal Al Kennerly.

"To continue the operation of a building that has 2,400 kids in it and at the same time be dodging bricks and drywall and construction workers is quite a feat," he said. "And the kids and the staff have put up with a whole lot."

(See TOUR, Page 4A)



Staff photos by JOHN FRESE

Above: Tom Holloway, Community School District #9 administrative assistant in charge of secondary education, center, gives a group of Rotarians a tour of one of the recently renovated classrooms at Granite City High School.

At right: GCHS Principal Bill Rotter, far right, shows a group of Rotarians one of the school's new chemistry rooms during last week's tour of the high school, which followed the Rotary Club's monthly prayer breakfast. Official dedication ceremonies at the school are set for May 17.



## State police pool assets

Quality of life is focus

By Scott Kelly  
Staff writer

A team approach to the area's toughest crime problems will help law enforcement officials solve problems instead of merely reacting to them.

Terrance W. Gainer, Illinois State Police director, announced the formation of a steering committee that will serve as an advisor to the Southwest Illinois Resource Support Center, based at the state police District 11 headquarters in Collinsville.

The Resource Center provides intelligence and some coordination for area law enforcement.

The ultimate goal of the committee, the first of its kind in the state, will be to improve the quality of life in and around the Metro East.

"The focus certainly is to improve the quality of life through safety and the ability to go as you wish ... and not to have problems while you're doing it," said First Deputy Director Gene Marlin of the Illinois State Police.

The committee will meet on a monthly basis for as long as it takes, he said, and will advise the Resource Center on problems, solutions and implementations.

"Policing will ... turn more towards problem solving than just crime fighting," he said.

**'Policing will ... turn more towards problem solving than just crime fighting.'**

1st Dep. Gene Marlin  
Illinois State Police

"In many instances you're only dealing with a symptom of the problem. And unless you're able to root out and solve the root problem it will be a recurring thing," Marlin said, explaining why the state police would involve itself in quality of life issues.

The police alone cannot solve the problems, hence the formation of the new committee. The steering committee is comprised of representatives from state agencies, politicians, law enforcement agencies, education facilities and businesses in Madison and St. Clair counties, across the state and across the Mississippi River.

John Kaestner, senior group director for Anheuser-Busch Companies and one of the committee's business representatives, said his company is a leader in promoting efforts to combat drunk driving and other issues.

(See CENTER, Page 4A)

## Roberts' torch passed

By Scott Kelly  
Staff writer

Venice will honor its youth Friday while remembering one of its most outstanding role models.

The Joe W. Roberts Jr. Youth Athletic Club Awards Banquet is set for 6-9 p.m. Friday at the Venice Recreation Center, 305 Broadway in Venice.

Roberts, founder of the Youth Athletic Club, passed away Sept. 15, 1997.

"He passed the torch and current members of the non-profit organization are keeping Joe's dream alive," said Cynthia Crawford, head of public relations for the organization.

"Joe is smiling down on us — wiping away tears of joy. Joe would often get emotional and he would let others know how much he appreciated everyone for their support of his youth," she said.

Sixty-six youth will receive trophies for basketball, base-

### VENICE

ball and football. Ten coaches will be honored with trophies for their dedicated service to the youth.

The public is invited. Tickets are \$10 each. Carmel Lee Chavis is president, and Sandra Harris and Brenda Ervin are the awards banquet chairpersons.

Call Rosetta Richmond-Roberts, Joe's wife, or call Crawford at 542-3537 for more information.

Those who wish to make a donation to the organization should make checks payable to and mail to the Joe W. Roberts Youth Athletic Club, P.O. Box 196, Madison, IL 62060.

"Joe truly loved young people. I know that Joe is grateful to those who have accepted the challenge of staying involved with the youth," Crawford said.

## Murder suspects attempt suicide

By Scott Kelly  
Staff writer

The two men suspected in the killing of a Lebanon man have each attempted suicide while in jail.

Two men are charged in the death of Paul E. Stell Jr., whose body was found floating in the Chain of Rocks barge canal Monday evening.

Jerry L. Champion, 24, of Bel Vista Trailer Court in Lebanon, and Christopher A. Smith, 26, of the 1100 block of St. Thomas Road in Granite City, were arrested on suspicion of first degree murder Thursday by the Madison County Sheriff's Department.

Champion slit his wrist and was found lying on a floor of a day-room shower in Madison County Jail. He was bleeding from a cut made apparently from a disposable razor he had been issued hours before.

After receiving stitches Champion was

**'After Stell was beaten ... by both Champion and Smith, he was transported to the navigation canal levee area near the Chain of Rocks Bridge.'**

Bob Churchich  
Madison County Sheriff

returned to jail in Edwardsville. Smith, a longtime friend of Champion, was taken to Anderson Hospital Thursday after he attempted to hang himself in jail at the same time Madison County Sheriff Bob Churchich was holding a press conference announcing the arrests of Cham-

pion and Smith. He apparently tried to hang himself with bed sheets between checks on his cell by the guards.

Smith was listed in stable condition over the weekend. The two men were arrested after a police investigation revealed that Stell, Champion and Smith had all become involved in an altercation April 3 at Smith's residence, Churchich said.

The men had been drinking. Churchich declined to comment on what the fight was about, but did say it was a "personal matter."

Stell was beaten with a tire iron, Churchich said, but the beating wasn't fatal.

"After Stell was beaten ... by both Champion and Smith, he was transported to the navigation canal levee area near the Chain of Rocks Bridge," Churchich said.

(See SUSPECTS, Page 3A)

## Cinco De Mayo

The Mexican Honorary Commission of Granite City will hold its Cinco De Mayo Fiesta on Saturday at the Amvets Hall, 1701 Kennedy Drive in Madison. Doors open at 6:30 p.m. with the MHC Folkloric Dancers appearing at 7:30. Music and dancing will follow. Dancers performing include, from left: Nick Garcia, Julie Barnes, Raymond Martinez, Ellen Nickonowicz, Greg Henry Garcia, Ashley Martinez and Sara Garcia.



Staff photo by JOHN FRESE

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## Bush wins national office

Elected president of Conference of Black Mayors

By Jason White  
Staff writer

Mayor Gordon Bush says his election as president of the National Conference of Black Mayors will spotlight the improvements East St. Louis has made during his term.

Bush was elected president on April 17 at the Atlanta-based conference's annual convention in New Orleans.

Bush said the election makes him the spokesperson for the 435 African-American mayors in the conference. The president's main duties are to lobby for federal dollars to rebuild impoverished areas, Bush said.

Bush cited the example of the U.S. Environmental Protection Agency's Brownfields Initiative, which attempts to spur redevelopment on industrial sites.

Although some big cities are represented in the conference, most of the mayors represent rural towns in the South. The conference's goal is to provide technical assistance, such as grant writing, to cities and towns with limited resources.

Besides helping other towns, the two-year term as president could also bolster East St. Louis' image, Bush said.

"It brings East St. Louis somewhat into the national spotlight as being a city that is capable, through its mayor, of representing the black mayors of America," Bush said.

"It will give those who come here and the national media an opportunity to see the improvements we've made," he said.

Since voters elected Bush in 1991, the city has restored the Public Works Department and has started regular trash pick-up, fire and police personnel have increased 40 percent,

*'It brings East St. Louis somewhat into the national spotlight as being a city that is capable, through its mayor, of representing the black mayors of America.'*

Mayor Gordon Bush

homicides have decreased 40 percent and the city has seen about \$150 million in new development, according to a fact sheet distributed by the mayor's office last April after Bush turned down job offers from the Clinton Administration to finish out his mayoral term.

But Bush's tenure has not been without controversy. In a move that angered many, Bush, City Council President Pro Tem Michael Collins and Councilman Eddie Jackson voted to fire City Manager Edward Badgett after three months on the job.

Critics said Badgett was fired because his budget laid off political-connected employees. Bush said Badgett lost his job because his budget endangered the city's federal grants and because he lacked respect for department heads.

Badgett was the latest in a series of city managers who have been fired.

The city is now in a court battle with the East St. Louis Financial Advisory Authority on whether the authority has the right to impose a budget that includes 55 layoffs.

## News briefs

### Granite City

**CITY STICKERS:** City stickers are available at the city clerk's office at Granite City city hall until May 15.

The costs are \$5 for cars, \$10 for trucks and \$3 for motorcycles. After May 15, the price for each sticker doubles. The city clerk's office is open 9 a.m. to 5 p.m. Monday through Friday.

### Madison

**JUMP ROPE FOR HEARTS:** Madison Middle School students will be jumping rope from 1:30 to 3 p.m. Thursday to help fight heart disease and stroke. Students will jump rope to raise money for the American Heart Association.

Students are seeking sponsors for the annual event. Jump Rope for Heart teaches participants the importance of a healthy lifestyle

that includes regular physical activity and proper nutrition. Call (800) AHA-USA-1 for more information.

**RACING SEASON:** Gateway International Raceway's new season thunders to life in May. Located in Madison, and just minutes from St. Louis, the track's 1.5-mile track will return to Gateway International Raceway.

The "Majors" kick off May 21-23 with the Motorola 300 - Carl/FedEx Championship Series. Paul Tracy will defend his title as the winner of 1997's inaugural race. Defending champions - Alex Zanardi, Jimmy Vasser, Al Unser Jr., Michael Andretti, Bobby Rahal and all the Carl stars will kick off the memorial day weekend with high-speed thrills on the 1.5-mile oval track.

The second Annual NHRA Sears Craftsman Nationals, June 25-28, will present The Top Fuel Dragsters and Funny Cars along with Pro Stock motorcycles, trucks and "factory hot rods" adding to the action.

The biggest stars in NHRA Winston Cup Drag Racing will be there. For tickets, call toll-free (888) 827-7333, for lodging call (800) 300-7646.

### Madison County

**TRASH RECYCLED:** Madison County again surpassed the 25 percent recycling rate as mandated by the state. In 1997, the county recycled 30 percent of the solid waste it disposed of during the year.

County residents and businesses generated 278,092 tons of trash during 1997. Of that amount, 82,422 tons of material were recycled. In addition to recyclable materials residents place in their blue curbside bins, vast amounts of paper is recycled by businesses.

Residents recycle many other materials ranging from landscape waste to white goods and used motor oil.



Staff photos by SCOTT KELLY

## Painted message

Fifth and sixth graders at Niedrinhaus Elementary in Granite City were among students from several schools in the Granite City, Madison and Venice districts who spray painted messages on various sewers around the city Thursday. More than 50 schools across southwest Illinois participated in the Gateway Area Storm Sewer Stenciling project. The messages were environmentally-related reminders to be careful of what gets put into the sewer system. They warned that what gets dumped in sewers ends up in the Mississippi River.

## Bluegrass to welcome Wagon Train

George Portz and the Friends of Bluegrass — one of the top acoustic music groups in the St. Louis and Metro East area — will headline the "March Under the Arch" welcoming Boys and Girls Town of Missouri's 1998 Wagon Train to the St. Louis Riverfront on May 3.

The public is invited to join in the festivities, which begin at 1:15 p.m. on I-64 Sullivan Boulevard under the Gateway Arch. The March Under the Arch is the celebration of the completion of the Wagon Train, a nine-day, 200-mile trail ride from the Boys and Girls Town of Missouri campus in St. James to the St. Louis Riverfront.

This year's Wagon Train will involve about 150 residents and 80 staff members from BGTM, riding 250 horses and mules and 15 covered wagons.

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NEWS

# James Earl Ray proclaims innocence on deathbed

By Ande Yakstis  
Telegraph staff writer

With his last dying breath, James Earl Ray proclaimed his innocence of the murder of the Rev. Martin Luther King Jr., his brother, Jerry Ray, told The Telegraph in an interview.

"My brother, James, stared at me from his hospital bed this week and said 'Jerry, I'm dying,'" Jerry Ray said Thursday.

James Earl Ray pleaded with his brother to "carry on the fight to prove I didn't kill Rev. King."

Then he fell into a coma and never regained consciousness, Jerry Ray said.

Ray, 70, died at 10:38 a.m. Thursday at Columbia Nashville Memorial Hospital, with his brother at his bedside.

Ray was serving 99 years in a Nashville prison for the assassination of King on April 4, 1968, at the Lorraine Motel in Memphis, where King was supporting a strike by garbage

workers.

Jerry Ray was near his brother's bed Thursday morning when his blood pressure fell sharply and his kidneys failed.

"James' eyes were sunken in his head. He was dying," he told The Telegraph. "I talked to the doctors and asked them to remove James' life support system. It was James' wish that he not survive on life support like a vegetable."

Ray died 30 minutes after his breathing device was removed, his brother said.

"Just minutes before he died, I looked at my brother and said, 'James I love you.' My brother's eyes grew still and he died peacefully, just like he drifted off to sleep."

James Ray's 30-year battle to prove his innocence in King's killing ended when a doctor pronounced him dead.

"I promised my brother on his death bed that I would never give up the fight until I die to prove that he's innocent of King's murder," Jerry Ray

told The Telegraph.

Jerry Ray and King's widow, Coretta Scott King, and son Dexter King pledged to continue the court battle to try to clear Ray of King's murder.

Coretta King renewed her plea to ask U.S. Attorney General Janet Reno to create a federal commission, with subpoena powers, to investigate her husband's death.

"America will never have the benefit of Mr. Ray's trial, which would have produced new revelations about the assassination," Coretta King said after Ray died.

The Rev. Hosea Williams, King's former aide, called Ray's death "the epitome of an American crucifixion."

But Memphis prosecutor William Gibson said Ray's battle for a trial died with him.

"I believe the history books will accurately record that James Earl Ray was the killer of King," Gibson said.

Ray grew up in Alton as a petty thief and turned into one of the world's most notorious

criminals as the killer of the famed civil rights leader.

"Ray is dead and his foolish, desperate attempt to prove that he did not shoot Rev. King died with him," Conrad "Pete" Baetz, a former federal investigator, told The Telegraph.

Baetz, a former Madison County sheriff's deputy, investigated King's death for 18 months as a special investigator for the U.S. House Select Committee on Assassinations.

"Our investigation concluded, beyond a doubt, that James Earl Ray pulled the trigger of his high-powered 30.06 hunting rifle, killing Rev. King."

Baetz' investigation revealed that Ray looked out a bathroom window of Bessie Brewer's flophouse and aimed his Remington rifle at King, who stood on the balcony of the Lorraine Motel.

"Ray pulled the trigger and King died," Baetz said. "Ray dropped the gun while the fingerprints after he fled from

the flophouse."

Ray recanted his guilty plea in King's death in 1968 and told The Telegraph in an exclusive interview in 1963 that he was framed by a mysterious man named "Raoul" for the murder of King.

"I did not kill Rev. King," Ray said then. "Raoul dropped my 30.06 Remington rifle with my fingerprints near the King murder scene. I was framed, and I'll prove it before I die."

Baetz said Raoul was a fictional character created by Ray.

Ray was not sentenced to death for murdering King but he did a painful death in prison where he was serving his sentence for the murder, Baetz said.

The mystery of whether Ray was involved in a conspiracy may have died with him, Baetz said.

We may never know the identity of any conspirators who paid Ray to shoot King, Ray said, but he was part of a conspiracy to his grave."

Baetz disclosed in an exclusive interview with The Telegraph that events in King's killing pointed to a conspiracy, possibly originating in St. Louis.

Ray killed King to collect a \$50,000 bounty offered by a secret group of white supremacists who wanted King dead, Baetz' investigation disclosed.

The plot might have originated in a meeting of radical racists in a St. Louis house on Arsenal Street in late 1967 and early 1968, Baetz said.

Courtnair said Anna Sandhu, who was married to James Ray from 1978 to 1992 while he was in prison, said she first believed he was innocent but later discovered he was not.

"James is probably right now someplace where the devil is poking him in the butt with a pitchfork saying, 'You have to stand closer to the fire,'" she said.

The Associated Press contributed some information for this story.

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## Venture leases may go to Kmart

By M.J. Trask  
Staff writer

Kmart soon may be picking up even more Venture customers.

In a complicated deal, Venture Stores Inc. plans to sell the leases on most of its stores and other real estate to Kimco Realty Corp. of New York.

Meanwhile, Kimco is close to an agreement to lease a majority of those stores to Kmart Corp. and has preliminary commitments from several other retailers to take over Venture's other locations, Venture officials said.

Venture, based in O'Fallon, Mo., made the announcement Monday.

The announcement was not a complete surprise. The company filed for bankruptcy on Jan. 29.

Under the terms of its agreement with Kimco, detailed in a motion filed in U.S. Bankruptcy Court, Venture will assign

the lease rights of 89 locations to the realty company. Specific store locations were not disclosed, but the affected properties include most of Venture's 73 current locations and many of the 20 stores the company is in the process of closing.

Venture officials said in a news release.

Venture officials said the bankruptcy court is expected to review the Kimco offer and make a ruling on the transaction in June. The company said it expects to receive at least \$95 million in the deal, which will be used to discharge the chain's obligations to its creditors under Chapter 11 of the tax code.

"We feel very confident that the court will rule in our favor" because the deal has the support of the company's creditors, said Tim Schneider, Venture spokeswoman.

Kmart, based in Troy, Mich., would not say what Venture stores would be turned into

Kmart stores. Nor would Kmart comment on the possibility of hiring Venture employees.

"We're not commenting because we don't know exactly what we're going to hear from the court," said Jarvis, media relations specialist for Kmart, said during a telephone interview Monday.

It's all subject to what the court will decide.

Kmart bought 20 Venture stores last year, "mostly in the Dallas and Houston areas," and converted them into the "Big Kmart" stores, Jarvis said. "Customers are responding very well" to those stores, he said.

The company said all Venture store, distribution center and corporate office employees will receive notification in accordance with the Worker Adjustment Retraining and Notification Act, which requires a minimum 60 days' notice of job elimination.

## Coast Guard investigating barge accident

By Jim Merkel  
Staff writer

The U.S. Coast Guard is keeping up its investigation of the mass breakdown of 137 barges from their moorings along the Mississippi River at downtown St. Louis.

At least one of those barges struck the Jefferson Barracks Bridge, forcing the closing of the bridge for more than an hour while investigators checked it for structural damage and decided it was safe.

Lt. David Baugh, spokesman for the U.S. Coast Guard Marine Safety Office in St. Louis, said the breakdown from stationary moorings shortly before 11 p.m. was the largest he had seen in his three years in St. Louis.

One barge partially sank just

below the Jefferson Barracks Bridge and was still being removed April 27.

Baugh said the heroes were the operators of about 25 towboats who worked together to help collect the barges south of the Jefferson Barracks Bridge, just before midnight April 24.

"It says a lot about their ability, a lot about their commitment to safety in the harbor here," Baugh said.

The river was closed to barge traffic for five or six miles on each side of the Jefferson Barracks Bridge for 18 hours after the collision on April 24.

On April 27, traffic on the river near the Jefferson Barracks Bridge was one way because of the continuing presence of the partially-sunken barge. The owners of that

barge were in the process of having a salvage company remove it, Baugh said.

Alerted that runaway barges were headed toward the bridge, police closed it to vehicle traffic about 10:40 p.m., about 10 minutes before the incident, said Capt. David Pudlowski, commander of the 4th (South County) Precinct of St. Louis County Police Department. The bridge was back in service about 12:40 a.m., Pudlowski said.

Pudlowski said police received a call that about 25 barges were floating down the Mississippi River at 10:28 p.m. April 24.

An officer who was on the scene said when the barge struck the bridge support, it caused quite a jolt to the bridge itself, Pudlowski said. When that happened, dust could be seen rising from the roadway, he said.

A county police helicopter in the air helped direct officers below.

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## Suspects

(Continued from Page 1A)

At this location, Stel was strangled with a rope before Champion and Smith put his body into the canal, he said.

Mitchell Fire Protection District members pulled Stel's body from the barge canal, about 400 feet south of the canal bridge. Hunters had spotted the body and notified authorities. Stel's body was found fully clothed except for his shoes, which were missing.

The Madison County Coroner's office conducted an autopsy Tuesday morning. The results of the autopsy indicate that Stel was beaten and strangled, the latter being the primary cause of death.

Champion is still being held at the Madison County Jail. Judge Charles Roman Jr. has denied bond for both men.

Stel was last seen alive around midnight April 3 where people interviewed by police say they saw Smith, Champion and Stel at the Neighbor Inn in Caseyville. Stel was reported missing to the St. Clair County Sheriff's Office on April 6.

Although numerous people have been interviewed, the Sheriff's Department is continuing to investigate, Churchill said.

Anyone having any information relating to Stel's activities is asked to immediately call the Madison County Sheriff's Department. Call 692-0871 for detectives or 692-4433 for the 24-hour number or, if you wish to remain anonymous, call 692-1140 for the 24-hour anonymous tip line.

## Center methods combine high-tech with simplicity

By Scott Kelly  
Staff writer

The Southwestern Illinois Resource Support Center is a new, high-tech, crime-fighting facility, but it runs on a simple concept: communication.

Sgt. Jay Keaven of the Illinois State Police said the center houses a tactical information center with personnel from the state police, the Central Intelligence Agency, the National Guard and contractual analysts.

All are geared toward providing intelligence and other police services to area law enforcement agencies.

"The underlying initiative is proactive problem solving," Keaven said.

"We're getting at problems before they occur to become a little more adaptive at dealing with situations that become crimes later; (where) police are involved at the tail end."

"Now we're trying to get in on the front end," he said.

Linda Lang, the support center manager, said soon the center will host Community Policing officers from several agencies, including the Missouri Highway Patrol, once a month.

"What we'll do there is look at best practices and issues in community policing, what is the best way to solve a problem... and we'll provide training for them at no cost," she said.

"We also do an intelligence meeting once a month... between 100 different departments," Keaven said. About 40 officers normally attend the meetings.

"This is true, pure tactical intelligence. We're sharing information."

For example, at one meeting, an officer investigating a particular type of burglary in one county was told by another officer in the next county a suspect had been arrested whose method of burglary matched the first officer's

case. "It turned out to be the same person," Keaven said. "At least one connection (like that happens) per meeting."

Several databases are combined at the center to track criminal activity and also let law officials know when another law organization is investigating a person or case.

An investigator can contact the center on a certain case and staff can search all the databases for information, Keaven said.

Some databases are geared specifically for tracking gang activity.

The Strategic Tactical Gang Information System keeps track of how often a gang or member comes in contact with any law enforcement agency.

Support Center staff use any tool available, even the Internet.

"Everything's on the Internet," he said. "So we do use that database as well."



Staff photo by JOHN FRES

Assistant Vice Principal Al Kennerly, left, shows off some of the improvements to the high school as guests walk down a wide hallway.

### Tour

(Continued from Page 1A)

"Al (Kennerly) has done the scheduling where we actually had to vacate a third of the building at a time in order to allow construction to go on in there — so Al did a beautiful job."

Construction began in 1994 after a national record-setting voter approval passed the bond issue to provide funds for the renovations. The original building was built in 1920.

"Over the years there have been seven different construction efforts... and so part of the problem in renovating the building was making all seven structures fit together once and for all," Balen said. "They had different wiring and different plumbing. The only thing they had in common was that they were all old."

Balen said they wanted to ensure the character of the building remained. District officials wanted the building brought up to late 20th century standards, but at the same time retain some of its original

flavor.

On the actual tour, Kennerly pointed out the original front doors were not torn down. Instead, they will be refurbished, and will be one of the last items to receive a facelift.

Kennerly was one of four tour leaders last week, and he explained to Rotary members and guests that the high school was now divided into specific departments for sciences, language studies, mathematics and English.

Previously, some rooms for each department had been spread out, but now all the rooms are grouped together.

"We have seven computer labs now. English has one, math has one, foreign language has one and there's four in the business department," Kennerly said.

Rooms are also equipped with televisions, and will have access to cable, he said.

The building is now completely accessible for those in wheelchairs. Fire safety features also have been updated.

"We have to do 13 fire drills a year, and under state law we have to evacuate the building in 5 minutes. We normally do it in 2 minutes, 30 seconds," Kennerly said. There are 13 fire exits in the school, and that plus the rapid evacuation times — usually the same time regardless of how the drill is conducted — has made the fire department happy, he said.

Only a few items in the \$12 million construction are left to complete, such as installation of special fire lights that are still on order. During the actual construction, the students took all the work in stride, Kennerly said.

"They got so used to it (they are) just excellent kids. And the faculty — I think it's finally starting to wear on everybody's nerves now that it's gotten quiet. And the other day we heard an air hammer going, and everyone said 'Oh, no,'" Kennerly joked.

"But for the most part the kids and the teachers have been excellent," he said.

### Center

(Continued from Page 1A)

er forms of alcohol abuse.

"We strongly believe that the value of community partnerships such as this one are critical to address these important issues," Kaestner said.

AB has employees and distributors who live in Illinois, and naturally they are concerned about road safety and finding practical solutions to alcohol abuse, Kaestner said.

"We've found that the best solution, time and again, is community-based initiative, teamwork, public education, alcohol awareness and respect for the law," he said. "Partnerships that focus on common goals that bring together local businesses, educators, law

enforcement and public officials are critical."

For example, in December, AB, in cooperation with the state police, conducted a statewide campaign on television and radio and in newspapers reminding adults of the importance of choosing a designated driver. At the same time, the campaign provided information for retailers and restaurant owners and employees to prevent alcohol abuse and sales to minors, he said.

This year, the Training and Intervention Procedures by Servers of Alcohol, will be offered through the partnership, he said.

Preventing alcohol abuse is but one facet of what the new

committee is hoping to achieve, Marlin said.

"We don't see this as strictly a focus on police efforts in the sense of writing more tickets or court efforts. It's a matter of quality of life," he said. "Our focus is that citizens are able to move about in this area with a sense of security and peace and need not fear going out at night."

Crime overall is falling, and Marlin said it was their intention to make sure it keeps falling.

Right now the committee's agenda is wide open, Marlin said, and the committee welcomes any suggestions.

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Rep. Steve Davis accepts the "Outstanding Legislator of the Year" award from the Associated Firefighters of Illinois. Davis was cited for his efforts in the General Assembly on behalf of Illinois firefighters.

## Davis honored by state firefighters

State Rep. Steve Davis (D-Bethalto) was named "Outstanding Legislator of the Year" by the Associated Firefighters of Illinois.

Ed Crews, the northern district legislative representative for the Associated Firefighters, said the award

was to recognize Davis' efforts in the General Assembly on behalf of all Illinois firefighters.

Crews said Davis carried a motion through the Illinois House to override Gov. Jim Edgar's veto of the workers' compensation for firefighters.

Davis said it was truly an unexpected honor to be chosen as outstanding legislator, and that he was proud to accept the award and would continue to work on legislation that benefits the working men and women of Illinois.

He also commented that it

was nice to be recognized for his efforts.

The award is presented each year to legislators to recognize them for their respective efforts in their office.

Davis' district includes portions of the Granite City area.

## Opposition mounts for Old Town district

By Paul Mackie  
Telegraph staff writer

What began as a grass-roots protest of Glen Carbon's \$30 million Old Town revitalization project might be picking up steam.

Mike Walz, the leader of Concerned Citizens of Glen Carbon, said more people are beginning to disagree with the project, which some village officials have said will restore a dilapidated downtown district.

Old Town is in the village's tax increment District 2, and the citizens group is concerned that homes along Main Street will get bulldozed to make way for the proposed turn-of-the-century historic district, in which no new businesses have yet to be made public by the project's developer.

In a petition that the group plans to start distributing this weekend, Walz wrote: "We petition the mayor and board of trustees of the village to repeal and rescind TIF 2."

"We believe the TIF 2 plan is financially unfeasible and will result in a burden on the taxpayers both directly and as a result of its impact on the school and fire protection districts."

The group said the original TIF program, which started in 1995, would be a positive downtown cleanup project. But Walz said that changed when developer Larry Joiner was hired by the village with the "extravagant" new plan.

"This is turning into urban redevelopment. If this (project) falls flat on its face, how is the village's General Fund going to be repaid back?" Walz said.

The village acquired five properties in Old Town last week with \$260,000 from the General Fund. Officials said they will repay the fund when a \$3.3 million bond for the Old Town project is received.

GLEN CARBON

Rob Jackstadt was one of three board members opposed to the revitalization project. He said the plan is too optimistic and isn't realistic.

"Business people do things on demographics. Why would a business person go into Old Town?" Jackstadt said. "I believe (proponents of the project) mean well, but I think it's a disaster. You need to tread lightly down there. We need to make it look nice and do something to show we're serious (about bringing in businesses)."

Jackstadt said he believes the original TIF program should have been carried out before the village hired a developer. He said he might have voted for the project if the village had tenants signed for the proposed businesses and if streets and lighting repairs had been completed.

"They're projecting 24 brand new businesses to come into Old Town," Jackstadt said. "And the 10 to 12 redeveloped properties would help pay back the incremental taxes to what is now being used from the general fund."

"But I don't think the government should be in the development business. Even if we buy all this property, will development really happen?" he asked.

Meanwhile, the citizens group said it hopes to get its petition circulated to residents of both Old Town and outlying village subdivisions.

## Zion Lutheran group offers prizes during trivia night in Mascoutah

Zion Lutheran Youth Group is sponsoring a Trivia Night on Friday.

The event begins at 7 p.m. at Zion Lutheran Education Building in Mascoutah. The

cost is \$10 per person with a maximum of eight people per table.

St. Clair Square gift certificates for \$200, \$150, and \$100 will be given away to the top

three winners.

Free popcorn will be served. Alcohol is not permitted.

Proceeds from the event will enable nine youths and two counselors to attend the Atlanta Youth Gathering.

For reservations, call Emily Sax at 566-8713, Crystal Knutson at 566-8350, or Sommer Reprigle at 744-0239.

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# Report documents perceptions of long-term care

Pennsylvanians would rather be cared for at home than spend their time in nursing home facilities, according to a new study on long-term care issues.

For four months, consumers, advocates, providers and informal caregivers attended 12 discussion groups around the state to voice their opinions on long-term care.

The focus groups were run by the Intra-Governmental Council on Long-Term Care, a 37-member task force charged with recommending long-term care policy to Gov. Tom Ridge.

To facilitate discussion, each group was asked to share their experiences, voice their frustrations and offer suggestions on what improvements could be made to the current long-term care system.

In one group, according to the study, some people said they had to "practically prove they were bankrupt" before they could secure financial assistance for long-term care.

Long-term care expenses increased more than 300 percent in Pennsylvania from \$600 million in 1986 to \$2.2 billion in 1995, the latest year for which statistics were available.

The study also found that consumers want:

- A complete overhaul of the long-term care system, particularly by giving people more control and choice concerning their long-term care and service needs;
- An easy-to-access central source of information about long-term care;
- To remain independent and live at home as long as possible.

"What this study confirms... is that people prefer to stay at home," said Dale Laninga, the council's executive director.

Laninga said council members and the public would like to see more public dollars going into home and community-based care rather than nursing homes — especially since such care is often less expensive.

Consumers also want more education and training for care givers; less red tape in the disbursement of funds; more money for community-based long-term care services such as senior citizens centers and adult day care programs; and to eliminate nursing facilities as the primary option for long-term care.

Many also told the focus group:

- They would like to see caregivers

compensated for suspending their careers to care for a loved one.

• They would favor a voucher system for home-based care and related services.

• They want tax incentives for long-term care insurance.

• They believe doctors should be required to have training in gerontology before getting their medical licenses.

With the commonwealth ranking nationally in the percentage of older citizens and with many adults needing long-term care and services, it is imperative that we take the lead in recommending changes to Pennsylvania's long-term care and services system," said Richard Browdie, secretary of aging.

The study was unveiled at a press

conference attended by Browdie, Welfare Secretary Feather Houston, legislators, council members, care givers and consumers, some in motorized wheelchairs.

A governor's spokesman said the Ridge administration will study the report carefully.

"It's an opportunity for us to hear what's happening among the long-term care community... what their issues are and what their concerns are," Michael Lukens said.

Browdie said he's optimistic the report will bring about change.

"Our hope is that we will release this report now and give people an opportunity to study it."

— Associated Press

## Dulcimer group brings old-time American music to Pere Marquette

By Kendra Paredes Hayden  
Correspondent

Close your eyes and imagine an earlier time in America. Perhaps a little music can help bring the mental picture into focus.

The Gateway Dulcimer Society, a group of about 30 people helping to preserve traditional American music, will be sponsoring The Great River Road Festival, Aug. 21-23 at Pere Marquette State Park in Gratiot.

Workshops, concerts, open mike, vendors and, of course, jamming will be going on all day and all night, according to a pamphlet provided by the society.

Led by Jack Giger, the group gets together once a week to play the mountain dul-

cimer, a tear-drop shaped string instrument played on the lap.

A "leader by default," Giger teaches the mountain dulcimer. He said the mountain dulcimer is the only musical instrument that was invented in the United States.

"I think you learn more in a group situation, so I tell them (his students) to come over to my house on Monday evenings where they can learn all the songs and techniques. It's just a great time to be together."

Giger first learned about the instrument at a dulcimer festival while vacationing on the Natchez Trace, a scenic, historical road that stretches through Tennessee and Mississippi.

"It's a beautiful two-lane road that has one stop sign in 400 miles," Giger said.

He told his wife, Pat, he thought he could play the instrument, so he bought one.

"I brought it home and couldn't remember how it sounded. I couldn't find any recordings on it," Giger said.

As a result, he said, he made another trip to the Natchez Trace to get some pointers.

"That's where it all started for me. It's become a passion," he said.

Invited in the Appalachian Mountains, the dulcimer attracts all kinds of people. Flo Malone first saw the Dulcimer at Silver Dollar City in Missouri in 1989.

She said, "I always wanted to play but didn't know where to go to learn." Oddly, she said, she heard about Giger from a guy in a strawberry patch.

Her husband, Jim, plays the rhythm guitar with the group.

"You've heard of a football widow. I'm a dulcimer widow," he said.

Another member of the society, Barbara Cunningham, said she bought a dulcimer in 1984 but didn't start playing until a year ago.

"It had been hanging on a wall and I got tired of dusting it," she said. "It's great fun to sit around and strum. When you can't keep up, you can play the chords to go along. I do a lot of that," Cunningham said.

Cunningham's "designated chauffeur" is her husband, Bill. He added, "when you can't play the chords, you just sit there."

Tammy Dean and her son, Joseph, 9, are also members of

the group.

Tammy said she always wanted to play the piano, however, she came from a big family that couldn't afford music lessons. While in the Smoky Mountains vacationing

one year, she bought the dulcimer. For more information about the Dulcimer Society or The Great River Road Festival, call Giger at 244-2822 or over the web at jgckg57@aol.com.

## OBITUARIES

**Oscar Grizzard, 79**, of Granite City died at 9:43 a.m. Saturday, April 25, 1998.

Mr. Grizzard was born Feb. 22, 1919, in Indian Mound, Tenn. He was retired from General Steel in Granite City as a pattern maker and had worked for Constellation Engineering in St. Louis. He was a member of the West 22nd Street Baptist Church and a U.S. Army World War II veteran.

Survivors include his three daughters, Joyce Vester of West Plains, Mo., Patsy Wilkinson of Granite City, and Wanda Mitchell of Mulberry Grove; one son, Dwight Grizzard of Pontoon Beach; two sisters, Rebecca Wolfe of Granite City, Omega Elliott of Indian Mound; four brothers, W. J. Grizzard, Wilson Grizzard, Wilton Grizzard and Randolph Grizzard, all of Indian Mound; eight grandchildren; five great-grandchildren.

He preceded in death by his wife, Margie (Carter) Grizzard; parents, Walter and Ruth (Hawes) Grizzard; one brother, Andrew Grizzard; and four sisters, Naomi Burkhardt, Louise Burkhardt, Imogene Jackson, and Etha Wall.

Services were Tuesday, April 28, at Anglin Funeral Home in Dover, Tenn., with the Rev. Les Atkins officiating. Burial was in Fairview Cemetery in Indian Mound.

Memorials may be made to the Heart and Lung Assoc. of Cancer Society. Thomas Mortuary handled the arrangements.

**Danny Elmore**, 36, of Denver, Colo., formerly of Granite City, died April 26, 1998, in Denver.

Mr. Elmore was born Jan. 24, 1963, in Granite City. He was a manager of Club Food/Denver, and a member of the Phi Beta Epsilon Southern Illinois University in Edwardsville.

Survivors include his parents, Donald and Evelyn (Dowdy) Elmore of Granite City; grandmother, Katie Dowdy of Granite City; three brothers, David Elmore and Darrell Elmore both of Granite City, and Dwayne Elmore Sheboygan, Mich., and one sister, Janet Gordon of Granite City.

He was preceded in death by his grandfathers, John Dowdy, and Lyman Elmore, and his grandmother, Mary (Guntwig) Elmore.

Visitation will be 5 to 8 p.m. today, April 29, at Werner Chapel in Granite City.

Services will be at 10 a.m. Thursday, April 30, at Werner Chapel officiating. Burial will be in Sunset Hills Cemetery.

Memorials may be made to the St. Jude Research Center.

**Marguerite Hartmann**, 91, of Granite City died April 25, 1998, at St. Elizabeth Medical Center.

Mrs. Hartmann was born Nov. 12, 1906, in Wilmington. She was a proprietor of Hartmann's Groceries in Granite City.

Survivors include her two daughters, Billie Meier of Granite City, and Margie Stanton of Chevy Chase, Md.; one brother, Lawrence Doty of Tucson, Ariz.; six grandchildren; and five great-grandchildren.

She was preceded in death by her husband, Otto Hartmann, and her parents, Orin and Lona (Napier) Doty.

Visitation will be from 10 to 11 a.m. today, April 29, at Werner Chapel in Granite City.

Services will be 11 a.m. today, Wednesday, April 29, at Werner Chapel, with the Rev. Michael Hart officiating. Burial was in Sunset Hill Cemetery.

Memorials may be made to the Concordia Lutheran Church.

**Tellie Naylor**, 92, of Granite City died at 1:49 p.m. Friday, April 24, 1998, at Colonial Care Nursing Center.

Mrs. Naylor was born May 28, 1905, in Clifty, Ky. She was retired from Common Wealth of Granite City as a crane operator.

Survivors include one son, Wayburn; two grandchildren; six great-grandchildren; and 12 great-great-grandchildren.

She was preceded in death by her husband, Floyd Naylor; parents, Jessie and Nettie (Young) Galyen; one son, Aruel Naylor; one grandchild, Jimmie Naylor; three brothers; and two sisters.

Services were Monday, April 27, at Second Baptist Church in Madison, Mo., with the Rev. David Tyler officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials may be made to the Second Baptist Church.

**Lucille Walker**, 82, of Granite City died at 7:20 p.m. Monday, April 27, at Colonial Care Nursing Facility.

Mrs. Walker was born July 26,

1905, in Hillsboro. She was retired as a steamfitter at Rice Six.

Survivors include her husband, Floyd "Bill" Walker; grandchildren, Linda Polette of Granite City, Shari Needham of Granite City, Marjorie Polette of Granite City, Kathleen Hill of Granite City, three great-grandchildren; and two great-great-grandchildren.

She was preceded in death by her parents, Edward and Edna McCully; one daughter, Vivian Polette; and infant twin brother, two brothers, Roy McCully and Clem McCully; and two sisters, Bertha and Elsie Radcliff.

Services were Tuesday, April 21, at Mercer Chapel in Granite City, with the Rev. James Hahn officiating. Burial was in Sunset Hills in Glen Carbon.

**Paula Knuckles**, 62, of Granite City died at 6:28 a.m. Saturday, April 25, 1998, at her residence.

Mrs. Knuckles was born Oct. 27, 1935, in Waterloo, Ala. She was employed by 15 Acres Truck Stop as a bartender and a member of the First Baptist Church of Madison.

Survivors include her husband, Bob Knuckles; three daughters, Sherie Zipprich of Wanda, Lori Knuckles and Lisa Awa of both of Granite City; two sons, Robin Knuckles of Hendersonville, and Ronald Knuckles of Seattle, Wash.; and six grandchildren.

She was preceded in death by her parents, Paul and Velma (Mansel) Hollis; and one sister, Evelyn Brady. Services were Monday, April 27, at Thomas Memorial Mortuary in Granite City. Mrs. Knuckles remains

where cremated.

Memorials may be made to the American Heart Association.

**Glady's Randolph**, 68, of Granite City died at 3:21 p.m. April 25, 1998, in Granite City.

Mrs. Randolph was born June 1, 1909, in Bath, N.Y. She was a homemaker and a member of the Calvary Baptist Church in Granite City.

Survivors include her daughter-in-law, Dathel Stoltz of Granite City; and 10 grandchildren.

She was preceded in death by her husband, Jack Randolph; parents, Dudley and Mona (Ember) Van Fleet; one son, Harry Stoltz Jr.; and one sister, Gertrude Grom.

Services will be 10 a.m. today, April 29, at Irwin Chapel in Granite City, with the Rev. Fred Boatright officiating. Burial will be in Mount Hope Cemetery in St. Louis.

Memorials may be made to the Donors Choice.

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| <p><b>DEPRESSION</b></p> <ul style="list-style-type: none"> <li>• Blue Spells, Crying Spells</li> <li>• Loss Of Interest &amp; Pleasure</li> <li>• Fatigue</li> <li>• Difficulty Concentrating, Indecisiveness</li> <li>• Appetite Or Weight Changes</li> <li>• Loss Of Interest In Sex</li> <li>• Feeling Of Guilt Or Worthlessness</li> <li>• Thoughts Of Death Or Suicide</li> </ul> | <p><b>MANIA/HYPOMANIA</b></p> <ul style="list-style-type: none"> <li>• Elevated, Expansive Or Irritable Mood</li> <li>• Inflated Self-esteem, Grandiosity</li> <li>• Increased Need For Sleep</li> <li>• Excessive Or Pressured Talking</li> <li>• Racing Thoughts</li> <li>• Distractibility</li> <li>• Increased Activity, Agitation</li> <li>• Bad Judgment</li> </ul> |
|---|---|

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Director of Clinical Research



By M.J. Trask  
Staff writer

The boy's father, Brian T. Stewart, is accused of injecting his son with HIV, the virus that causes AIDS, when the boy was 11 months old. Stewart has been charged with

**Tim Braun**  
 ting Attorney

Jennifer read from a prepared statement. She started by expressing her gratitude to "all the people, literally from around the world," for their concern about her son. Maggie Linzer, coordinator of the

"He has managed to stay alive and is showing remarkable improvement," Jennifer said. Still, a tube is attached to his stomach to receive medicine, and he is awakened four times during the night for

at," Braun said.

**By Ron Wisdom**  
Staff writer

The scene on Friday could be best described as chaotic, as more than a dozen television camera crews and photographers jostled for the best angle to get the mother or camera. Local radio and news

"We've talked to London and obviously everybody on the East Coast and various members of the news media," said Lt. Dave Todd, of the sheriff's department, after the Friday

A *Journal* reporter was interviewed by telephone by a Vancouver radio station on

part of the reason why Jennifer wanted to do this herself today, to make sure the child is not forgotten about, but at the same time to ask to give the child some space so that he can have as much of a normal life as possible. Hopefully by her coming forward like this, this will answer a lot of the questions being asked."

Donations to the family can be made by calling the Charles County Victims Assistance office at 949-7370.

By Ron Wisdom  
Staff writer

Ziegler said that she would hope that parents would have enough consideration for the students and the state to make them aware of these situations, but she

Mazzocco said a revised guidance policy was approved by the state board

**By Ron Wisdom**  
Staff writer

Stewart, 31, is charged with first-degree assault for allegedly injecting his son in 1992. Stewart offered his plea, looked straight ahead, ex-

Authorities say Stewart injected his then 11-month-old child with the HIV virus on Feb. 6, 1992, while the child was at St. Joseph Hospital West in Lake Saint Louis.

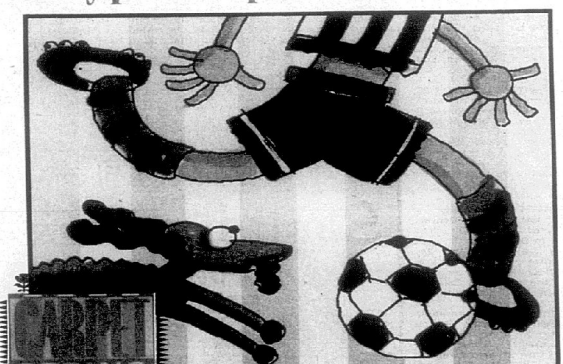
The child is now 7 years old and has "full-blown AIDS," authorities said.

St. Charles County Sheriff's Department spokesmen said Stewart was awaiting trial in isolation for his own protection and safety.

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# SPORTS

Granite City Journal

Wednesday, April 29, 1998

Section B

Prairie State Games tryouts approach

Page 4B

Fairmount Park set for Derby Day

Page 4B



Art Voellinger

## Slap hitting is the trend in softball

I'd never tell Belleville East girls softball Coach Rita Menke that I enjoyed the home run hit by Lebanon pitcher Nicole Bohnenstiel in a recent 1-0 victory in a matchup of the powers of Class A and AA.

However, if a girls game is going to be decided by a hit, I'd much prefer it to be a shot like Bohnenstiel's rather than something akin to a hitting trend that has surfaced in the girls game.

I'm referring to slap hitting so much in vogue that at several schools that as soon as a girl enters high school, she is encouraged to become a left-handed batter who can slap at any pitch, make contact and sprint to first base almost all in one motion.

You can watch games the southwestern Illinois to judge the influence of the "slap," but according to Denny Throneburg, the coach of two-time defending Class A state champion Casey, "I'm amazed more schools don't utilize it."

"It can be a very good offensive weapon at the high school level because defenses aren't always sophisticated enough to handle it."

The state's winningest coach with a record of 567-53 and five state titles entering this season, Throneburg claims, "People in America want to see scoring and action. They love offense; they love the home run. When everybody is moving and defenses have to make great plays because of the slap game, there's nothing better in softball."

Throneburg says 10 of his all-state players were originally right-handed batters who he converted to left-handed slappers.

On the Class AA level, Gary Lagesse, who led Thornwood to state crowns in 1990 and '91 said, "We've built our program around the short game."

"If I were on the Titanic and the boat was going down, I'd grab my pitchers and catchers first, then my slappers. After that, I'd take my power hitters."

How serious is Lagesse? Whenever one of his left-handed slappers messes up in a game or even in a practice, the pitcher is required to do 25 pushups per boo-boo.

Sorry, maybe baseball has made me too much of a purist, but I'd prefer softball games with the drama of the first-ever meeting between East and Lebanon. It was more than a pitchers' duel between Bohnenstiel and East's Kristen Becker and included a triple by the Lancers' Cassie Warning, and, of course the Greyhounds star's home run.

### Extra inning

Former Belleville East pitcher Shelly Schwarz continues to be one of the most successful collegiate pitchers in the country. The senior right-hander at Mount Olive (N.C.) College hurled shutouts against Belmont Abbey and Pfeiffer University and was named Carolina-Virginia Athletic Conference Pitcher of the Week.

The two-hit and five-hit shutouts raised Schwarz' record to 8-1 and gave her a string of 3 1/3 innings with just two earned runs allowed.

### Overtime

Said by Illinois High School Association Executive Director Dave Fry of the recent Indiana championships involving the class champions of boys and girls basketball: "People have argued diligently against that."

If a big school loses to a small school, it comes away embarrassed. And the little school has a remote chance of winning."

## Reiniger, Ambush return to NPSL final

### Collinsville grad wants another championship



Joe Reiniger recently signed a new contract which will keep him with the Ambush through 2001.

By Brian Bretsch  
Staff writer

April has been a busy month for Collinsville High graduate and St. Louis Ambush forward Joe Reiniger.

The most recent accomplishment for Reiniger and his Ambush teammates is the berth they earned for the National Professional Soccer League championship series.

The Ambush defeated the Wichita Wings 19-11 Sunday to clinch the National Conference division. St. Louis won the best-of-five series, 3-1. The Ambush will face either Philadelphia or Milwaukee in the best-of-seven series for the NPSL crown.

It marks the first time since 1995, the year the Ambush won the NPSL crown, that the team returns to the finals.

"It's a good feeling," Reiniger said. "I kind of got spoiled my first two years, getting there fairly easy. The last two years have been a big disappointment in not getting there. We're not satisfied with getting there (this year). We've got four more wins to get."

### SOCCER

Reiniger, 27, was admittedly rather quiet in the series for the National Conference divisional title. Whatever the reason for the "slump," as he called it, Reiniger broke out in the game Sunday and contributed three goals.

"I was missing some chances that normally I would finish on and I wasn't striking the ball as well as I had been," Reiniger said. "Then Sunday, I started striking the ball well and it showed."

Maybe his three-goal performance was in appreciation for the three-year contract he signed on April 21, which means he will remain a forward with the club through the 2001 season.

This season, he led the Ambush in scoring with 164 points — fourth-best in the league. He scored a team-high 65 goals. Of those 65 goals, 12 were 3-pointers and nine were 1-pointers — both team highs. He also had five game-winning goals and took 312 shots — also tops on the squad in each category.

Reiniger's new deal places him among the best-paid players in the NPSL. How-

ever, he said the numbers he has agreed to have been inaccurately reported in other publications. Reiniger did not want to discuss the financial terms of the contract.

He's just pleased to have it out of the way. His previous contract would have expired in September.

"We got to where I am satisfied," said Reiniger, who also had a brilliant career at STU-Edwardsville. "It is a relief to get it over with. To go ahead and get it done during the season, I'm not going to worry about it over the summer. That's nice."

Three years is fine with me. I'm happy with what I'm going to be making next year. I'm supposed to break ground for a new house this week. I'm happy. I also have a no-trade clause in my contract."

Ambush fans have to be elated Reiniger will remain in St. Louis through the end of the millennium and into the next. Fans voted Reiniger the team's Most Valuable Player for the third straight season.

"The people who come to watch you play are the ones who recognize you, so it

(See REINIGER, Page 3B)

## A dynasty on the horizon



(Staff photo by JOHN FRESE)

East St. Louis Lincoln junior LaKeisha Cole poses with the 1997-98 IHSA Class AA second-place trophy, one of 10 second-place finishes for a school that has won 24 titles. The two East St. Louis schools have made more than 70 appearances in IHSA final fours.

## East St. Louis schools merger could launch a prep superpower

By Patrick C. Heston  
Staff writer

Speculation is that a high school sports dynasty will form in East St. Louis when Lincoln and East Side merge at the beginning of the 1998-99 school season.

Observers from as far away as Chicago are conceding Southwestern Conference titles in sports such as football, basketball and track to the one new school, swelling with 2,500 students. They also expect East St. Louis to emerge as one of the biggest sports dynasties in the state.

Speculation is stoked even more by rumors that former East Side football coach Bob Shannon, who produced four state championship teams in the 1980s alone before being forced to resign three years ago in the wake of an administrative scandal, might be persuaded to return.

Shannon, who has been varsity coach at Alton High School the last two seasons, adds fuel to the fire by his refusal to rule out the possibility of a return to the coaching ranks at East St. Louis. But the return would be a very complicated thing, and Shannon admits that

### PREP SPORTS

a lot of things must be worked out first. And not just the obvious surface things.

The current best guess is that Walter Hood, now principal at East St. Louis Senior, will head the administration at the new school.

However, no official action has been taken, and East Side and Lincoln personnel would not return phone calls, let alone confirm rumors.

But Taylor Bell of the *Chicago Sun-Times* calls the upcoming merger the birth of "a sports dynasty — especially if Bob Shannon returns to coach the football program."

According to the numbers, it is difficult to argue with Bell's assessment. Combined, East Side and Lincoln have made 76 trips to the final four in 11 different IHSA sanctioned sports, and have garnered 37 state titles in the process.

Lincoln leads with 24 state titles to its credit: 14 in girls track and field, five in boys track and field, four in boys basketball and one in girls basketball. Lincoln teams have

(See DYNASTY, Page 3B)

## SIUE completes season, will play waiting game

By Brian Bretsch  
Staff writer

Another season and another waiting game for SIUE-Edwardsville softball coach Sandy Montgomery and the Cougars.

SIUE (38-21) finished its regular season today with a doubleheader against sister school SIU-Carbondale.

On Sunday, the Cougars will find out if they received one of four Midwest region berths to the NCAA Division II softball tournament.

Montgomery has been through the wait-and-see process, "too many times."

She is on the selection committee but that does not guarantee the Cougars will earn a berth.

A year ago the Cougars were 39-13 and a perfect 21-0 in the Great Lakes Valley Conference. At one point, SIUE won 25 consecutive games but still did not earn one of the four berths.

"We just have to play it by ear," Montgomery said. "Last year I thought everything was OK and we didn't get in. This year, there is a lot more equity with the teams. There is no one team that is really standing out. Everybody has had good days and everybody has

### COLLEGE SOFTBALL

had bad days. I really don't know."

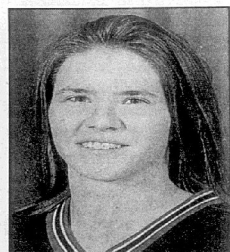
"It is tough. It really is. It is tough on the kids. It is tough on the coaches. I am on the committee and it is tough on me. You want to put the best four teams from the region in the tournament. In my opinion, last year that didn't happen."

This year the Cougars topped the 30-win plateau with a roster full of first-year starters.

"Everybody thought this would be a rebuilding year for us since we lost so many seniors from last year," Montgomery said. "The kids really responded well with basically a whole new team on the field outside a couple of people. They played well and got themselves to a point where they are in contention for a bid to the tournament again. You have got to be pleased with that."

Six players earned all-GLVC honors. Catcher Karl Franzen and first baseman Sarah Solberger were named to the all-GLVC first team. Second team all-GLVC members were Gwen Jackson, Mandy Urban, Kim Wagner and Jessica Silbe.

Franzen set her iron-player benchmark this spring. She



SIUE's Gwen Jackson, a Collinsville grad, has stolen 35 bases and was named second-team all-GLVC.

has caught all 57 of the Cougars games this year.

"She has really come along. She didn't get a lot of playing time last year because we had an All-American catcher as a senior," Montgomery said. "Karl has stepped up and did a great job. I couldn't be more happy for her."

Solberger was the GLVC's Most Valuable Player. She currently carries a .410 batting mark. She has set single-season SIUE records for home runs (12) and doubles (22).

(See SIUE, Page 3B)

## Marquette wins Alton Tournament

### GC JV team places fifth

By Louis Korac  
Correspondent

Marquette Catholic coach Mike Skordos said Wednesday his Explorers were capable enough to win the Alton Invitational.

The O'Fallon Panthers were the last hurdle in Marquette's path, but four different players scored goals as the Explorers defeated the short-handed Panthers 3-1 in the championship game.

The Panthers were playing the game without most of their regulars, as it was Prom Night in O'Fallon.

The Explorers dominated play, outshooting the Panthers 14-1 and netting three first-half goals. Kendra Snyder, Sarah Peipert and Molly Moehn gave Marquette the early lead, while Abbie Peipert netted the lone second-half goal.

"We came out this year and won two games and got the tie to get into the championship game, so it was definitely an improvement over last year," said Marquette coach Mike Skordos, whose team improved to 7-3-1. "I think the girls

### GIRLS SOCCER

deserved it. This week was definitely fun."

The naysayers will point to the fact that the Panthers played without their best players and wouldn't have had the same result, but Skordos was still tickled with the win.

"We only had two substitutes on the bench. We had the eight sophomores in the field, four juniors and one senior," Skordos said. "The people that we have starting are underclassmen. Anyone who is a naysayer needs to realize that this is a young group. To have something like winning a tournament happen for them in their young careers is pretty special."

Sophomore Tara Fortschneider earned the shutout and Skordos praised the play of his defense.

"The continue to play so well back there," he said. "The people up front seem to feed off of the backs. Our backs aren't just shutting the oppositions down, they're setting up our midfielders and

(See SOCCER, Page 3B)

# SPORTS

## PREP/COLLEGE STANDINGS

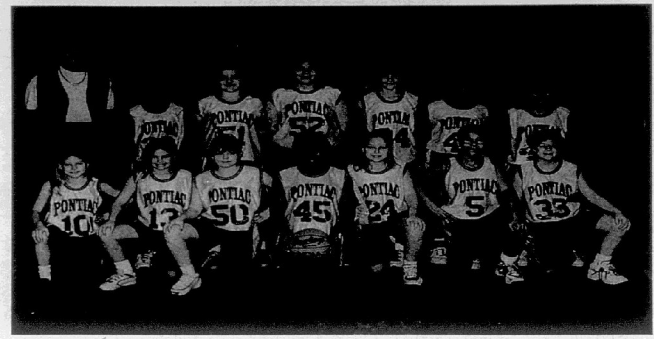
### METRO EAST BASEBALL

Southwestern Conference			Mississippi Valley		
Team	Conf.	Overall	Team	Conf.	Overall
Edwardsville	3-0	14-0	Jarvisville	3-0	12-3
Belleville West	4-1	11-3	Highland	1-0	6-5
O'Fallon	2-3	11-3	Civic Memorial	1-1	11-3
Alton	1-4	7-6	Trist	1-3	4-8
Graceland City	2-3	5-9	Massouhah	1-3	4-8
East St. Louis	0-4	1-5	Warrick	0-3	3-8
Cahokia			College		
Team	Conf.	Overall	Team	Conf.	Overall
Weston	3-0	9-6	St. Louis	3-0	9-6
Red Bud	1-0	9-6	BAC	3-0	9-6
Columbia	2-1	7-2	SIUE	3-0	9-6
Freeburg	2-2	6-7	McKendree	3-0	9-6

### METRO EAST SOCCER

Southwestern Conference			Independents		
Team	Conf.	Overall	Team	Conf.	Overall
Belleville East	2-0	8-22	Triad	11-4	73-1
Granite City	1-0	6-11	Marquette	12-4	83-2
Collinsville	1-0-1	7-12	O'Fallon	8-7	64-0
Alton	1-1-0	4-9	Gibault	6-7	64-0
Edwardsville	0-0-0	4-9	Wood River	0-6	26-0
Belleville West	0-3-0	1-7-0	Roxana	0-7	13-0
Independents			College		
Team	Conf.	Overall	Team	Conf.	Overall
Okawville	12-3	10-3	M.E. Lutheran	0-10	0-20
Marquette	11-4	11-4	Material Dei	0-9	0-20
Marquette	12-4	83-2	Cahokia	39-12	0-30
O'Fallon	8-7	64-0	Civic Memorial	0-31	0-40
Gibault	6-7	64-0	Althoff	24-16	0-40
Wood River	0-6	26-0			
Roxana	0-7	13-0			
Columbia	0-10	0-20			
Material Dei	0-9	0-20			

## DOBBS Cardinals Team of the Week



Perfect season — The William Holliday Warriors fifth-grade girls basketball team went undefeated and took first place in the Fairview Parks & Recreation Tournament. Pictured above are (from left to right): In front — Samantha Hargrave, Tiffany Harris, Kristy Rapps, Stephanie Slayton, Ashley Andrews, Morgan Stanley and Colleen Cullen; In back — coach Deborah Edwards, Ciera Norman, Danielle Bowman, Amanda Kemezis, Lita Lightfoot, Dawnshay Lucas and Kim Martip. Not pictured is Brittney Matt.

## NABF tournament seeks 12-and-under teams

Fairview Heights will host the first National Amateur Baseball Federation Classic National baseball tournament for teams ages 12 and under, June 14-21.

The Classic is an open tournament and is seeking up to 32 teams to participate. There is a five-game minimum guaranteed to each

## SPORTS BRIEFS

team, with additional games possible for teams which do not advance to the championship round.

Registration fees are \$525 per team. For more information, call 609-931-9220.

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P215/70R15 FR680-02 BLK \$70

P205/55R15 FTX02 BLK \$82

P235/75R15 ATX11 WILDERNESS A/T OWL \$88

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## •Dynasty

(Continued from Page 18)

also finished second 10 times and third four times. East Side's teams have grabbed 10 third-place trophies, 15 second-place trophies and have captured 13 state championships in six sports—baseball, basketball, football and seven in boys track and field.

It is track and field that may feel the full force of the merger, since the two schools have 26 state titles and 44 final four appearances in the sport—both boys and girls—between them.

But don't forget football and basketball, which will also be fueled by the merger.

Lincoln's boys and girls both reached the state basketball tournament this past winter. The boys reaching the super-sectional round and the girls finishing second. Throw into the Lincoln boys mix the likes of East Side's Darris Jones, Robert Labon and Joshua Harris, and East St. Louis could make a serious run at a state title in the near future—assuming the various Miles remains in town and does not transfer.

In and football, both schools had teams that were loaded top-to-bottom in 1997, despite posting records that indicated otherwise due to a string of forfeits resulting from a prolonged teachers strike in the district.

"The merged school will have athletes who are both talented and hungry, and that is a bad combination for other teams in the (Southwestern) conference," said Granite City football coach Nick Petrillo. "East St. Louis will be one of the best football programs in the state. There's no doubt

**'The merged school will have athletes who are both talented and hungry, and that is a bad combination for other teams in the (Southwestern) conference.'**

Nick Petrillo  
Granite City football coach

they will be a potential powerhouse."

Granite City boys basketball coach John Van Buskirk also sees a potential superpower in the making.

"Lincoln went to the super-sectionals last year and East Side was decent," said Van Buskirk. "As one school, they'll be very strong in the conference. They'll make our conference even stronger in basketball. They will be very difficult to compete against."

But Van Buskirk and Petrillo, like other SWC coaches, are not conceding anything to the new East St. Louis school. "Athletes don't concede; athletes compete," said Van Buskirk. "We'll compete next year, and we'll see what happens."

"These are high school kids," Petrillo pointed out. "On any given night, there is always a chance of an upset. The strength of East St. Louis will be a motivational plus for our kids."

But both coaches know that the future will not be easy.

## •Soccer

(Continued from Page 18)

strikers up front on counterattacks."

Alton 5, Belleville East 2

In the third-place game, the Alton Redbirds avenged last week's loss to Southwestern Conference foe Belleville East. Junior Kristin Card and senior Lindsey Kennedy each netted a goal and two assists, while Sarah Ruckman, Terry McNamee and Sarah Killam added one goal apiece.

"We played them a week ago and we weren't playing as well," said Alton coach Don Schmidt, whose team improved to 5-4-1. "It's our tournament and we wanted to do well even though we didn't make the championship game. The girls were disappointed not to be able to play for the finals, especially the seniors, but I felt they responded with a good effort today."

In the fifth-place game, the Granite City junior varsity beat Belleville Althoff 6-2. In the seventh-place game, East Alton-Wood River beat Civic Meridian 5-2.

### Collinsville second at CYC

The CYC Soccer Tournament was an event Collinsville coach Deana Wallace and her squad were pointing to since the beginning of the season.

The Kahoks did not disappoint as they came home with a second-place trophy in their best finish ever in the tournament, played last week at the Anheuser-Busch Sports and Conference Centre.

"They know who Collinsville is now, although I think that we had already made a name for ourselves," Wallace said. "We have a very strong team this year with a lot of senior leadership and we were looking forward to playing well. We were actually looking to win it this season."

The Kahoks came up just short, falling 2-1 in the championship match to Rockwood Summit. It was Collinsville's first loss of the 1998 season.

Collinsville opened the tournament with wins over Fort Zumwalt South (2-0) and Union (2-1).

Those victories moved Collinsville into the semifinals against Notre Dame. The Kahoks defeated the Rebels 1-0 Friday night.

"Notre Dame has a great team and it was a battle all of the way," Wallace said. "We played very well as a team and stuck together."

Sophomore Angie Bluemner scored the game's only goal on a breakaway with a minute and a half to play in the first half.

The solid Kahoks defense and goalkeeper Mandy Waitukaitis made the goal stand up.

Collinsville entered a busy four-game schedule this week with an overall record of 7-1-2.

This is a positive step for us," Wallace said. "We've still got a long road to the playoffs. I hope we continue to play well and be successful."

The Kahoks host Southwestern Conference opponents Alton at 6 p.m. today and Belleville West 6 p.m. Thursday.

## •Reiniger

(Continued from Page 18)

is a big honor," Reiniger said. About the only bad news Reiniger has had in the last month is that he will have to have minor surgery to repair cartilage damage in his gimpy

right knee.

"As soon as the series is decided, I will have it scoped," said Reiniger, who already ranks 10th all-time on the NPSL scoring list with 690 points. "I don't see any major problems."

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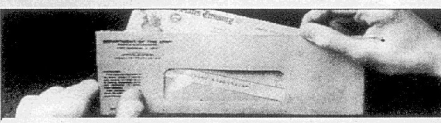
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## •SIUE

(Continued from Page 18)

"She leads in every category in the conference," Montgomery said. "I'm sure it was unanimous that the coaches in our conference voted her the MVP of our league. She has done a good job for us and she is a very good player."

Jackson, a senior from Collinsville, continues to wreak havoc on the base paths for the Cougars. She has successfully swiped 35 of the 38 stolen base attempts. The 35 stolen bases for the year broke Jackson's previous school record of 25 in one season set last spring. Nancy Swain holds the current SIUE career mark with 64.

"She has only actually been thrown out once by a catcher," Montgomery said. "The other two she was called out by an

umpire for leaving the base too soon. Her greatest asset is her speed. We had to move her into the infield this year to fill in at second base. We had an injury early and she has done a good job there. It was a tough transition for her from the outfield back to the infield because she hadn't played there in a long time. She did a great job."

Montgomery was disappointed that Uhrhan, a freshman from Dupu, was not named the GLVC's freshman of the year. Uhrhan has posted some fantastic statistics in her first season of collegiate softball, including a .341 batting average.

"She had an outstanding year," Montgomery said. "She batted .341 as a freshman. Nobody can ask for anything more than that as freshman."

### BOWLING RESULTS

#### MIDWEST SENIOR

#### BOWLERS TOUR

April 18-19 at Arnold (Mo.) Bowl

#### STEPLADDER FINALS

George True of Raytown, Mo., defeated Dennis Torgerson of Maquoketa, Iowa, in the stepladder final to win the title at the tournament. True, Torgerson, Dan Miner of East Moline, Charlie Price of Granite City, and Robert Marable of Florissant, Mo., qualified for the five-man TV-format final.

The 61-bowler field was trimmed to the top 12 for match play on April 19. The top five performers in match play advanced to the stepladder finals.

#### Round 1

Dan Miner def. Robert Marable, 264-194.

#### Round 2

Dan Miner def. Charlie Price, 246-214.

#### Round 3

George True def. Dan Miner, 229-203.

#### Championship round

George True def. Dennis Torgerson, 245-235.

#### TOURNEY STANDINGS

Bowler	Hometown	10-game ave.
George True	Raytown, Mo.	232.4
Dennis Torgerson	Maquoketa, Iowa	217.7
Dan Miner	East Moline	232.9
Charlie Price	Granite City	242.3
Robert Marable	Florissant, Mo.	230.2
Charles Matthews	Maryland Heights, Mo.	228.4
Joe Newsome	Kansas City, Mo.	240.0
Robert Hillmon	Kansas City, Mo.	227.1
Don Sample	Carrollton	229.1
Robert Glandorf Jr.	Cincinnati, Ohio	227.7
Jeff Muzzarelli	Murphysboro	225.0
Drummond Crews	Lexena, Kan.	228.8
Bernie Carlisle	Evansville, Ind.	224.9
Denny Hodges	Jefferson City, Mo.	223.9
Dana Welsh	Kansas City, Mo.	222.3
John Delaney	Troy	222.1
Gary Palas	Decatur	221.5
Edward Hinderberger	Columbia, Mo.	221.2
Brian Forbes	St. Louis, Mo.	218.9
Asa Morris	Maryland Heights, Mo.	218.4
Thomas J. Corcoran	St. Louis, Mo.	217.9
Jim Brenner	Laclea, Iowa	217.9
Tom Crim	Springfield	217.4
Matt Buxton	Columbia, Mo.	217.1
Fred Engquist	Bonner Springs, Kan.	216.9
George Bathe	Florissant, Mo.	214.7
Larry Brandon	St. Peters, Mo.	214.2
Larry Morrow	St. Louis, Mo.	214.2
Roger Wheeler	Marion, Iowa	213.8
Frank Price	Clear Lake, Mo.	211.7
Larry J. Sak	Overland Park, Kan.	211.7
Andy Dubado	Florissant, Mo.	211.5
James Kolbinsky	Lawrenceburg, Ind.	210.9
Robert Kolbinsky	Granite City	210.2
Maurice Wise	Ballwin, Mo.	209.6
Del Boush	St. Louis, Mo.	209.4
Robert Morgan	Bridgeton, Mo.	209.3
Brian Hammer	Columbia, Mo.	207.8
Boj Forster	Arnold, Mo.	207.4
Richard Lamarch	Excelsior Springs, Mo.	206.8
LeRoy Brucher	House Springs, Mo.	206.1
Paul DeFrancesco	Ballwin, Mo.	206.0
Pat C. Ries	Affton, Mo.	205.9
Ray Trowbridge	Literberry	205.8
Lonnie Young Sr.	Festus, Mo.	205.8
Robert Milligan	Rock Island	204.1
Dick McClain	St. Louis, Mo.	203.3
James A. Dillon	Florissant, Mo.	202.9
James Cadie	Lombard	202.1
Ed Maurer	Collinsville	200.0
Mel Bennett	St. Charles, Mo.	198.8
Walter Upton	Shawnee, Kan.	198.5
Jerry Beutell	Imperial, Mo.	196.8
Jack Titone	Chesterfield, Mo.	196.6
William W. Kidd	Ballwin, Mo.	189.4
John Merrill	Lockport	186.7
John Riechers	Columbia, Mo.	184.7
Joe Lelliello	Chicago	184.1
Robert E. Terry	Arnold, Mo.	183.3
Don Gregg	Cushing, Okla.	182.6
Tom H. Werner	Arnold, Mo.	182.5

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# SPORTS

## Fairmount live racing to complement Derby Day

By Brian Bretsch  
Staff writer

Fairmount Park has a special day planned Saturday for the 124th running of the Kentucky Derby.

Fairmount is hosting a special live racing card in conjunction with the "Run For The Roses" Derby Churchill Downs in Louisville, Ky.

Live thoroughbred racing begins at 12:30 p.m. at Fairmount Park.

Race fans who attend Fairmount Park may also place bets on Derby Day racing.

A field of 17 to 19 3-year-olds is anticipated for the Derby.

Favorite Trick, Halory Hunter, Indian Charlie, Cape Town and Real Quiet are among the Derby favorites this year.

Indian Charlie and Real Quiet are both unbeaten and trained by Bob Baffert.

The Rick Pitino-owned Halory Hunter won the Blue Grass Stakes.

The D. Wayne Lukas-trained stretch-runner Cape Town won the Florida Derby on the disqualification of now-injured Lis's Lad.

An upcoming colt to watch at the Derby this year is Victory Gallop.

At the Arkansas Derby on April 11, Victory Gallop won with a big stretch run past Favorite Trick.

It was the first loss for Favorite Trick, the 1997 Horse of the Year, in 10 starts.

Victory Gallop won by a head over Hanover Road, with Favorite Trick another head back.

That win made the Canadian-bred Victory Gallop a Kentucky Derby contender after just two races this year.

Another Derby contender is Old Trieste, who excited fans in the stable area at Churchill Downs with a 1:09 for three-quarters of a mile on Sunday.

Old Trieste won his first race in two starts this year when he won the 10 lengths at Santa Anita on April 4.

In addition to racing Saturday, the Black Stallion Dining Room at Fairmount Park offers an all you can eat buffet for \$15.

For more information call 345-4300.

**Prairie State Games**  
Elite teams in basketball, soccer and volleyball are now forming for the Southwestern North Region for the 15th annual Prairie State Games.

The games are scheduled for June 26-28 in southwestern Illinois.

There will be four teams — Open Men, Open Women, Scholastic Men and Scholastic Women — in each of the four sports.

### SPORTS BRIEFS

**4-6 p.m. at Wilbur Trimpe Junior High School in Bethalto.**  
A catch is needed for the Scholastic Men Volleyball team.

Any interested person should contact Bob Emig at 632-1002.

The Prairie State Games, now in its fourth year in Southwestern Illinois, is the state's largest amateur sports festival.

Almost 6,000 athletes competed in last year's games.

For further information on the PSG, call the team contact person or Regional Director Bob Emig (632-1002 or 344-0984).

**Golf tourney**  
The sixth annual Collinsville Rotary Golf Tournament is June 12 at the Fox Creek Golf Club near Edwardsville.

The 18-hole fundraising golf scramble is sponsored by the Collinsville Rotary Club.

The prize money totaling \$1,800 will be awarded to the top three finishers in each of three flights.

Registration is \$75 per golfer. The event is limited to 36 four-player teams, a total of 144 golfers.

For entry information, call Ostank at 345-9565. Entry forms are also available at local golf clubs.

**Golf tourney**  
The annual golf outing sponsored by the Collinsville Chamber of Commerce will be Saturday, May 15, at The Orchard in Belleville.

Reservations are now being accepted for the four-golfer scramble. There will be a shot gun start at 12:30 p.m.

The price per golfer is \$75 which includes the cart, green fees, range balls, golf bag, free beer and soda, dinner buffet and awards ceremony.

Those not able to golf can sponsor a hole for \$50. For more information, call the Chamber of Commerce office at 344-2884.

**Hunting proposal**  
A change has been proposed that will effect the dove hunting program at Horseshoe Lake State Park in Madison County and the Mississippi River area in Jersey and Calhoun counties.

This proposal, if enacted, will require the use of non-toxic shot of 6 steel or 7 1/2 blamuth or smaller — for all dove hunting on these sites.

This change is required because the use of lead shot fired at these sites and the high volume of lead being deposited in the fields.

Switching to non-toxic shot will reduce the possibility of lead poisoning in many bird species and to accidental ingestion of lead shot while feeding.

For additional information, please call Horseshoe Lake State Park at 931-8901 or the Mississippi River Area at 931-8901.

**Play Day**  
The Tri-Cities Area Chamber of Commerce announces the 41st annual Play Day on June 1 at Legacy Golf Course.

Chamber members and prospective members are invited to attend.

Events include golf (scramble), a cookout (steaks and chicken) and plenty of prizes. Fees are as follows: Cookout & Golf, \$70; Golf only, \$20; Cookout only, \$25.

There will be a shot gun start at 11 a.m. Please call the chamber office at 876-6400 to make your reservations. Reservations are due by May 18. Payment is due by May 25.

**Lutheran Day**  
The 22nd annual Lutheran Day at Busch Stadium will be May 25 (Memorial Day).

The Cardinals will play 1:15 p.m. against the Colorado Rockies, followed by exhibition games involving the four local Lutheran high schools, including Metro East Lutheran.

376-3303.

Tickets are \$11, and schools receive some of the proceeds. For tickets they sell. Each school has 750 tickets available.

For information, call Sigmond Bohndt at 656-0043.

**Wrestling banquet**  
After an historic campaign which saw the Granite City High School wrestling program notch its 10th consecutive regular season dual meet victory as well as its national-record 1,000th all-time dual meet victory.

Warriors wrestling is being honored by the Granite City Elks Youth Athletics Committee.

Not just the 1997-98 squad, but the entire GCHS wrestling program, from the 1933-34 season to the present — is being honored in evening festivities on Thursday, May 7, at the Granite City Elks Lodge.

"Sixty-five Years of Excellence" is the theme of the banquet, which will kick off with cocktails at 6 p.m., followed by a prime rib dinner at 7 p.m.

An awards and presentation ceremony will begin at 8 p.m. All Granite City High School grapplers who lettered from the 1933-34 season on are invited to attend the function free of charge.

A \$10 fee will be charged for any guest the honorarium being to the event.

Special guest speakers are slated for the evening, including former coaches of the nationally recognized wrestling program.

An attempt is being made to have all four living coaches in attendance.

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The Elks are asking the community's help in locating former lettered wrestlers who may have moved from the Granite City area.

Anyone knowing such athletes is asked to contact those athletes and advise them of this important event.

Tickets and reservations can be obtained by calling: Jim McKeehan (876-6960), Monte Kessler (931-0581), or John Janek (877-0428).

For more information on the event, contact McKeehan or Steve Nomm (692-7040, ext. 4828).

**BAC softball camps**  
Belleville Area College softball coach Kathy Bernal will conduct two softball camps this August.

Both camps will be held from 9 a.m. to noon at the college's Belleville campus, 2500 Carlyle Ave. The first camp, Aug. 10-12, is for girls in grades 5-8; the second camp, Aug. 17-19, is for grades 9-12.

The cost of each camp is \$35. The limit per camp is 60 players. Checks should be made payable to BAC Softball Camp.

For more information, call 235-2700, extension 271.

**BAC baseball camps**  
Boys ages 7-17 can learn or improve their baseball fundamentals this summer at Belleville Area College's Belleville campus, 2500 Carlyle Ave., as BAC baseball coach Neil Flala conducts his annual summer camps during June and July.

Campers will learn the techniques of hitting, pitching and fielding. The cost of each of the two fundamentals camps is \$60; the cost of each specialized camp is \$30.

Registration is on a first-come, first-served basis and enrollment is limited.

Checks should be made payable to BAC Softball Camp. For more information, call 235-2700, extension 271.

June 8-11, 9 a.m.-noon, fundamentals camp.  
June 15-18, 9 a.m.-noon, fundamentals camp.  
June 22-25, 9-11 a.m., specialized camp (hitters).  
June 24-25, 9-11 a.m., specialized camp (pitchers).  
July 8-9, 9-11 a.m., specialized camp (fielders).

For more information, call 235-2700, extension 271.

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### BAC basketball camps

Belleville Area College men's basketball coach Jay Harrington and women's coach Mike Juenger will conduct their annual basketball camps this summer.

Area boys and girls from grades 1-12 are eligible to take part in the week-long sessions, which will be offered in June, July and August. Costs of the camps vary.

Checks should be made payable to BAC Basketball Camp and should be mailed to Belleville Area College, Business Office, 2500 Carlyle Ave., Belleville, IL, 62221.

Camps will be held during the following weeks:

• June 15-19, 9 a.m.-noon, girls grades 5-8. Cost: \$50.  
• June 15-19, 1-4 p.m., boys grades 5-8. Cost: \$50.  
• June 22-24, 9 a.m.-noon, girls grades 3-4 nipper camp. Cost: \$40.

• June 29-July 1, grades 9-12 guard camp. Cost: \$30.  
• July 6-10, 9 a.m.-noon, girls grades 5-8 team camp (teams of five or more). Cost: \$50.  
• July 6-10, 1-4 p.m., boys grades 5-8 team camp (teams of five or more). Cost: \$50.  
• July 13-17, boys grades 5-8. Cost: \$50.

• July 13-17, boys grades 5-8. Cost: \$50.

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### Medical Assistant Program

A Medical Assistant Program will be offered at BAC's Granite City Campus beginning August 1998.

• 10-month program  
• Begins in August, ends in June  
• Classes held Monday through Thursday, afternoon and evening.  
• Students will be eligible to take the national certification test upon completion of the program.

**ADMISSION PROCESS:**  
• Complete the Medical Assistant Program application and return to registration office.  
• Take the ASSET test at the Granite City or Belleville Campus.  
• Contact Cheryl Hutchison at GCE from 10 - 11 a.m., Monday or Wednesday, Rose Hall at the Belleville Campus or contact the Counseling Center.  
• Sign up for summer and fall classes early to guarantee placement in the program.

NOTE: Summer and Fall schedules are available on April 13.

ALL CLASSES WILL BE OFFERED AT THE Granite City Campus BELLEVILLE AREA COLLEGE

Granite City Campus 931-0600 Belleville Campus 235-2700

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**Here's your chance to WIN tickets to see the World Wrestling Federation "SHOW ME SHOWDOWN" Saturday, May 9 @ 8:00 PM**

To enter the Suburban Journal WWF On-Line sweepstakes you must answer the following questions correctly. You can find the answers to the questions in our classified section on our web site at [www.yourjournal.com](http://www.yourjournal.com) or call 314/821-1157 ext. 105.

Mail your entry to: Suburban Journals On-Line 1714 Deer Tracks Trail, St. Louis, MO 63131 Entries must be received by noon Friday, May 1, 1998. The odds of being selected are 1 in 10,000. One grand prize winner selected from all entries will receive a WWF pre-pack.

**TELEPHONE**  
1. Q. The night after WrestleMania, RAW IS WAR was held:  
A. \_\_\_\_\_

2. Q. What color was the Artist Formerly Known as Goldust's hair at WrestleMania XIV?  
A. \_\_\_\_\_

3. Q. At WrestleMania XIV how did Sabu defeat Luna?  
A. \_\_\_\_\_

4. Q. Who was the last team LOD 2000 had to eliminate to win the 15 team Battle Royale?  
A. \_\_\_\_\_

**Suburban Journals** [www.yourjournal.com](http://www.yourjournal.com)



NEWS

# Man, his dog to take boat up Missouri River

By Sue Hurley  
For the Telegraph

Chris Bechtold has worked as a cattle ranch hand, grizzly bear wrangler, construction worker and wilderness tour guide, but he may have taken on his biggest challenge of all when he climbed aboard his 14-foot Sea Ark fishing boat Monday on his way to Montana.

Bechtold, 26, plans to retrace the route taken by Meriwether Lewis and William Clark in

1804 when they departed Camp Du Bois on the banks of the Mississippi River near the mouth of the Missouri River and began their exploration westward.

The young adventurer will average about 50 river miles a day, taking roughly 40 days to traverse the 2,200 miles of the often-treacherous Missouri River as he makes his way to Great Falls, Mont., where he will spend the summer.

"Hopefully, next spring I'll go on to the Pacific Ocean by

way of the Columbia River," said Bechtold, as he loaded his gear into the boat.

Bechtold, who graduated from the University of Montana with a degree in wildlife biology, works for a Choteau, Mont., outfitter as a wilderness guide in the Bob Marshall Wilderness National Forest during the summer.

"It's a pretty big challenge. I spend most of each year in the woods, anyway, but this is going to be a little different," he said.

Whereas the 19th-century explorers survived on meals of salt pork and beans, Bechtold's cuisine — like his gear — is more modern. Along with the staples of flour, sugar and "lots of coffee," he has packed rice, couscous and canned meals.

Bechtold's parents, Dan and Phyllis Bechtold, will follow him with additional provisions until he reaches Omaha, Neb., at which point he will rely on his cell phone and the kindness of strangers for communica-

tion and assistance in finding fuel.

"That's another big concern. I only have 6 gallons now, but I can carry 24," Bechtold said, pointing to the small pile of supplies in the aluminum boat.

"That should do me for a couple of days, but I'll be looking at the maps and figuring out where I need to go to get more."

Phyllis Bechtold said she was concerned for her son's safety, but she was accustomed to his adventurous spir-

it.

"He's used to being in the rough and the wild," she said, worriedly watching as Chris said good-bye to his crowd of friends and family members. "He's an adventurer. Of course, it makes me nervous, but he's going to do it whether I like it or not."

Accompanying Chris on this adventure is his trusty canine companion, Herschel, who is part border collie and part Newfoundland. Herschel has ridden in my truck and on tractors and four-wheelers, so now it's time for the boat," said Bechtold, zipping an insulated flotation jacket onto his 5-year-old pet. "I used him when I worked cattle on the ranch, and when I trapped bears for the U.S. Fish and Wildlife Service he always helped out there, too. I figure I'll drive (the boat) for a while, and then he can take over."

The Sea Ark is equipped with a 9.9-horsepower Mercury motor, which should give Bechtold the power he needs to skirt the numerous wing dams and eddies for which the Missouri River is known. The bigger dams, however, are another story.

"There are about 11 dams I'll have to portage around, and it'll take a minimum of a dozen trips per dam to do that. A friend developed a set of wheels for the boat that will make it work like a dolly, and that'll help a lot."

Dan Bechtold said his son was well-prepared for the river trip with a wood cookstove and tarps to keep him out of the wet weather. "He's slept outside over half of last year," Dan said proudly. "He'd wake up, dust the snow off and go to work. He must not have any blood at all, or else he would have frozen to death."

Inspired by a life spent in the woods, Bechtold said he started planning this trip after reading Lewis' journals and Stephen Ambrose's book, "Undaunted Courage," which tells the tale of the two men who were commissioned by President Thomas Jefferson to undertake their historic expedition.

Working on a Montana ranch on the edge of the Missouri River, Bechtold said he used to "think about throwing a boat in and coming home (to Illinois) that way. I didn't do it then, but now I have the time to do it."

As far as the Bechtolds know, only one other person has attempted the trek up the Missouri River. That was in 1991 when an Oklahoma chiropractor named Tom Warren took a much larger boat and, with the help of a ground crew and team of assistants, navigated their way to the Pacific Ocean.

"I know this will be real hard, but I wouldn't do it if I didn't think I could do it safely," Chris said as he prepared to shove off. "But then, everything else I've ever done has been hard, too."

While she trusts her son to stay safe on this boat excursion, Phyllis added she was beginning to dread what he would plan to top this. "He hasn't jumped out of a plane yet, so I guess that'll be next."

St. Clair County Greenspace Foundation will present its fourth biennial birdhouse contest during regular banking hours through Friday in the lobby of West Pointe Bank and Trust Co., 5701 W. Main Street in Belleville.

More than 100 hand-crafted birdhouses and birdhouse art will be on display.

There are six difference categories: fine art, folk art, feeders, functional and fiber art, as well as a special junior category.

Birdhouses and art will be sold at a silent auction to benefit the foundation.

All proceeds go towards land conservation for education and recreation.

"Fly Away Friday" will be 7 p.m. May 1 in West Pointe Bank.

A live auction will include celebrity birdhouses from the St. Louis Cardinals, NASCAR racing champions, Jack Nicklaus, Dolly Parton and an edible birdhouse by award-winning chefs.

This event is co-sponsored by Waste Management and West Pointe Bank & Trust Co.

For more information, call 398-2237.

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## Greenspace birdhouse contest set

St. Clair County Greenspace Foundation will present its fourth biennial birdhouse contest during regular banking hours through Friday in the lobby of West Pointe Bank and Trust Co., 5701 W. Main Street in Belleville.

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## COMMUNITY CALENDAR

Editor's note: Each week, the community calendar contains items for the upcoming week only.

## Church

**GENERATION JESUS YOUTH GROUP**, led by youth minister, 5 to 8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

**JESUS EVERY THURSDAY (JETS)**, led by the music director, is for kids to 11 years old. Meets from 7 to 8:15 p.m. Thursdays. Music/Bible study and fun at Niedringhaus United Methodist Church, 20th and Delmar. Mom's Bible study and share group meets at the same time as children. For more information, call 877-4555.

**TEMPLE BAPTIST CHURCH** Adventure Club, an after school activity for grades 4-6, meets 3:30 to 5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

## Community

**MADISON COMMUNITY ACTION GROUP** meets at 7 p.m. every Wednesday. For more information, call Dan at 452-2336 or Diane at 876-1360.

**EAGLES AUXILIARY 1126 BINGO** 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

## Dance

**MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC)** regular monthly meeting is held every other Sunday at the Nameoki Bingo Center, Collinsville. Nonmembers welcome. Dance lessons from beginning to advance are given from 6 to 8 p.m. at a cost of \$4 for nonmembers and \$2 for members. For more information, call 452-2336.

**BOOTS & SLIPPERS SQUARE DANCE CLUB**, square dance lessons, 7 to 9 p.m. every Monday, St. Paul Lutheran Church, Fairview Heights. The cost is \$2.50 per person, per lesson. For more information, call 797-6528 or 344-6636.

## Food/Nutrition

**MEALS OF LOVE**, sponsored by Madison County Baptist Association. Free meals to anyone in need. Every Tuesday, 4:30 to 6 p.m. at Second Baptist Church, 21st and Illinois streets, Granite City. Everyone is welcome.

**POLISH PIEROGI SALE**, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, 9 a.m. to noon, first Saturday of each month. Seven varieties: cabbage, cheese, kraut, potato, sausage and kraut, plum pudding and taco. Carryouts only, \$6 per dozen. Cooked and ready to heat and eat. Also Chruski and rosolens. Order ahead by calling 876-5860, 876-3696, or 931-3367.

**RESCUE MISSION**, 1538 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Samuel Turner is the chairman, Valinda Turner is the secretary and Alfred Turner is the pastor.

## Health/Exercise

**Bemis Chiropractic**, 3361 Fehling Road in Granite City, is offering **FREE ELECTRONIC SPINAL SCREENINGS** from 9 a.m. to noon every Tuesday and Thursday. Call 876-2273 for more information.

**TOPS 2363**, 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m. every Thursday, Anchorage Recreation Center, 2909 Edwards St.

Edwards.

**TOPS 2048 (Take Off Pounds Sensibly)**, 6 p.m. every Monday, Price Support Center in Granite City. Call 876-2124.

**TOPS IL 645**, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-0102. Men and women welcome.

**TOPS 1699 (Take Off Pounds Sensibly)** will meet at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

**TOPS IL 2417**, 6 p.m. every Tuesday, Heavly Lighthouse Church of God, 1205 W. Pontoon, Weigh-in at 5:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information call Ann at 452-6102.

**ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM** is presenting a talk entitled, "How to Assert Yourself Comfortably" at 7:30 p.m. May 5, Ellen Plotner, CTRS. of the Behavioral Health System will give the talk in the Westman Room at SEMC. The talk is free and open to the public. For more information or to register, call 798-3886.

**MADISON COUNTY URBAN LEAGUE HEALTH CARE SERVICES** offers the following each week at 500 Madison Ave. in Madison: Walk-in pregnancy testing and prescription refills, 10 a.m. to 3 p.m. Mondays; Family planning services, 9 a.m. to 4 p.m. Tuesdays; STD screening and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 9 a.m. to 4:30 p.m. Call 452-5394 for appointments or more information.

## Organizations

**CHRISTIAN WOMEN'S FELLOWSHIP** of Central Christian Church meets at 1 p.m. the first Thursday of each month. For more information, call Helen Stumpe at 931-2098.

**MODERN WOODMEN OF AMERICA** Life Insurance Society meets the last Friday of each month at 5 p.m. at Ravelle's Restaurant.

**THE JOLLY QUILTERS**, 9 a.m. to 2 p.m. every Thursday at the Social Center, 905 Thorngate Drive in Mitchell.

**GRANITE CITY COMMUNITY BAND** rehearsals, 7:30 to 9 p.m. every Thursday, St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

**GREATER BENEFICIAL UNION OF PITTSBURGH**, District 491, Granite City Council, meets at 8 p.m. first Friday of each month at Third Baptist Church, 26th Street and Grand Avenue in Granite City. James P. Reason, president, can be reached at 285-7396, and Mary Solomon, secretary, can be reached at 451-9201.

**METRO EAST LANDLORDS' ASSOCIATION** meets the first Monday of each month at the Eagles Lodge in Collinsville.

**ELKETTES**, Granite City Lodge 1063, Maryville Road, 931-5557, 7 p.m. the first Tuesday of each month except July and August.

**MADISON COUNTY LEGAL SECRETARIES ASSOCIATION**, meets the first Tuesday of each month at 6:30 p.m. Open to everyone in legal field: attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 455-4400.

**MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, Granite City unit, noon, first Tuesday of each month, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

**TRIO UNIT, MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, noon, first Tuesday of each month, Hope Lutheran Church, 3715 Washburn Ave., Granite City.

**TOASTMASTERS INTERNATIONAL** meets the first, third and fifth Tuesday of the month from 7 to 9 p.m. at Shoney's, Highway 157 (4th Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 692-6026 or 344-2898.

**NEW HOPE CHAPTER 432 ORDER OF THE EASTERN STAR** meets at 8 p.m. the first and third Fridays of each month at Masonic Temple, 1940 Cleveland Blvd. in Granite City.

**TRIPLE LODGE 835 A.F. and A.M.** meets at 7 p.m. the first and third Wednesdays of each month at Masonic Temple, 1940 Cleveland Blvd. in Granite City.

## Seniors

**PONTON BEACH SENIOR CITIZENS BINGO**, every Wednesday, 11:30 a.m., 3910 Highway 111, Pontoon Beach.

**EAGLE PARK ACRE SENIORS OF MADISON** meet every Thursday from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

**FRIDAY AFTERNOON PINOCCHIO CLUB** for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

**PONTON BEACH SENIOR CITIZENS** pot luck dinner the last Saturday of each month, 5 p.m., 3910 Highway 111, Pontoon Beach.

**GRANITE CITY SENIOR SOCIAL CLUB** meets at the Nelson Hagnauer Township Hall. Doors open at 1 p.m. May 3 for Bingo and games. For information, call 877-1215.

## Support Groups

**The C.H.U.R.C.H. OUTREACH INC.** meets 7 to 8 p.m. every Wednesday night at True Fellowship M.B. Church, 1641 3rd St. in Madison. The CHURCH is an outreach program designed to support its community in the struggle with drug control. All meetings are confidential. For more information, call 877-TRUE.

**PULMONARY SUPPORT GROUP**, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday, 1641 3rd St. in Madison. The Ketter Center Conference Room A. Call 463-2429 for more information.

**AL-ANON**, 9:30 a.m. every Monday, 2116 Edison (side door) in Granite City. Call 463-2429.

**ALCOHOLICS ANONYMOUS**, 11 a.m. and 8 p.m. every Wednesday, 2116 Edison, 2116 Edison, Granite City, (800) 307-6600.

**AL-ANON ADULT CHILDREN** meets at 7 p.m. every Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Ketter Center Conference Room A. Call 463-2429 for more information.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

**ALCOHOLICS ANONYMOUS**, 11 a.m. and 8 p.m. every Thursday, noon and 8 p.m. every Friday at 2116 Edison, Granite City, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

**AL-ANON**, 7 p.m. every Thursday, St. Elizabeth Medical Center, 2100 Madison Ave. in the Ketter Center Day Care room C. Call 463-2429.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Saturday and 1:30 and 8 p.m. every Sunday at 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Sunday, St. Elizabeth Medical Center, 2100 Madison Ave. in the Ketter Center Day Care room C. Call 463-2429.

**PARENTS' ANONYMOUS GROUP**, meets 5:30 to 6:30 p.m., first and third Thursday of each month. For information on where meeting will be held, call Elaine Searcy at 463-2382 or Lyle Cumberly at 876-2382.

**ALATEEN AND PREALATEEN PROGRAM** for 12 to 17 age group, and prelateen for seven to 11 year age group, now meets at 7 p.m. every Thursday at St. Elizabeth's Medical Center, 2100 Madison (in the Ketter Center C Dayroom). For more information call 463-2429.

**STEMS (Support Together for Emotional and Mental Serenity and Stability)**, A support group for people with a mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center, Call 798-3604 for more information.

**DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY** will meet from 1 to 3 p.m. every Friday, at St. Elizabeth Medical Center, Granite City, in the Milonski Room located in the basement. For more information call the DMADA office at (314) 776-3065.

**RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP**, meets the first and third Saturday of each month, at 1207 Madison Avenue, Madison, 9:30 to 11 a.m., to comfort and restore. Group membership is open to all who are "broken" — at no cost. Worship service will follow each third Saturday at 11:30 a.m. For more information, call 341-3643 or 656-7831.

**NARCOTICS ANONYMOUS**, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

**NARCOTICS ANONYMOUS**, Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

**NARCOTICS ANONYMOUS**, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

**CHEMICAL DEPENDENCY RELAPSE PREVENTION GROUP** meets from 6:30 to 8:30 p.m. every Monday at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members. (See CALENDAR, Page 1218)

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**Diabetic Ulcers** - from poor blood flow and nerve damage in the legs and feet caused by diabetes.

**Leg Ulcer** - from narrowing of the arteries causing reduced blood flow in legs.

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The Wound Care and Limb Preservation Clinic team is specially trained in:

- Wound Evaluation
- Wound Treatment
- Education and Prevention

Vascular and plastic surgeons evaluate your wound and formulate an individualized treatment plan. Other physician specialists are consulted as necessary. Fees are charged according to the extent of services received.

## For an appointment

Call Memorial's Marsh Cardiovascular Unit at (618) 257-5164. The Wound Care and Limb Preservation Clinic is held on Tuesdays from 8 a.m. to noon in Memorial's Physical Therapy Department.



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# HEALTH NEWS

## Dalla Riva comes back 'home' to Granite City

Special to the Journal

The old saying "What goes around comes around" definitely holds true for Dr. James Dalla Riva. The Edwardsville resident recently expanded his practice to include St. Elizabeth Medical Center, the hospital where he was born 35 years ago.

"I've always wanted to come back," Dalla Riva said. "I was trained by Jesuits at Creighton University in Omaha, Neb., and I wanted to get back to the Catholic hospital system."

Together with his partner Dr. Dennis Hurford, Della Riva operates an obstetrics and gynecology practice at St. Elizabeth's.

"We've received a really warm welcome here," Dalla Riva said. "We're committed to making this a go and improving the quality of care in the community."

"In the past, I've had a lot of patients from Granite City. I wanted to come to people where they live," he said.

When not practicing medicine or spending time with his wife, Terri, and their three daughters, Dalla Riva likes to stay in shape playing soccer. He also enjoys hunting and



Dr. James Dalla Riva

fishing and plans to do more of both on the farm he recently purchased near Edwardsville.

"It's a hobby but it's also a money maker," he said. "It's an 180-acre farm. There are 120 acres of tillable land and 60 acres of woods with quail, deer and turkey. This whole thing for me has been coming back to my roots."

Dalla Riva can be reached at his Maryville office or at St. Elizabeth Medical Center.

## Fitness instructors do more than sweat

By Karen Quagliata  
Correspondent

How would you like to get paid for making people sweat?

If that sounds like the ideal job, then consider becoming a fitness instructor.

A fitness instructor, for sure, does a little more than that.

"Good fitness instructors get to know their clients' needs. Then we set up a program catered to their needs and time schedules," said Marty Gremminger, personal trainer with Club Fitness in Florissant.

Gremminger has been in the fitness field for nearly 10 years.

He is certified through the Aerobics and Fitness Association of America (AFAA).

"I received the base of my education through weekend workshops through the AFAA," Gremminger said.

He said there isn't a specific college course for fit-

*"I like the feeling of teaching people. Just knowing I'm helping someone feel better is a definite plus of this job."*

Marty Gremminger  
fitness instructor

ness instructors.

However, they are required to know cardiopulmonary resuscitation (CPR).

Gremminger also said it is good for a person interested in becoming a fitness instructor to take some introductory courses in exercise and to be certified through an authorized agency.

"People would also want to have a pretty good knowledge of good nutrition and kinesiology," Gremminger said.

Kinesiology is the study of how parts of the body move. But Gremminger says the job is worth the effort.

"I like the feeling of teaching people. Just knowing I'm helping someone feel better is a definite plus of this job," he said.

Gremminger said in a time of job insecurity in some professions, fitness instructors appear to have a good career outlook.

"It's always going to be there," he said.

One particular growing trend in fitness is corporate fitness, Gremminger said.

Many large companies have set up gyms in their office buildings so that their employees can exercise before or after work, or on their lunch breaks.

Other places fitness instructors can find work include gyms, hospitals, churches and health clubs.

But while fitness instructors have some job security, their salaries vary according to region, ranging from \$25 to \$60 an hour, Gremminger said.

Gremminger gives this advice to future fitness instructors: "Look the part. Practice what you preach. Appearance is very important. Most people come to a fitness instructor because they want to look good," he said.

"But besides being in shape, you need backup, which is certification." He also stresses being a real interest in the client.

"To me, fitness training should not have a fast-food restaurant approach. I spend time with the clients so that they get it right," he said.

For more information on certification, call the Aerobics and Fitness Association of America at 800-446-2322.

## Get ready for heat

Some tips on how to deal with the heat from the Georgia Department of Human Resources:

— Infants aren't able to regulate their body temperatures as much as adults, so they must be watched closely during hot days.

— Give infants plenty of water or juices, see they get plenty of rest and don't overdress them. Just a diaper will do. On extremely hot days, sponge them with cool water.

— Older people should slow down and take it easy. Spend as much time as possible in air-conditioned places, such as shopping malls.

— Watch for the following symptoms of heat stress: muscle cramps, moist, cool skin; rapid pulse, nausea or vomiting, loss of breath and headache.

— If these symptoms occur during hot weather, lie down and cool yourself with wet towels. Call a doctor.

— Associated Press

## Margarine hunt can be tricky chore

Are you confused by the array of margarines and substitute margarines in the dairy case?

If you are trying to watch the fat and cholesterol in your diet, purchasing and then using a diet margarine can be a real adventure.

Not all margarines perform equally under all circumstances. Just ask anyone who has tried to fry and egg in a diet margarine. A glance at the label shows the label water is the first or second ingredient. The added water in the margarine quickly evaporates, forcing the cook to add more margarine, which adds more calories.

Baking is risky when substituting one fat for another. Chocolate chip cookies are a perfect example. The same recipe produces soft, fluffy cookies when using shortening; flat, crisp cookies when using butter or margarine; and a greasy flop when using diet margarine.

Diet margarines, due to high water content, are not suitable for most recipes. Whipped spreads can also change results because added air reduces the amount of fat per cup.

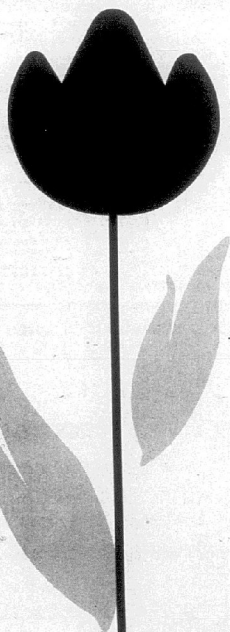
For dependable results, use stick margarines, butter and shortening in most cakes and cookies. You can make most recipes a little more healthy by cutting back on the fat in the recipe by up to one third without negative results.

Vegetable-oil-first margarines and spreads are good for muffins and quick breads as well as in basting and frying.

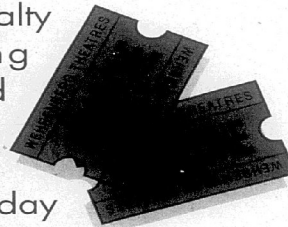
Diet margarines are best suited for topping hot vegetables or spreading on bread and toast. Butter-flavored powders add no-calorie flavor to hot, moist foods like potatoes and corn on the cob.

The best choice for reducing fat in our diet, no matter what product you choose, is to use less. For recipes specifically designed for using diet margarines, call the manufacturers. The address and phone number will be on the package.

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# ENTERTAINMENT

## HOROSCOPE

**Wednesday, April 29**  
The moon continues its transit through progressive Gemini today with a positive aspect to energizing Mercury in Aries. You will be receptive to new ideas and capable of handling a great deal of information. This is a good day to schedule meetings and connect with business associates you may have lost contact with over the years. Go forward with pride.

**TODAY'S BIRTHDAY (April 29):** You are in an important cycle of growth that will take you places you never imagined possible. Mingling more will produce lots of new friends and people who will become important in your future career. Love is possible with an Aquarius or Aries. The best months to marry are May or June. Your lucky numbers are 20, 21, 25, 39 and 40.

**ARIES (March 21-April 19):** Suspicions, confusion and secrets connected with money could mean changing financial ideas. Major business and financial dealings are decisive and positive. You're more than up to the task.

**TAURUS (April 20-May 20):** Your good news makes a hit with a romantic partner. Talk about where to live or work. Joint efforts can succeed in a part-time business enterprise. Your lucky signs are Pisces, Sagittarius and Gemini.

**GEMINI (May 21-June 21):** Your inventiveness and originality are strong. You need increasing freedom to come and go as you please or to pursue your own interests. Your love could seem bewildered at these new aspects of your personality.

**CANCER (June 22-July 22):**

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This is not the time to force issues or make impulsive decisions. Sexually, your energies may feel erratic. You could cut a romantic heart ache in half if you'd let people know they're needed.

**LEO (July 23-Aug. 22):** The rules for a perfect marriage are not etched in stone. Talk things over with the one you love. Go out of your way to make tonight special. Names beginning with P, B and L could bring financial gains.

**VIRGO (Aug. 23-Sept. 22):** You'd like to be self-employed or free to set your own schedule. Commission jobs have appeal. Don't feel you have to limit yourself to only one source of income. The initials E and S are good for you.

**LIBRA (Sept. 23-Oct. 23):** You're changing cycles with your job and money, trying on different hats while maintaining a "steady" job to see you through. Get out and about more, or invite people over. Living like a hermit could be habit-forming.

**SCORPIO (Oct. 24-Nov. 21):** Your ability with words could be developed through courses or home-study programs. You could find your niche in the communications field. Sudden developments could take you in a new direction.

**SAGITTARIUS (Nov. 22-Dec. 21):** You can have a beneficial influence on many people through your work or volunteer service in your community. A business deal, partnership or romantic tie that began last month could come together now.

**CAPRICORN (Dec. 22-Jan. 19):** You get a taste of the miraculous through your career and steadily improving personal relations. For married couples, this period can be lots of fun. Initials that can bring luck are E, D, G and L.

**AQUARIUS (Jan. 20-Feb. 18):** Love and romance are erratic, or you're unable to decide how you really feel. You're inhibiting some area of creativity that could benefit you if you'd explore it further. Travel is an excellent remedy for what ails you.

**PISCES (Feb. 19-March 20):** Assets you've built up through investments are rewarding now. Matters related to home and family may feel unsettled. There's a chance to move into better surroundings a short distance away.

## MOVIE SCHEDULE

Film timetable for Wednesday, April 29. For times on other days or to confirm these times, check local theaters.

**CARMIKE PETITE**  
170 and Hwy. 157, Collinsville, Ill.  
344-1708  
City Of Angels (PG-13) 7:00, 9:30  
Species II (R) 7:15, 9:15  
Odd Couple 2 (PG-13) 7:20, 9:30  
Lost In Space (PG-13) 7:00, 9:35

**EASTGATE CINE**  
Eastgate Plaza, E. Alton, Ill. 254-5289  
City Of Angels (PG-13) 4:30, 7:10  
Object Of My Affection (R) 4:30, 7:20  
The Big Hit (R) 4:20, 7:00  
Titanic (PG-13) 4:00, 6:00  
Paulie (PG) 5:00, 7:30  
My Giant (PG) 4:10  
Major League 3 (PG-13) 6:45

**COTTONWOOD EDWARDSVILLE CINE**  
Edwardsville, Ill. 556-6980  
Wag The Dog (R) 7:00, 9:30  
The Big Lebowski (R) 7:15, 9:40  
Spice World (PG) 6:45, 9:05

**ESQUIRE CINE**  
6706 Clayton Road, 781-3300  
The Big Hit (R)  
Scream 2 (R)  
City Of Angels (PG-13)  
Player's Club (R)  
Species II (R)  
Mercury Rising (R)  
Lost In Space (PG-13) Check theater for times

**LINCOLN THEATER**  
103 E. Main, Belleville, Ill. 233-0123  
Twilight (R) 7:15, 9:15  
Senseless (R) 7:10, 9:20

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P.O. Box 52 Millstadt, Ill. 62260

Hard Rain (R) 7:00, 9:05

**NAMEOKI CINEMA**  
30 Nameoki Village, 877-6630  
U.S. Marshals (PG-13) 6:45  
Grease (PG) 7:15

**ST. CLAIR 10**  
50 Ludwig Drive, 398-8383  
Species II (R) 1:15, 4:15, 7:05, 9:30  
Major League 3 (PG-13) 1:05, 7:05  
Wild Things (R) 4:10, 9:20  
Tarzan And The Lost City (PG) 1:45, 4:45, 7:20, 9:15  
Mercury Rising (R) 1:00, 4:00, 7:15, 9:30  
Ride (R) 1:10, 4:45, 7:10, 9:15  
Grease (PG) 2:05, 7:35  
My Giant (PG) 5:15, 9:45  
The Wedding Singer (PG-13) 1:55, 4:20, 7:00, 9:15  
Players Club (R) 1:30, 4:30, 7:15, 9:25  
The Apostle (PG-13) 1:20, 5:30, 8:30  
The Big Hit (R) 1:10, 5:00, 7:30, 9:50

**SHOWCASE 12 EDWARDSVILLE**

8633 Center Grove Rd., 859-7469

Object Of My Affection (R) 4:10, 7:35, 10:00  
Barney's Great Adventure (G) 4:30, 6:50  
Major League 3 (PG-13) 9:00  
Paulie (PG) 4:25, 6:30, 8:30  
City Of Angels (PG-13) 3:50, 7:00, 9:40  
Lost In Space (PG-13) 4:15, 7:15, 10:10  
Titanic (PG-13) 4:00, 8:20  
The Big Hit (R) 5:10, 7:40, 9:50  
Scream 2 (R) 4:40, 7:20, 10:05  
The Odd Couple 2 (PG-13) 4:05, 6:40, 9:10  
As Good As It Gets (PG-13) 5:00, 8:00  
Good Will Hunting (R) 4:20, 7:10, 10:00  
The Apostle (PG-13) 4:50, 7:50

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## \$500 prize set in poetry contest

Sparrowhawk Poetry Forum is offering a grand prize of \$500 in its new "Distinguished Poet Awards" poetry contest. Thirty-four other cash awards are also being offered. The contest is free to enter and open to everyone. Poets may enter one poem only, 20 lines or fewer, on any subject, in any style. The contest closes May 18. Poems should be sent to Sparrowhawk Poetry Forum, Dept. EG, 609 Main St., PO Box 193, Sistersville, WV 26175-0193.

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Mail entries to: Suburban Journals Deadline May 4  
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# Sleazy characters funniest when they don't evolve

By Kevin Carbery  
Correspondent

To me, the most interesting characters on TV are the nasty and/or sleazy ones. The nastier and/or sleazier they are, the better.

My favorite television character of all time is also the sleaziest that comes to mind. I am speaking of Mr. Haney from "Green Acres." Even in reruns 30 years old, Pat Buttram as Haney makes me laugh out loud every time I see him. Mr. Haney is my hero.

## TRIVIA

What made Mr. Haney such a great character was that he never evolved. He remained the same shifty guy throughout the run of the show. This is how it should be.

A huge mistake television writers often make is taking nasty, sleazy characters and writing them into respectable ones. For example, Fonzie was a hood during the first few

years of "Happy Days" and he and the show were extremely funny. Over the seasons, however, the writers molded his character into a protective uncle kind of guy, and the show and the character both suffered as a result.

This situation is not restricted to comedies. The Mick Belker character on "Hill Street Blues" was a beast. However, at one point, they had him fall in love with a lady cop and his character lost a great deal of intensity. Belker was best when everyone at

the station feared him.

Usually, the love affairs of main characters hurt TV shows. For example, "Moonlighting" was never the same after Maddie and David got together. "Cheers" was better when Sam and Diane were fighting than when they were a couple. Conversely, characters that kept going from relationship to relationship, such as the title characters in "The Rockford Files" and "Seinfeld," kept their edge to the end of their runs.

The one example I can come up with of a main character finding romance, yet maintaining his nastiness, is Sipowicz on "N.Y.P.D. Blue." The writers have done a good job keeping his rotten temperament on the job even though his home life has dramatically improved. For this week's quiz, the topic is nasty or sleazy television characters.

1. On "The Rockford Files," what was the last name of Jim Rockford's weasel of a friend Angel?

2. It was revealed on an episode of "Night Court" that Dan Fielding actually was born with a different first name. What was it?

3. Sue Ann Nivens on "The Mary Tyler Moore Show," got around, but maintained a crush on what other character on the show?

4. The actor and actress who played the nastiest characters on "Taxi" and "Cheers" are married in real life. Who are they?

5. Norm Buntz was a mean character on which TV show?

6. Who played the egotistic heart surgeon, Dr. Craig on "St. Elsewhere"?

7. Who starred as one of the most abusive characters ever on the sitcom "Buffalo Bill"?

8. What evil character did

Michael Dunn play on "The Wild, Wild West"?

9. What local politician was always causing trouble on "The Dukes of Hazzard"?

10. On "Sanford and Son," Fred Sanford insulted everyone, but was especially harsh on his sister-in-law. What was her name on the show?

Answers: 1. Martin. 2. Rheinhold. 3. Lou Grant. 4. Danny DeVito (Louie) and Rhea Perlman (Carla). 5. "Hill Street Blues." 6. William Daniels. 7. Dabney Coleman. This was a great program that should have lasted longer than the year it got in the early '80s. 8. Dr. Miguelito Loveless. 9. Boss Hogg. 10. Esther.

Kevin Carbery can be heard as a regular on "The Trivia Coast-to-Coast Show" from 8 to 11 p.m. Sundays on radio KMOX-AM (1120).

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## 'He Got Game' worth a look

By Brian Kaller  
Staff writer

Jake Shuttleworth (played by Denzel Washington) has been in prison for years after accidentally killing his wife in an argument. His son Jesus (Ray Allen), now a senior in high school, has raised his young sister alone in the projects of the inner city.

But Jesus is now the highest-ranked high school basketball player in the country and will soon pick a college. Jake is brought before the warden and offered a secret deal; the governor has offered to reduce Jake's sentence if he can convince his son to attend the governor's alma mater, Big State.

Perhaps this is far-fetched, but I suspect director Spike Lee's portrayal of student athletes is quite accurate. Raised in a neighborhood where poverty and shootings are everyday life, Jesus is suddenly a celebrity.

Coaches, girls and drug dealers all want to be his friend, and careers and million-dollar deals hinge on his decision.

He is offered sports cars, wads of large bills in the locker room, taken on tours of colleges and shown public relations films made specifically for him.

An unsophisticated but essentially decent kid, Jesus tries to remain honest when his relatives, his girlfriend and his

basketball idols are trying to pull him one way or another. Jake's daughter is thrilled to see him again, but Jesus has never forgiven Jake for his mother's death and is openly hostile.

With only a week's deadline, Jake tries not just to influence his son's choice but to renew their relationship. This is Lee's twelfth movie in 12 years since his first film. He rose to fame in only a few years with such films as Mo' Better Blues, Do the Right Thing, and Malcolm X, then seemed to fall just as quickly, with poorly received films like Girl 6.

Now his career seems to be turning again, with last year's Oscar-nominated documentary 4 Little Girls and this movie.

Besides Allen, the movie is also filled with dozens of famous basketball personalities as themselves, such as Dick Vitale, Charles Barkley and Michael Jordan.

"He Got Game" is recommended to anyone who likes Spike Lee, a proof that Lee remains one of the most consistently creative directors around.

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## NEWS

## Holy Family students place at fair

During the weekend of March 27-28, 14 Holy Family students presented their science fair projects at the Illinois Junior Academy of Science Regional Science Fair at Southern Illinois University at Edwardsville.

Each of these students was eligible to attend the regional science fair by achieving a first-place ranking on his/her science fair project at the Holy Family Science Fair held in the HFS cafeteria on Feb. 20.

In the sixth-grade category judged on Friday night, Amanda Welch, Jessica Hicks, Bridget Hopkins, Sarah Scaturro, Katie Motil, Sean Przygoda and Benjamin Reyes all received outstanding ribbons, the highest award possible. Jared Unfried received a first-place ribbon.

Eighth-grade student Joshua Zellerman was judged to have an outstanding project. Nicole Hicks and Elliot Bosslet, also eighth-graders, were awarded first place.

In the seventh- and eighth-grade category, all students receive outstanding placements and some students who have received outstanding placements and some students who have received firsts are judged a second time. During the second judging, the IJAS Region 12 Judges selected 49 students out of the over 400 SIUE Science Fair participants to compete with their projects at the IJAS State Science Fair, held at the University of Illinois at Champaign-Urbana on May 7-8.

HFS Student Jennifer Miller was selected to compete at the state level.



Above, Holy Family seventh-grade student Jennifer Miller was selected by the Illinois Junior Academy of Science to present her science project at the state IJAS Science Fair. At top, sixth-graders from Holy Family School participated in the science fair on March 27. Top row, from left, are Jared Unfried, Sean Przygoda, Benjamin Reyes, and Katie Motil. Bottom row: Jessica Hicks, Amanda Welch, Sarah Scaturro, and Bridget Hopkins.

## Despite bad weather, 'operation' successful

By Kimberly Haas  
Staff writer

Overcast skies and rain showers didn't stop volunteers from taking to the streets on Saturday.

The second Operation Bag-It started at 9 a.m., bringing out about 3,500 volunteers to clean up St. Clair County roadways. Volunteers continued the massive clean-up on Saturday afternoon after the rain showers left the area and on Sunday, said Louis Tiemann, coordinator of the event.

"It went great," Tiemann

said of the event.

Tiemann said it is unknown how much trash was collected during the clean-up. The amount will be known later in the week, he said. The goal was to fill 1,500 trash bags with an estimated 500 tons of trash.

Last year, 140 tons of trash was collected through Operation Bag-It. Operation Bag-It is organized by Tiemann, who is coordinator of Proud Partners. Proud Partners is part of the Belleville Economic Progress Inc.

Operation Bag-It has several

goals. One is to keep state and county roadways in incorporated areas clean. Also, event coordinators hope the effort will make people think more about the environment and littering.

Finally, Operation Bag-It is also designed to help promote the Adopt A Highway program. Through the program, groups and individuals are able to "adopt" a two-mile portion of a St. Clair County roadway. The group is then required to help clean the area at least four times a year.

## Youngsters gather for conference

By Kimberly Haas  
Staff writer

More than 250 students from St. Clair County gathered at Grant Middle School on Saturday for the 16th Annual Young Authors' Conference.

The conference was designed to encourage young children to develop an appreciation for the language arts. In addition, the program provides activities for kindergarten through eighth-grade students which will enhance their writing, reading, listening, and sharing skills.

"Today is just to honor (the students)," said Judy Ackermann, coordinator of the event with the St. Clair County Regional Office of Education. "This is also a nice day for the parents to come with them. We need to honor their academics."

While at the conference, visitors were entertained by storyteller Bobby Norfolk and actor Chris Limber. Norfolk is one of the masterminds behind the Emmy Award-winning series,

"Gator Tales," a storytelling program on CBS television.

Limber impersonated author Mark Twain at the conference, performing scenes from Twain's books.

Several schools had their own writing contests to select students for the conference. Ackermann said the students were encouraged to write their own books, which were displayed on Saturday.

Students were selected from the following schools: Bellevue District 119, Belleville

District 118, Blessed Sacrament, Cathedral Grade, Cahokia District 187, Central District 104, Duplo District 196, East St. Louis District 189, Freeburg District 70, Grant-Il- District 110, Harmony-

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# Young at Heart

## Mountain dulcimer group travels back in time

By Kendra Paredes Hayden  
Correspondent

Close your eyes and imagine an earlier time in America. Perhaps a little music can help bring the mental picture into focus.

The Gateway Dulcimer Society, a group of about 30 people helping to preserve traditional American music, will be sponsoring The Great River Road Festival Aug. 21-23 at Pere Marquette State Park in Grafton.

Workshops, concerts, open mike, vendors and, of course, jamming will be going on all day and all night, according to a pamphlet provided by the society.

Led by Jack Giger, the group gets together once a week to play the mountain dulcimer, a tear-drop shaped string instrument played on the lap.

A "leader by default," Giger teaches the mountain dulcimer. He said the mountain dulcimer is the only musical

instrument that was invented in the United States.

"I think you learn more in a group situation, so I tell them (his students) to come over to my house on Monday evenings where they can learn all the songs and techniques. It's just a great time to be together."

Giger first learned about the instrument at a dulcimer festival while vacationing on the Natchez Trace, a scenic, historic road that stretches through Tennessee and Mississippi.

"It's a beautiful two-lane

road that has one stop sign in 400 miles," Giger said.

He told his wife, Pat, he thought he could play the instrument, so he bought one.

"I brought it home and couldn't remember how it sounded. I couldn't find any recordings on it," Giger said.

As a result, he said, he made another trip to the Natchez Trace to get some pointers.

"That's where it all started for me. It's become a passion," he said.

Invented in the Appalachian Mountains, the dulcimer attracts all kinds of people. Flo Malone first saw the Dulcimer at Silver Dollar City in Missouri in 1969.

She said, "I always wanted to play but didn't know where to go to learn." Oddly, she said, she heard about Giger from a guy in a strawberry patch.

Her husband, Jim, plays the rhythm guitar with the group.

"You've heard of a football widow, I'm a dulcimer widow," he said.

Another member of the society, Barbara Cunningham, said she bought a dulcimer in 1985 but didn't start playing until a year ago.

"It had been hanging on a

wall and I got tired of dusting it," she said. "It's great fun to sit around and strum. When you can't keep up, you can play the chords to go along. I do a lot of that," Cunningham said.

Cunningham's "designated chauffeur" is her husband, Bill. He added, "when you can't play the chords, you just sit there."

Tammy Dean and her son, Joseph, 9, are also members of the group.

Tammy said she always wanted to play the piano, however, she came from a big family that couldn't afford music lessons. While in the Smoky Mountains vacationing one year, she bought the dulcimer.

Her husband said, "here's your piano."

Another member of the group, Kathy Devan, started playing the dulcimer in 1992 "because it was supposed to be easy to play—and inexpensive."

A dulcimer can range in price from about \$125 to \$1,100, Giger said.

"My kids ask me how much it (her instrument) costs. I tell them it's enough," Devan said.

Heritage was the reason Rich Harrison started playing the instrument. His mother was from eastern Tennessee. She was in Silver Dollar City when she saw the dulcimer

and remembered her grandmother playing to the kids.

"So, she handed it to me. My wife said later I'll take that and she started playing, too," he said. The two have been playing about seven years.

One thing Giger said he enjoys about teaching the dulcimer is to be able to explain about history and life.

"In the 1870s there were all these songs written about a woman who was not doing what she was supposed to do. He husband would beat her up and kill her."

"Around 1890, I guess that's when the Women's Movement started, the songs changed. Women started beating the men up and killing them," he said.

Giger even has a group he plays with that is recording a CD coming out soon.

"It makes me feel good to share the talent," he said. "It's a wonderful feeling to see some of these students as they discover their own talent. They thought they could never play and all of a sudden they can make that music."

For more information about the Dulcimer Society or The Great River Road Festival, call Jack Giger at 344-2822 or over the web at JackG57@aol.com.



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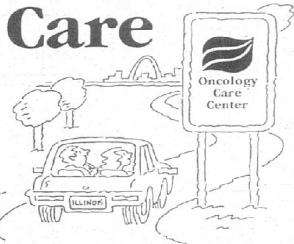
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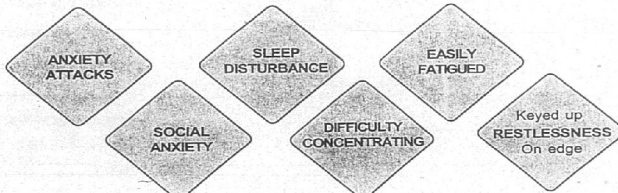


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# NEWS

## ORGANIZATIONS

### Homemakers Extension

The April meeting of the Granite City Unit of Homemakers Extension was held April 7 at the Anchorage Recreational Center with the 10 members present.

The invocation was led by Phyllis Bursatti. She and Mary Evelyn Yenchow were the hostesses for the day and served a very delicious casserole luncheon.

President Mary Thebeau opened the meeting with the pledge to the flag and the Homemakers' Aim being recited by all. In the absence of first vice president Flo Strokes, Thebeau thanked the hostesses and introduced them, as the lesson giv-

ers. The lesson "Casseroles for Tasty and Nutritious Meals" was very interesting and the luncheon was composed of some of the recipes in the lesson.

The attendance prize was won by Florence Hagnauer. Roll call and the minutes of the previous meeting were read by Yenchow. The treasurer's report was also on the Victory Luncheon that was given in February.

The ladies were reminded of the annual meeting that will be April 30, at the Eden United Church of Christ in Edwardsville.

Discussion was held on the district meeting, which will be hosted by The Unit. It will be on May 12. Ladies are to meet at 8:30 a.m. and to load the bus at 10 a.m.

They will then go to Alton. Lunch will be at 11 a.m. Cruise will be from noon to 2 p.m. Everyone will be home by 3 p.m.

After the meeting, a White Elephant Sale was held. The Homemakers' Creed was recited by all and the meeting was adjourned.

The June meeting will be hosted by Ann Konopka and Mary Radick and the lesson will be "Basic Food Safety."

### Evening Circle

The Evening Circle of the First Presbyterian Church met April 1 at the home of Gladys Fuhrman, who presided and opened the meeting with the reading of John 12:1-11, followed by prayer.

Minutes were read by secretary Bette Rea and reports were given.

It was announced that the May Fellowship Day Celebration, sponsored by Church Women United, will be observed on May 1. It will be at the new Peace Freewill Baptist Church, 3725 Horseshoe Lake Road.

The theme for the celebration is widening the circle of hospitality. Representatives of churches will present the year's collection of the Least Coin monies for dedication. Those attending from First Presbyterian will be Barbara Landis, Burdine Holtzschner and Gladys Fuhrman.

The Fellowship of the Least Coin entitled "The Pronouns" was given by Barbara Landis. It focuses on the Lord's Prayer and the way one

says it. The group repeated the prayer in unison with emphasis on the pronouns.

The lesson "Job — Where is My God?" was presented by Lillian Delps. It dealt with Job's longing for a healing presence when his tragedy isolated him emotionally and spiritually from his friends and from God. Prayer concluded the lesson.

In closing, the members formed a circle and repeated the Mizpah dedication.

A social hour followed as the hostess served refreshments to Lillian Delps, Bette Rea, Betty Schmiedake, Gladys Pape, Burdine Holtzschner, Barbara Landis and Virginia John.

## Bare patches of lawn grass easily can be repaired

There's a hole in your otherwise very acceptable, if not perfect, lawn. Maybe the dogs or kids dug a hole. Maybe you're changing the shape of a garden or flower bed. Or maybe salt from sidewalk deicing caused the problem.

Whatever the cause of this unsightly problem, there's a fast, easy and certain solution that's often overlooked by many homeowners.

Whether it's called cultivated turf, turfgress, turf or just plain sod, this carpet-like grass can turn a hole in a lawn into a whole lot of lawn, with just four simple steps, according to the not-for-profit Turf Resource Center.

**SOIL PREPARATION**

An essential first step in the process of patching a lawn is proper soil preparation. This includes digging away all the dead or near-dead grass and possibly squaring up the area, or creating straight lines on all of the sides you are repairing.

Once the area has been defined, maybe by going so far as to lay a hose on the ground to outline the repair area, you should loosen the soil by

### HOME & GARDEN

spading or rototilling larger areas. Then, the surface should be leveled and remove any large clods, roots, weeds or other debris to achieve a level surface that maintains the original slope of the area.

**MEASURING AND BUYING SOD**

Once the surface is prepared, the area should be carefully measured so that the correct amount of turfgress sod can be purchased.

In most areas, sod is sold by the square foot or square yard, with a single roll measuring approximately one square yard, or nine square feet. Slabs of folded pieces of sod available in most areas will not be as large, but their dimensions will be uniform and the total amount of sod can be easily calculated at the turfgress sod farm or retail garden nursery.

If the "ground under repair" is relatively small, say less than 10 square yards, you can probably load the sod into the trunk of a larger car; however, if the trunk is small or the repair area large, you may have to make several trips or have the sod delivered.

Calling ahead to the farm or nursery to ensure you can obtain the quantity and type of sod you want is always recommended. If the sod will be delivered, advance time is even more important and you should expect to pay a separate delivery charge on very small quantities.

**TURF INSTALLATION**

Because turfgress sod is a living plant, TRC recommends that it be installed in 24 hours or less and watered within 30 minutes after installation, so having the sod fully prepared before the sod is purchased is very important.

Installation is simple, but some care is required to achieve a really great result.

Install the first piece of sod on the outermost area of the repair, along a straight-line surface if possible. If the sod was rolled, be sure to back-roll the leading and trailing edges of the sod

piece to make sure it will stay flat on the soil. Be careful not to pull or stretch the sod as you install it, or in an effort to force a fit. After being stretched, sod has a tendency to pull back to its original dimensions, which could ultimately result in gaps between pieces.

Using the first piece as a base, place all of the outer pieces tightly against the first by butting the edges and ends tightly together, but not overlapping. If the area is large enough, stagger the end seams in a brick-like pattern.

**WATER, WATER, WATER**

With the sod firmly in place, the last step is the easiest yet perhaps the most important — watering.

You need to apply enough water to new sod so that the soil beneath the sod is thoroughly wet. As noted earlier, watering should be started within 30 minutes after installation.

For additional information about turfgress sod installation and other turf care tips, write to TRC, Dept. H-4, 1855-A Hicks Road, Rolling Meadows, IL 60008.

## Calendar

(Continued from Page 6B)

members grow in sobriety. For more information, call 798-3888.

**NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE**, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. every Monday at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center, call 992-2197 for details.

**DIABETES SUPPORT GROUP**, 1 to 3 p.m., first Tuesday of each month, President's Room, St. Elizabeth Medical Center, 798-3456.

**ALLIANCE FOR THE MENTALLY ILL OF MADISON COUNTY**, (AMI) meets the first Tuesday of each month from 7 to 9 p.m. at the Mental Health Clinic, 50 Industrial Drive, Granite City. For information call 798-3604.

**SINGLES CONNECTION** events this week are: Meet at 7 p.m. April 22 game night at Imo's in Edwardsville. Bring cards and games. RSVP to Paul, 3322-1731. Meet at 6:30 p.m. April 23 for a movie that the Cottonwood Theater in Glen Carbon. Admission is \$2. Call Paul,

3322-1731. Evening with Emmett Kelly Jr. April 24 at the Minor's Theater in Collinsville. Seats will be \$12. Call Betty S. at 344-2791 for more information. Meet at 8:30 p.m. in 1425 S. April 25 for dancing at the Freeman's Hall in Collinsville. Admission is \$5. Call John M. 464-0222. Meet at 6:30 p.m. April 27 at Pizz Witz on Johnson Road in Granite City for pizza. RSVP to Don 261-1625. Meet at 8:30 p.m. April 28 at the Edwardsville YMCA. Esso Drive for Volleyball, volleyball on a racquetball court with a softer ball. Cost is \$3 for three hours. Call Paul, 332-1731 for more information.

**ALCOHOLICS ANONYMOUS** (women only), 8 p.m., every Tuesday, Presbyterian Church, Mitchell, (980) 297-6660.

**ALCOHOLICS ANONYMOUS**, 8 p.m., every Tuesday, St. John United Church, 2001 Namooki Road, Granite City, 692-8078.

**ALANON**, 8 p.m., every Tuesday, St. John United Church, 2001 Namooki Road, Granite City, 463-2429.

**THE CIRCLE OF HOPE**, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. every Tuesday at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

**NARCOTICS ANONYMOUS**, Path to Recovery, 8 p.m. every Tuesday, 2016 Delmar Ave., 24-hour hotline 393-9409.

**LEARNING TO LEAN** support group for families with special needs children, for families and friends of any child with any disability. Meets 7 to 9 p.m. the first Tuesday of every month at Word of Life Tabernacle, 4870 Maryville Road in Granite City. Childcare is provided. Call Gina at 931-6453.

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## BUSINESS

# Women face special financial issues, answers

You don't have to be a genius to figure out that women are different from men. Yet one of the less obvious differences is the way the two genders manage and invest money.

The six million working women in the United States account for 46.2 percent of the labor force and earn more than \$3 trillion annually. Census Bureau survey data indicates 48 percent of working wives provide at least half of their households' income.

As a result, American women are more financially independent than women of previous generations. But their attitudes about money and decision-making styles differ significantly from their male

counterparts. And furthermore, the financial issues they face are not the same as those confronted by men.

Women can't afford to do as well as men when investing; they need to do better. Statistically speaking, women outlive men, and because they generally earn less than men, they have more ground to make up. Here are some statistics from the financial publication *Ticker* about women and finances:

- Half of women over age 65 are widows.
- A widow's average age is 56.
- Divorced women are five times more likely than married women to live in poverty



Jeff Prosser

after retirement.

- Women receive lower Social Security benefits, smaller pensions and retirement,

and have less in savings.

- Women tend to be conservative investors.
- Over the next 20 years, women will inherit \$12 trillion.

In spite of these considerations, many financial professionals persist in handling women's financial needs the same as those of men. Although there's no stereotypical female investor, there are certain values to which women generally respond.

Women investors want information and assistance. They

seek strong relationships with their brokers, based on trust and respect.

These qualities are equally important to men, but men typically only want enough information to make decisions. Women, on the other hand, look for what one expert calls the "mosaic strategy." This satisfies the more comprehensive multiple roles of a woman such as wife, mother, daughter, earner, entrepreneur and caretaker.

The lesson here is that wom-

en need to be aware of the different financial issues they face. If you're married, both spouses should share equally; responsibility for establishing financial goals, sharing information and working with your financial professional goals, sharing information and working with your financial professional.

Only work with professionals who are aware of the financial challenges women face and will help you develop a plan to address the future.

## Public ready for Borders

By Kimberly Haas  
Staff writer

With more than 200,000 books, music, video, and periodicals titles, Borders opened in Fairview Heights recently.

Borders, 6601 N. Illinois St., occupies a portion of the former Central Hardware store. Jennifer Magdziak, community relations coordinator for Borders in Fairview Heights, said they have had a positive response from the community.

"We've had a good response," Magdziak said. "Every community is different and we try to do events that will be tailored to the people there."

Consequently, Magdziak said local musicians and authors will be some of the featured guests in the coming months at Borders. The store's grand opening weekend is scheduled for May 1-3. Events planned include:

• May 1 — Acoustic guitarist Richard Johnson will perform from 8-10 p.m. in Borders' cafe.

• May 2 — Local band Bourbon and Waterloo will perform from 7-10 p.m. in the cafe. The band includes a mixture of acoustic guitar and folk music. At 10 a.m. and 2 p.m., Clifford the Dog, a character from the popular children's books, will read to the children at Borders. Harvey the Jugger will perform at 4 p.m., both inside and outside the store.

In addition, Magdziak said regular future events will include story times for children two times a week and a Sunday cinema, giving patrons a chance to view a movie at Borders.

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## Doing their share

Above, Sandra Wilson, left, brought her children, from left, Natalie, 11, Daniel, 6, Chad, 13, and Cassandra, 8, with her while cleaning up along Madison Avenue during the Tri-Cities Area Chamber of Commerce Stash Trash clean-up effort. Wilson works for St. Elizabeth Medical Center. At left, Mary Ann Rogere, David Denson and Brenda Dooley pick up trash which had been thrown in the bushes along Monroe Street. They were participating in Stash the Trash with St. Elizabeth Medical Center.

## Western Staff donates tree seedlings

In celebration of its five-year anniversary, Western Staff Services, 3723-4 Nameoki Road, announces it will help repair the spirits damaged by El Nino by donating seedling trees to the Granite City community.

The seedling program is part of a nationwide effort to beautify and cleanse the environment and remind people of how many great things started small.

Western Staff is offering the American Pine seedling trees to schools, parks and community organizations as a way of celebrating half a century in the staffing industry and

invites the community to share the growth of the next 50 years.

All qualified applicants must send a written request to Sharon Krajcovic at 3723-4 Nameoki Road. The letter must include: name of organization, number of trees requested, purpose and location and how the trees will make an impact in the organization.

All submissions must be received by May 7. Those qualified will be notified within one week after the May 7 deadline and publicly announced.

Founded in San Francisco in

1948 by Chairman and CEO W. Robert Stover with \$400 and a rented typewriter, Western Staff Services has grown to encompass more than 400 company-owned, franchise and licensed offices in the United States, Europe, Australia and New Zealand, employing more than 200,000 personnel specializing in office, light industrial, technical and medical home services. The company supplies an essential support services workforce to meet the demands of highly competitive businesses in ever-changing global markets with 1997 system revenues exceeding \$600 million.

For more information contact Sharon or Pat at 877-7341 or visit Western Staff's Website at [www.weststaff.com](http://www.weststaff.com).

## Williams receives maintenance annual award

Dave Williams of Granite City has been named Maintenance Supervisor of the Year by the Home Builders Association (HBA) of Greater St. Louis. Williams, a staff member of Mullerix Properties overseas the maintenance department at the 804-unit Pavilion apartment community in Maryland Heights, Mo.

Williams, who holds HVAC certification, received the awards at the HBA's annual Multi-family Council awards banquet in March. All told, Mullerix properties claimed six awards at the 1998 event, including top honors as Property Management Company of the Year.

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# Answering the call

## Police chaplains aid departments, communities

By Kimberly Haas  
Staff writer

They don't carry a weapon or a badge, but they work with local police departments.

They're on duty 24 hours a day, seven days a week, but they don't go on actual police calls unless they're asked by the department.

When they are called, police chaplains are usually armed with only two things: compassionate words and a helping hand.

For many local law enforcement agencies, police chaplains go beyond the call of duty.

"It's a great program. We couldn't have imagined the benefits that have come out of it," Fairview Heights Police Chief Roger Richards said.

Throughout the country, police departments are bringing local church ministers into their fold to help in times of need in both the department and for residents of the community.

"We feel it's been very successful," said Fairview Heights Police Capt. Dale Fredeking.

Fairview Heights began its program in 1990.

Through the program, the reverend from a church can help the officers when they may have a personal problem. In addition, the minister will help residents the police have dealt with.

The chaplain will accompany an officer when making a death notification to a family in the community.

"It's an unpleasant and difficult task," Fredeking said. "They have a way of handling those situations that is greater than our abilities."

The Rev. Hal Santos of the Full Gospel Tabernacle joined the Fairview Heights Police Department as chaplain in December 1989.

"It's been a tremendous experience. They've been nothing but kind to me," said Santos.

The job with the police department has changed Santos' perspective of police officers, he said.

"The respect was there but now there's a more intense one," he said.

Often times, chaplains will ride on patrol with the officers to familiarize themselves with

*"It's a great program. We couldn't have imagined the benefits that have come out of it."*

Chief Roger Richards  
Fairview Heights Police

both the officer and his routine.

"If the officer has concerns, the chaplain is there. They often become close friends," said Maryville Police Chief Don Sonnenberg.

"It's a great program. I'm glad to see that most (police departments) in the region have adopted a chaplain program."

St. Clair County Sheriff Mearl Justus said his department has eight chaplains in their program.

"In an operation like this with the jail, which holds 400 people, (the chaplains) duties are primarily connected to the jail," Justus said. "They do assist (patrol officers) in any given situation. Sometimes, if a minister is on the scene, they have an immediate knowledge of where a family can get help."

The Belleville Police Department utilizes three chaplains from local churches, said Chief Jim Rokita.

"I think having the chaplain is a good idea," he said.

Troy Police Lt. Charles Wooliver said the department's chaplain program began in 1990.

"(The police officers) were kind of hesitant at first but that is true anytime you get somebody new and you don't know what direction they're moving in," Wooliver said.

Senior minister Charles McGee of Central Christian Church in O'Fallon said he has enjoyed his service with the O'Fallon Police Department for the most part.

"There are some things that aren't fun, such as accompanying a police officer on a death notification or going to a family's home when a member has been in a fatal accident," McGee said. "But we're providing the community in a way that we would not normally do. We're trained to help people in times of crises."

More than one chaplain and they have a schedule that allows them to work on a rotating basis. However, the

chaplains said they are on-call 24 hours a day even if it is not their week to serve with the department. The work is done on a volunteer basis by the chaplains.

"There have been occasions when officers that have worked with me once or twice have been known to call. We don't restrict our service," McGee said.

The chaplains can also help families arrange funeral services, call family members who may live out of town, or get in touch with the family's regular minister, Santos said.

Most of the chaplains have taken courses on handling death notifications and emergency situations before joining the police department, Santos said.

"I think it all can expand and there is more learning involved," Santos said.

When the officers need help, the chaplains are there for them.

"The preachers don't condemn the officers and they're not there to preach to them," Richards said. "It's confidential if the officer goes to the chaplain. That's very important to the officer."

For both the police departments and the chaplains, the program has proven to be a success.

"It's been an amiable marriage," Fredeking said.

# Williams receives SIUC scholarship

Brandon Williams of Venice has been awarded a scholarship for Fall 1998 and Spring 1999 to attend Southern Illinois University at Carbondale.

Williams, a 1998 graduate of Madison High School, has been selected to receive the SIUC Grant Award which is valued at up to \$2,250 toward tuition over four years.

Williams, the son of Florence Williams of Venice, and George Tyus, Jr. of Madison, has received the following honors, awards, and recognitions. He was a member of the Talented and Gifted (TAG) Program. Williams plans to study journalism at SIUC.

Recipients of the SIUC Grant Award are selected from a pool of applicants who rank in the top 10 percent of their high school class or who have an ACT (American College Test) composite score that places them among the top 10 percent of their peers nationwide.

For more information on academic scholarships at

Southern Illinois University at Carbondale, write Terri Williams, Academic Scholarship Coordinator, New Student Admissions, Southern Illinois University at Carbondale, Carbondale, IL, 62901, or call 536-4405.

Church. A buffet luncheon, with entertainment, will be held in the Dooley Center from noon to 3 p.m.

The Victorious Missionaries is a spiritual support ministry for people with disabilities, chronic illness and those who want to share the journey.

Ministry celebrates 34th anniversary

The Victorious Missionaries Ministry at the National Shrine of Our Lady of the Snows will be celebrating its 34th Founding Anniversary Saturday, May 2.

Bishop Wilton Gregory will be the celebrant for the Liturgy at 10:30 a.m. at the Shrine



Southern Illinois University at Carbondale, write Terri Williams, Academic Scholarship Coordinator, New Student Admissions, Southern Illinois University at Carbondale, Carbondale, IL, 62901, or call 536-4405.

# Ryan likes school's programs

By Cheryl A. Moody  
Staff writer

Franklin Elementary School's after-school programs were praised on Tuesday by George Ryan, secretary of state and Republican gubernatorial candidate.

Franklin was one of Ryan's stops during a two-week tour promoting the implementation of more quality after-school programs throughout the state.

Several after-school programs are offered at Franklin, including sports, music, the bug (bring up grades) club, tutoring, industrial art, and home economics.

"Franklin demonstrates the high quality after-school program that can be developed," Ryan said. "As governor, I want to nurture other success programs just like this one throughout the state. Grade schoolers to sixth grade really benefit from after-school programs."

He further praised the school for the many volunteers that help to make the programs successful, such as parents, retired seniors, church organizations and other community contributions.

If elected governor, Ryan plans to make after-school programs more possible by spending \$2 billion over the next four years toward education and workforce training.

"I believe we can do that without raising taxes," Ryan said. "It can be done through the natural growth in sales tax revenue. I'm convinced the dollar will be there over the next four years."

With projections of state revenues growing by more than \$4 billion over the next four years, Ryan said he plans to allocate 51 percent of those revenues to education.

Ryan said \$80 million a year for the next four years would be used to hire 10,000 new teachers — mostly in the lower grades where students learn to read.

With overcrowded classrooms, Ryan said he would reduce the number of students in each class.



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## NEWS

## Living wills program Thursday

St. Elizabeth's Hospital in Belleville will present a free community program titled "Living Wills, Why Everyone Should Have One" at 7 p.m. April 30 in the Centennial Room.

Presenters will be Dr. Joseph Prosser, medical director of St. Elizabeth's Hospital, and hospital attorney Michael Nester of Donovan, Rose, Nester and Szwedzky, P.C.

In the 1950s, with the development of technological advances that allowed the process of dying to be prolonged, a great concern for end-of-life decisions came to the forefront of medical ethics. As a result, legal means were devised by which individuals could indicate ahead of time the medical treatments they would want if they became incompetent. The courts demanded that there be clear and convincing evidence to support the patient's request.

A living will was the first kind of legally recognized document. The second kind of approved advance directive was the durable power of attorney for health care. The durable power of attorney allows a competent adult to name another person to make a health decision in his or her behalf.

Living will kits will be available to who, and due to limited seating, reservations are requested by calling 234-2120, Ext. 1575.

## Store knowledge Personal shoppers live the fantasy life

By Cindy Alexander  
Correspondent

Rita Pearline has the sort of job that some would find positively dreary — she shops for a living.

As a personal shopper for the Neiman Marcus store in Plaza Frontenac, Pearline combines her eye for fashion, knowledge of her customers' tastes, and the talent for choosing just the right thing to satisfy the needs and wishes of her well-to-do clientele.

"She is, without a doubt, the No. 1 personal shopper in St. Louis," said Karen Doll, public relations manager for Neiman Marcus.

Pearline has achieved that status through 45 years' experience in retail clothing. They include her days selling socks at Stix, Baer & Fuller, her years running a fine-clothing shop with her late husband, her time working at Saks Fifth Avenue and for almost 16 years being at Neiman Marcus. Through those experiences Pearline has learned a lot about clothes and people.

"She's absolutely incredible," Doll said. "She has a following of people, she's so good."

What does a personal shopper do on a typical day?

"No two days are the same," Pearline said. Each client's needs are different. But here's how it works: A customer calls Pearline and says, "I'm going on vacation in two weeks, and I need some new outfits." The customer and Pearline schedule a time to meet.

Then Pearline sets to work choosing an assortment of clothes based on the customer's size, the styles she looks good in and her price range. On the appointed day, the customer comes to Pearline's office to see the selections, try on what she likes and make the final buying decisions.

Often, shoes and jewelry and other accessories to create an ensemble.

In this respect, part of Pearline's job is to make the customer look good.

Over the years, Pearline has learned what styles "work" on which body types. Her customers trust her to be honest with them. She won't tell them they look great if they don't. But when they do — well, then everyone's happy.

For instance, one customer who Pearline had outfitted for a special event called back to report what a success she'd been.

"She was a 'smash,'" Pearline recalled. "I was glad to hear it."

In addition to wardrobing customers, Pearline also provided gift-buying services for clients. Around this time of year, business starts to pick up as people begin sending her their Christmas lists.

In fact, her clients never set foot in a store, if they so desire. Pearline can do it all, from item selection to gift-wrapping and shipping.

Right about now, are you thinking that Rita Pearline's line of work sounds like career heaven? Before you decide that personal shopping is your calling in life, ask yourself if you qualify.

• Do you love people? "You have to love people," Pearline said. That's important because a personal shopper's job is to please the customer.

• Are you patient? Some days, pleasing the customer is not easy, so you need a good supply of patience. After all, as Pearline said, "This is a service business."

• Do you understand fashion? No formal education is required, but experience selling clothes is essential. By working in retail clothing, you'll learn about fabrics, styles and manufacturers — all things you'll need to be familiar with when you start shopping for clients.

Good commissions are one of the compensations effective personal shoppers enjoy. Another is the satisfaction derived from having customers come back to them again and again for the expertise and assistance.

## Police hiring practices vary

By Mark Hodapp  
Staff writer

When Barney Fife needed a job, he went to his cousin Andy Griffith for help.

But unlike the Andy Griffith television show from the 1960s, becoming a police officer these days — in most instances — is not as easy a task.

That's because cities with more than 5,000 residents are required by law to have a board of police and fire commissioners.

For instance, the O'Fallon board is solely authorized to hire and promote police officers.

Cities with less than 5,000 residents can set their own hiring practices. O'Fallon Police Chief Don Slazink said.

While each board of police and fire commissioners can establish its own rules, there are common regulations enforced by the state board.

For instance, each officer must be certified by the state. To become certified, an officer must complete 400 hours at a police academy and 40 hours in firearm training.

There are six police academies in the state, including one at Belleville Area College. Police academy lasts 12 weeks.

But each local police board can establish its own education requirements. An officer in O'Fallon will soon be required to have at least

*"The process sounds rather complicated, but it all follows a logical process."*

Gene Nute  
O'Fallon Police Board

a two-year associate degree related to criminal justice or a four-year college degree.

The actual hiring practice varies from city to city.

For example, the O'Fallon board, issues its prospective officers written, physical and agility tests. These tests must be issued every two years, according to the state board requirements.

The written test has 145 questions that takes about two-and-a-half hours to complete, said Gene Nute, a member of O'Fallon's board.

"The questions deal more with problem-solving than actual police work," he said. The O'Fallon prospective officers are also administered lie detector and psychological tests, an oral examination and undergo an extensive background investigation.

"The process sounds rather complicated, but it all follows a logical process," Nute said.

## Book bazaar in Belleville

The Auxiliary of Memorial Hospital in Belleville is presenting its 40th Annual Book Bazaar.

The sale will be held May 7, 8 and 9 at St. Paul United Church of Christ, 115 W. B St., Belleville.

There will be 40,000 to 50,000 books to choose from at prices starting at 25 cents. The books are displayed on tables according to categories such as fiction, science, rare and unusual, children's, mystery, western, religious, reference, cookbooks, how to do and crafts.

Sheet music, tapes, CDs and record albums are also available. The selection is varied and wide spread, giving an opportunity to satisfy the most dedicated reader's appetite.

Sneak preview is May 7, admission is \$3 from 2 to 4 p.m. and from 4 to 6 p.m. the admission is \$2 and from 6 to 9 p.m. (closing) the admission is \$1. On May 8 admission is free and the hours are 9 a.m. to 1 p.m. Saturday special is \$1 for a bag of books from 10 a.m. to 1 p.m.

For more information, call the Auxiliary Office at Memorial Hospital, 257-5545.

## Immunization shots at clinic

The St. Clair County Health Department continues to offer immunization services to increase the number of children receiving vaccinations against preventable illnesses.

Regular Health Department clinic hours are from 8 a.m. to 3 p.m. Monday through Friday.

In addition, expanded clinic hours are scheduled for the third Wednesday of every month. Clinic services are open for all residents of St. Clair County and are by appointment only. Please call 233-6170 to schedule an appointment.

Children need 80 percent of their vaccinations in the first two years of life to protect them against disease, disability and even death. There have been many innovations in immunizations since the first vaccination was administered by Dr. Edward Jenner 200 years ago, and more continue to be made.

These innovations help to reduce the number of vaccine preventable diseases, disabilities, and death.

Nationwide, vaccination is at an all time high, and diseases are at an all time low. Vaccine-preventable diseases have been reduced by more than 99 percent since the introduction of vaccines.

Infant immunization is a simple and inexpensive way to protect children from 10 potentially deadly infectious diseases.

For every dollar spent on immunization, as many as \$29 can be saved in direct and indirect medical costs.

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# Today's Food

Wednesday, April 29, 1998

## Food Nutrition

### Wise Ways

Broccoli family, genetically speaking from little sprouts to mature florets, attracts eaters interested in tasty food and healthy eating habits.

INSIDE

### Heart-y Bites

Pull up a glider and enjoy fair patio weather with lighter fare.

INSIDE

### Blue Ribbon Cook

Winner takes advantage of flavored parmesan cheese to season seafood rollups Italian-style.

INSIDE

### Test Run

One-fourth of a new variety of spread from Brummel & Brown consists of yogurt for less saturated fat. Tasters sample it to see if adding yogurt creates minuses in flavor or texture.

INSIDE

### Micro Raves

The route to a Mexican food lover's heart runs by way of the microwave oven before dinner is ready.

INSIDE

### Lively Taste

Add seafood to salad. Peel, devein and cook shrimp. Chop it with a sharp knife. Marinate it in Italian salad dressing. Add it to favorite greens. Toss it with the same ingredients as tuna salad and serve as dip or spread it on bread. Shrimp complements fruit well, so add it to spinach salad that calls for mandarin oranges or strawberries.

## Health Fitness

### Medicine Chest

A pamphlet on Lyme's disease -- including precautions, ways ticks spread the disease and what to do if bitten by a tick -- is available from the American Lyme Disease Foundation. To receive one, call (914) 277-6970 or send a self-addressed envelope stamped with 55 cents postage to: American Lyme Disease Foundation, 293 Route 100, Somers, N.Y., 10589.

### Fresh Picks

The skin of fruit contains almost three times as many nutrients as the flesh of the fruit. As the weather warms, more care should be taken when buying fresh fruit. Put it on top of other parcels. Never leave it in a hot car or it spoils quickly. Choose firm, unblemished fruit. Wet fruit decays faster than unwashed fruit, so wait to wash it in cool water until just before eating it. If it ripens too quickly for a beautiful presentation, use it in fruit salad or bake it in a crisp.

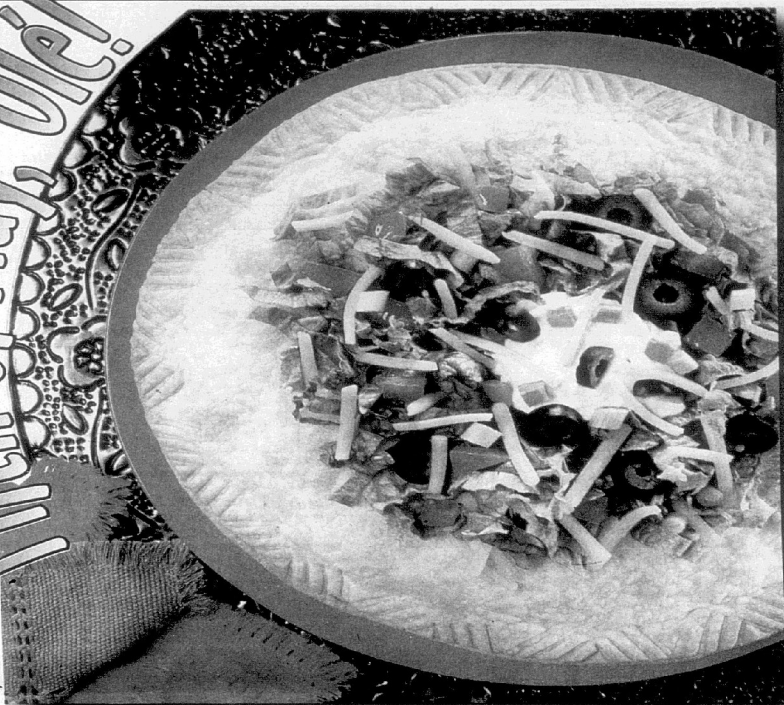
### Big Fat Tip

Mix and match citrus and fruit flavors. In a blender, combine 3/4 cup frozen grapefruit juice concentrate and 1/2 cup frozen pina colada mix concentrate, 1 large banana, cut up, and 1 cup lemon-lime carbonated beverage, chilled. Blend until combined. Gradually add 3 cups ice cubes through opening in lid, while blending until mixture is slushy. Serve immediately.

### Future Shop

According to Rick Bayless's 'Mexican Kitchen,' Mexican cheeses that do not visit your neighborhood store have North American cousins. Pressed and salted farmer's cheese or dry cottage cheese can be used for queso fresco in a chilled dish. If queso fresco is to be melted for a topping, try grated brick or Monterey Jack cheese. Instead of queso anejo cheese, he suggests parmesan, romano or asiago cheese. Source: St. Louis District Dairy Council.

Fifth of May, Olé!



By Janice Denham  
Staff writer



inco de Mayo is a reason to celebrate the Mexican will to fight formidable odds to win independence.

It commemorates the victory of poor, ragtag, untrained farmers in the strategic town of Puebla over twice as many French troops, some of the best equipped in the world in 1862. Two years later the town fell back to the French, but the victory was a rallying point in the march toward self-rule.

In North America, Tex-Mex food and fiestas -- with music ranging from mariachi marches to the hat dance -- rule those who congratulate the Mexican spirit. It gives meals at home a reason to turn to flavors of the Southwest to avoid the invasion of mediocrity.

Bold, bright flavors color foods. Cool and refreshing fruit often counterpoints and soothes the tang when it is hot.

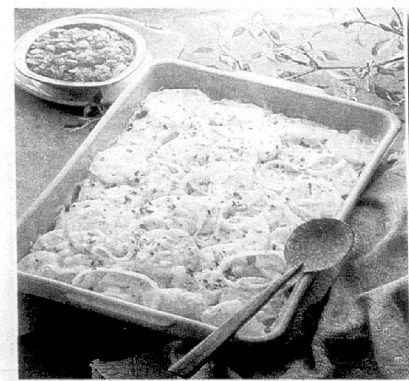
Crisp slaw is a good balance, too. It can be served alongside tangy burritos or tacos atop lettuce leaves with a dollop of salsa centered on each serving, or it can be wrapped with the meat mixture in a burrito.

A creamy slaw turns Tex-Mex with a few well-drained, cooked pinto beans, chopped Spanish onion and a splash of salsa added to it. Tiny spears of jica-

ma keep it crunchy and moist.

A favorite casserole around the Mexican border can be the remedy for what to do with leftover chips or broken taco shells. It is the official granddaddy of

SEE FIFTH OF MAY, INSIDE TODAY'S FOOD PAGE 2



## Fiesta Chocolate Crispas

Kids' Cuisine

1 package (4-count) tortilla salad shells

1/2 cup semisweet chocolate chips

1 tablespoon oil

1/2 cup sugar

1 tsp. cinnamon

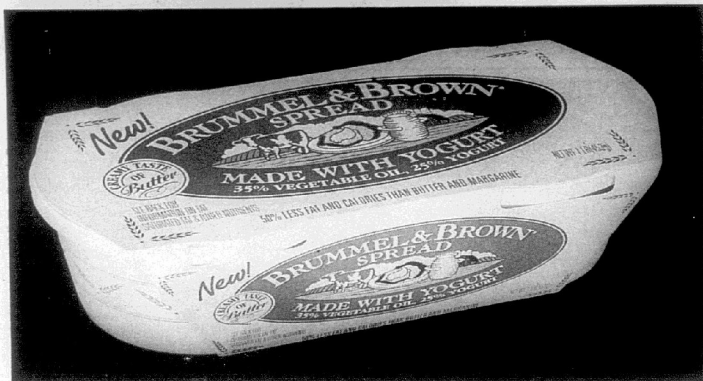
Cut each unbaked shell in 8 pie-shaped wedges. Place in single layer on ungreased baking sheets. Bake in preheated 375 degree oven 4 to 6 minutes until light golden brown. Cool on wire rack or paper towels.

In small saucepan over low heat, melt chips and oil, stirring constantly. Remove from heat. Place in pan of warm water to keep chocolate soft.

Line baking sheets with waxed paper. Dip crisp tortilla wedges in chocolate, lay on waxed paper and sprinkle with cinnamon-flavored sugar. Refrigerate until chocolate is set. Makes 32 wedges.

# Today's Food

## Test Run



A new entry into the butter and margarine market is Brummel & Brown spread made, in part, with yogurt.

## Margarine, yogurt: Ever the twain shall meet?

When a *Journal* shopper found interest in a supermarket checkout lane in her pick of Brummel & Brown spread made with yogurt, it was inevitable it would make it to the "Test Run" table.

The tub spread, with half the fat and calories of regular butter and margarine, were tested. A 1-tablespoon serving has 50 calories and 5 grams fat, with 25 percent of its makeup from nonfat yogurt. Price is comparable to other reduced-fat spreads.

"This was on the low range of the low-fat spreads, particularly with only 1 gram saturated fat."

"We looked at the sticks, but because they were designed to be useful in baking, they are listed at 10 percent yogurt, which didn't seem like it would make much difference," the shopper said.

Tested on bread with or without garlic powder, it received generally high reviews.

"To me, it tastes exactly like margarine no difference. With only half the fat, it must be a winner," a tester said.

Several compared them with the low-fat spreads they use regularly at home.

"The margarine spread was very creamy, spread easily and had a good flavor, perhaps more than some other margarines, but about the same as what I use," a family shopper and cook said.

Another called it "a butter-like spread."

"Its yellow color and spreadability seemed identical to the brand of soft margarine I use," another mom said.

She noted the flavor being comparable as well.

"Actually the yogurt gave it a faint

*"The yogurt gave it a faint tang, which added to its enjoyment, rather than detracting from it."*

a taster on Brummel & Brown spread

tang, which added to its enjoyment, rather than detracting from it," she added.

Another taster who uses lower-fat margarine when she uses any butter-type product liked its taste among its peers, too. She would recommend it "for people who must have a butter-type something on their bread," although she thought people who prefer butter won't be dissuaded by the product.

"The yogurt didn't detract from the new spread," the original shopper said. "It kept its color fairly well in the refrigerator several weeks, since it takes awhile to use it at our house. The flavor was consistent throughout the tub, too."

She judged it better cold than melted on the bread.

"It was like higher-water spreads when it was heated to melt. Its flavor melted into the bread. It was best used with garlic powder when the bread was warmed," she said.

Another tester — a high-flavored, better-butter advocate — looked at various aspects of Brummel & Brown spread.

"It doesn't have the buttery consistency or body to the spread. It does spread well on the bread, but I seem to have to use more of it," she said.

## Micro Raves

By JUDY EDDY

## 'Mexi-night' in kitchen invites quick preparation

Whether the menu on "Mexican night" is as simple as a taco salad or as complicated as chimichangas, a microwave oven is an important part of getting the meal on the table. For these dishes alone, it can cook the same filling to use with flour or corn tortilla shells or become the meaty part of a colorful salad.

Tortillas are used in many recipes. As a wrap for tacos or enchiladas or fried as chips, the tortilla is a staple in Mexican foods. Another quick use of flour tortillas is as a "dumping."

Cut them in strips and drop them into simmering chicken soup.

A geography buff knows the colors of the Mexican flag are red, white and green — colors associated with the brightness of Mexican foods in color and flavor.

Not all of it is red-hot. It pays to become aware of matching a family's taste buds to controllable results.

For instance, the intensity of spice in salsa levels ranges from mild to medi-

um up to red-hot.

Chili powder varies, too, because it is blended individually.

Salsa is a tangy combination of chunky vegetables and spices that adds color and flavor to meat and vegetables. Don't save it for Mexican dishes. When preparing meatloaf, substitute ½ cup salsa for tomato sauce to add spicy goodness.

Quick microwaved nachos are a step away with salsa. Layer tortilla chips on a microwave-safe plate. Drizzle the chips with ½ cup mild or medium salsa. Cover with 1 cup grated colby-Monterey Jack (co-jack) cheese. Microwave on high power 2 minutes. Dollop with light sour cream for a quick snack or appetizer.

This tangy casserole combines the flavor of Mexico and the speed of a microwave oven for a zesty single-dish meal that makes it to the table pronto.

Home economist Judy Eddy specializes in microwave cooking.

## MEXICAN LAYERED BEEF

- 1 lb. lean ground beef
- ½ cup chopped onion
- 1 can (14.5 oz.) chopped tomato
- ½ cup mild salsa
- 1 can (15 oz.) red beans, drained
- 6 (8 inch) flour tortillas
- 3 cups (12 oz.) shredded cheddar-Monterey Jack cheese

Crumble ground beef and onion in microwave-safe casserole. Microwave on high power 5 minutes or until meat is no longer pink and onion is clear. Stir in undrained tomato, salsa and beans.

Line bottom of 2-quart microwave-safe casserole with half the tortillas. Cover with half the meat mixture, then 1 cup cheese. Repeat layers. Microwave, covered, on high power 15 to 17 minutes until heated throughout and bubbly.

Carefully remove cover. Sprinkle remaining 1 cup cheese over casserole.

## Heart-y Bites

By PAUL OTT

## Vegetables break record for color in single dish

It may still be April, but the urge to grill food, escape from the kitchen for beautiful weather and eat dinner on the patio is as natural as tulips that bloom.

Although it is not yet the time for finding fresh vegetables at roadside stands, barbecuing and warm weather ignite desires for lighter, healthier salads and vegetable dishes. It also is a time to try out new recipes that offer taste buds fresh perspective.

The opportunity is perfect for finding healthy alternatives that are lower in fat, cholesterol and sodium, yet full of flavor. Vegetables satisfy all the criteria, as long as they avoid partnering with fattening, salty sauces.

Vegetables are low in calories and high in fiber and nutrients. When vegetables replace higher-fat foods, they help reduce the risk of heart disease, too.

Being overweight is a contributing factor to heart disease, so taking out some fat, particularly saturated fat, on a regular basis helps reduce cholesterol levels and encourages weight reduction. In fact, it is better to eat an extra serving of low-calorie vegetables when a person is still hungry after a meal than to eat almost anything else, especially a rich dessert.

Any problem with vegetables is not the food's fault. People tend to forget variety when they choose or prepare them. They eat only corn, green beans and carrots. It's no wonder eat-

ing the same winter dishes yields no enthusiasm.

This habit can be broken. Boredom need not be a concern.

There are varieties of vegetables available now from all over the world that were not even imagined 50 years ago. Cookbooks hold volumes of ways to prepare them.

Look under the vegetable section of a favorite cookbook and leaf to something eye-catching. Wonderful recipes — and pictures — are in favorite magazines. The *Suburban Journals* tempt taste buds with new ideas and variations of old favorites every week.

Just avoid using lots of mayonnaise, sour cream, cheeses and high-fat and high-sodium sauces. Pick lower-fat or fat-free ingredients or reduced-sodium versions of these items, such as fat-free plain yogurt and sour cream or low-sodium soy sauce.

Mixed with beans, rice or pasta, vegetables make a tempt taste dish for barbecued chicken breast or grilled salmon steak. They become a healthier main dish for a meatless meal.

Carried vegetable dishes are worth trying. Their flavor can become a new favorite, as it is in my kitchen. This versatile dish is even easier when a bag of frozen mixed vegetables stands in for fresh ingredients.

Registered dietitian Paul Ott is a member of the nutrition committee for the American Heart Association, St. Louis Chapter.

## Fifth of May

Continued from page 1  
the ballpark special of chili over a bag of corn chips.

Spread broken chips in a greased shallow baking dish. Sprinkle with coarsely chopped Spanish onion. Add chili or chile-seasoned stew in a single layer on top. Add another layer of bro-

ken chips and sprinkle the top with grated Monterey Jack or sharp cheddar cheese. Bake in a 350° oven just long enough to heat thoroughly and the mixture starts to bubble.

Cilantro is an herb synonymous with many Tex-Mex foods today. Its seed, coriander, has a different flavor. The fresh green leaves, which look like flat-leafed Italian parsley, permeates foods quickly with heady aroma and flavor. In Asian markets it is called Chinese parsley.

It is delicious added to salsa. It evokes cheers, as

well as jeers, so it is a nice gesture to sprinkle its slivers or minced leaves on top of casseroles for those who prefer to avoid it.

For a touch of hot and cold in the same garnish, combine 1 tablespoon minced leaf cilantro, 2 teaspoons seeded and minced fresh jalapeno and ¼ cup plain low-fat yogurt.

Here are easy dishes, typically North American versions of Tex-Mex flavors, that bring out the macarena in everyone. Decorate in red, white and green, traditional colors of Mexico.

## TEX-MEX QUESADILLA

- 1 pkg. (15 oz.) refrigerated pie crusts
- 1 lb. lean ground beef
- 1 cup salsa
- ¼ cup sliced ripe olives
- 1 can (4.5 oz.) chopped green chiles
- 1 cup (4 oz.) shredded cheddar cheese
- Shredded lettuce, chopped tomato, sliced green onion, sour cream, additional sliced ripe olives and salsa, if desired

Preheat oven to 425°.

In large skillet, brown ground beef. Drain. Stir in salsa, olives and chiles.

Place 1 pie crust on ungreased cookie sheet. Spoon beef mixture evenly onto crust to within ¾ inch of edge. Sprinkle evenly with cheese. Top with second crust. Seal edges with fork. Cut slits in several places.

Bake in preheated oven 17 to 27 minutes until crust is golden brown. Top with lettuce, tomato, onion, sour cream, olives and salsa as desired.

Makes 8 servings.

## TEX-MEX CHICKEN SALAD

- 3 cups diced cooked chicken
- ¼ cup chopped green bell pepper
- ¼ cup chopped celery
- 1 can (2½ oz.) sliced black olives
- 1 salt, chili powder, red and black pepper
- 1 jar (11½ oz.) mild salsa
- ½ cup (2 oz.) finely shredded light cheddar cheese
- Baked tortilla chips, if desired

In large bowl, combine chicken, green pepper, celery and olives.

Blend mayonnaise and salsa in small bowl. Pour over chicken mixture. Toss lightly to mix. Chill thoroughly. Serve on salad greens, top with cheese and serve with chips. Makes 4 servings.



# Today's Food

## Blue Ribbon Cook

### Tasty seafood lasagna rolls up with cheeses

Jody M. Brown, St. Louis, is winner of this week's recipe contest for Low-Fat Seafood Lasagna Rollups. Her prize is dinner certificates at the Pasta House Co.

She adapted the recipe from a magazine, changing or adding spices according to her family's preferences, always keeping it low in fat. She finally discovered the new Italian-seasoned grated parmesan cheese, which ended her reliance on combining individual spices.

Send a single recipe by April 30 to: Ham-It-Up Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, 63131.

Entries in the contest next month for Fruity Desserts can be submitted until May 30.

Entries will be judged for a prize of dinner certificates from Pasta House Co. that will be awarded each of the four Wednesdays during May in the Ham-It-Up Contest or the four Wednesdays in June for the Fruity Dessert recipes.

Type or print it the recipe legibly on one side of the paper. Include name, address and telephone number on the entry. Name the Journal you receive.

Be sure to double-check the recipe as it is written for both amounts and directions. Include any varia-

tions that make this dish special.

If there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will be among criteria used for selecting winners. Originality will be considered, although the recipe need not be original. If possible, name the recipe's source.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after their prize-winning date.

Place seam-side down in 9-inch baking pan. Pour sauce over rolls. Bake in preheated oven 30 minutes. Sprinkle cheese on top before serving.

Makes 4 servings, 400 calories and 7 g fat each. Early preparation: Prepare rolls without sauce. Refrigerate, covered, overnight. Bake in preheated 375° oven 15 minutes. Cover rolls with sauce. Bake 20 minutes longer. Sprinkle with cheese and serve.

#### LOW-FAT SEAFOOD LASAGNA ROLLUPS

- 8 lasagna noodles
- 1 can (15 oz.) Italian-style tomato sauce
- 12 oz. surimi (imitation crab) seafood flakes or chunks, shredded with fork if necessary
- 1½ cups low-fat, small curd cottage cheese, drained

1 egg  
¾ cup Italian-seasoned grated parmesan cheese

Preheat oven to 375°. Cook noodles according to package directions in boiling water with a little oil to avoid sticking. Rinse in cold water. Drain well.

Using fork, combine seafood, cottage cheese, egg and parmesan cheese. Spread ½ cup filling on each noodle. Roll tightly.

## Recipe

#### SANTA FE MEATLOAF

- 2 lb. lean ground pork
- 1 tsp. oil
- 2 medium onions, finely chopped
- 4 cloves garlic, crushed
- 1 jalapeno pepper, seeded, minced
- 4 tbsp. minced dried tomato
- 1 tbsp. chili powder

- 1 tsp. ground cumin
- 1½ tsp. salt
- 1 tsp. thyme
- 1 tsp. cayenne pepper
- ½ cup finely chopped fresh parsley
- ½ cup dried bread crumbs
- ½ cup skim milk

Preheat oven to 350°. In large nonstick skillet, heat oil over medium-high heat. Sauté onion and garlic about 10 minutes until soft. Cook slightly.

In large bowl, combine onion and garlic with jalapeno, tomato, chili powder, cumin, salt, thyme, cayenne, parsley, bread crumbs and milk. Mix thoroughly. Place mixture in 8-by-4-inch loaf pan. Bake in preheated oven 1½ hours.

Let rest 10 minutes before removing from pan. Slice to serve warm, or wrap well and refrigerate for sandwiches.

## Wise Ways

By JANANNE FINCK

### Broccoli sprouts sense for taste and health

Broccoli ranks as one of America's top-10 vegetables bought in supermarkets. Broccoli may have to look out though, as its cousin, the sprout, is claiming attention from health authorities.

Sprouts are three- to four-day-old seedlings grown from broccoli seeds. Many describe the taste as a milder version of the mature vegetable, yet slightly pungent or peppery.

What are the family genes in broccoli sprouts, broccoli, cabbage and other cruciferous vegetables that make them so popular with health researchers and educators? The answer is a combination of vitamins A and C and fiber, plus phytochemicals, compounds that prevent cancer.

Epidemiological studies that evaluate the incidence of cancer in people who eat cruciferous vegetables show a significant decrease in

the risk of getting several different cancers, including lung, liver and colorectal.

Research shows as little as 10 grams of such vegetables per day can cause a significant reduction in cancer incidence. This is not much. A normal serving of broccoli is 150 to 200 grams; a serving of broccoli sprouts is 10 to 20 grams.

While sprouts contain more than 10 times as much sulforaphane as the full-grown vegetable, some researchers suggest people

normally make up the difference by eating much more of the mature vegetable. Sulforaphane is the cancer-fighting product in broccoli and its sprouts.

Broccoli and broccoli sprouts are a tasty way to meet the U.S. Department of Agriculture's recommendation of three to five servings of vegetables per day. Top a salad with sprouts or add them to stir-fried dishes. Serve bite-size florets of fresh broccoli with a dip or cook it.

#### TURKEY DIVAN

- 1 pkg. (10 oz.) frozen or ¾ lb. fresh broccoli spears
- 8 oz. turkey breast, cooked, sliced
- 2 tbsp. cornstarch
- ½ cup unsalted turkey broth
- ½ cup skim milk
- ½ cup shredded cheddar cheese
- 1 tsp. salt

Preheat oven to 375°. Cook broccoli until just tender. Drain.

Arrange broccoli in 1½-quart casserole. Lay turkey on broccoli.

In saucepan, mix cornstarch with broth until smooth. Add milk. Cook and stir until thickened. Remove from heat. Add cheese and salt.

Pour sauce over turkey. Bake 25 minutes.



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**1/4 LOIN PORK CHOP** ... **\$1.49** LB.

**CENTER CUT** ... **\$2.49** LB.

**CHOPPED SIRLOIN** ... **\$1.09** LB.

IN 5 LB. PKG.

**CIONKOS LEAN TRIM BONELESS PORK ROAST** ... **\$2.98** LB.

**GRADE A FRYERS LEG - 1/4** ... **39¢** LB.

**HOMEMADE BRATS REG. ... \$2.29** LB.

**BEEF OR CHEESE ... \$2.39** LB.

**APPLE KRATS ... \$2.59** LB.

**MARINATED CHICKEN TENDERS** ... **75¢** EACH

OR 10 FOR \$6.00

**NEW ITEM! GRILL READY MARINATED BABY BEEF RIBS** ... **\$1.69** LB.

**BEEF OR PORK SHIS-K-BOBS** ... **\$1.00** EACH

### RIB SALE

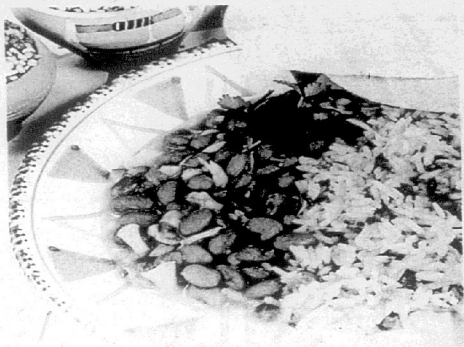
**COUNTRY RIBS** ... **\$1.89** LB.

**BONELESS RIBS** ... **\$2.98** LB.

**B.B.Q. RIBS** ... **\$1.89** LB.

3 1/2 DOWN

# Today's Food



Rev up the Mexican food parade by stepping toward authentic cuisine.

## Good Health

By MELANIE POLK

### Mexican cuisine gets lift from lighter palate rather than fatty food

The fifth of May marks the path toward Mexican independence. This year, Cinco de Mayo is a good time to get acquainted with real Latin culture by exploring the lighter side of Mexican cooking.

Take a break from Tex-Mex fare loaded with fat and calories. Authentic Mexican cuisine boasts a delicious combination of fresh vegetables, whole-grain grains, hearty legumes and bold seasonings.

In Mexico, tortillas used in many popular dishes, including quesadillas and tacos, often are toasted on a griddle instead of fried. When a recipe calls for cheese, it is usually a small amount of a white farmer cheese made with part-skim milk.

Lean turkey and chicken are served more often than beef or pork in traditional Mexican cooking. Light, simply prepared, fish dishes are specialties of the house in towns along the long Mexican coastline. Seasonings like chiles, lime and cilantro give dishes zest flavor without adding fat.

Many Mexican recipes call for lard, but lightening them is easy by substituting small amounts of monounsaturated oils, like olive or canola, and adding garlic, onion, herbs, spices and chiles to boost flavor. Better yet, stick with Mexican dishes already lean in fat.

Mexican salsas are easy to make, require little or no fat and add pizzazz to plain grilled chicken or fish. Store-bought salsa is handy,

but is no substitute for the fresh, spicy flavors of a vegetable version made by combining finely minced onion, garlic, dried chile, chopped mushrooms, zucchini and tomato. Simmer the mixture in a little olive oil, white wine and water. Add a seasoning of crushed fennel seeds and chopped fresh tarragon.

When the conquistadors arrived in Mexico looking for gold, they found treasure in the native cuisine.

Indians of Mexico lived on a diet composed largely of thin flat cornmeal bread, beans, squash and sauces made of tomatoes and chile peppers.

The enormous variety of fruits and vegetables Europeans never had seen included jicama, onion, plantain, lime, mango, sweet potato, tomatillo and avocado.

Bean and corn dishes that graced the ancient Mexican table remain the basis of the contemporary Mexican diet.

A combination of grains and beans, such as the beans and rice in this recipe, provides a source of the protein, vitamins and minerals necessary for good health.

For a free brochure with information on how flavors of the Mexican cuisine can help lower cancer risk, send a self-addressed, stamped, business-size envelope to: American Institute for Cancer Research, Department FOS, P.O. Box 97167, Washington, D.C. 20090-7167.

leaves. Strain off any remaining liquid.

In medium nonstick skillet, warm 1 teaspoon oil over medium heat. Add garlic. Cook about 1 minute until fragrant. Add ½ cup cooked beans to skillet. Mash them, using wooden spoon. Gradually stir in some liquid from bean pot. Cook until it turns to thick paste.

Stir bean-garlic mixture back into bean pot. Simmer 4 to 5 minutes.

In food processor or blender, puree remaining onion, jalapeno, tomato and 2 cloves garlic.

In medium nonstick saucepan, warm 1 teaspoon oil over moderate heat. Add rice. Stir until light golden. Stir in tomato puree. Cook until moisture is absorbed.

Pour in chicken broth. Season lightly with salt. Stir in peas. Bring to simmer. Reduce heat to very low. Cook, covered, about 20 minutes until rice is tender and broth is absorbed.

Sprinkle cilantro on top of rice. Serve beans on top. Makes 12 servings, 270 calories and 3 g fat each.

## SCOTCH SEAFOOD

Combine ½ cup oil, 2 table-  
spoons soy sauce, 2 table-  
spoons whiskey, 2 table-  
spoons rice vinegar, 1  
tablespoon prepared mus-  
tard and 1 green onion.

chopped. Marinate 4 fish fil-  
lets (about 6 ounces each) in  
mixture 1 to 2 hours.

Broil or grill fish 6 to 8  
minutes without turning.  
\*\*\*\*\*

### 50 LB. FREEZER SPECIAL

10 LBS. GROUND BEEF 5 LBS. PORK CUTLETS  
10 LBS. 1/4 LOIN PORK CHOPS 5 LBS. ROUND STEAK  
10 LBS. CHICKEN LEG 1/4'S 5 LBS. CHUCK STEAK  
5 LBS. PORK SAUSAGE

50 LBS. MEAT FOR

**\$59<sup>95</sup>**

BONELESS TIP  
SIRLOIN  
STEAK.....

**\$1<sup>99</sup>**

FAMILY PAK  
GROUND  
BEEF.....

**99<sup>c</sup>**

APPLE BEES  
RIBLET.....

**\$1<sup>99</sup>**

ARMOUR POLISH  
SMOKED  
SAUSAGE.....

**\$1<sup>39</sup>**

PORK BBQ  
SPARE RIBS...

**\$1<sup>59</sup>**

1/4 LOIN  
PORK  
CHOPS  
**\$1<sup>39</sup>**

CENTER CUT  
PORK  
CHOPS.....

**\$1<sup>99</sup>**

FAMILY PAK  
T-BONE  
STEAK  
**\$3<sup>99</sup>**

### BAR-B-Q FREEZER SPECIAL

10 LBS. PORK STEAKS 10 LBS. HOMEMADE BRATWURST  
10 LBS. SPLIT FRYERS 10 LBS. GROUND BEEF  
5 LBS. CHARCOAL STEAK 5 LBS. SPARE RIBS

50 LBS. MEAT FOR

**\$69<sup>95</sup>**

HOMEMADE  
BRATWURST..

**\$1<sup>99</sup>**

MR. TURKEY  
GROUND  
TURKEY.....

**99<sup>c</sup>**

BONELESS TIP  
SIRLOIN

**\$1<sup>99</sup>**

ROAST.....

**\$1<sup>99</sup>**

FAMILY PAK  
PORK

**\$1<sup>39</sup>**

CUTLETS.....

**\$1<sup>39</sup>**

### LET US MAKE YOUR BBQ GREAT

We specialize in homemade  
Sausages.  
BRATWURST - GARLIC SAUSAGE  
CAJUN BRATS - LOUISIANA BRATS  
BBQ SAUSAGE - APPLE BRATS  
SEASONED SHISH-KA BOBS  
CHICKEN SHISH-KA BOBS

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# LEROY'S

RAINBOW  
CORN, PEAS  
CUT GREEN BEANS

**4/\$1<sup>00</sup>**

GERBER  
1ST FOODS.....

**3/\$1<sup>00</sup>**

BEST YET  
20 LB.  
CHARCOAL.....

**\$3<sup>99</sup>**

10 PK. BOX  
CAPRI  
SUN.....

**2/\$5<sup>00</sup>**

14 PK. CANS  
PEPSI  
COLA.....

**5<sup>99</sup>**

24 CANS  
VESS

**MIX & MATCH**

**\$2<sup>99</sup>**

MAULL'S  
BBQ  
SAUCE

**2/\$4<sup>00</sup>**

1 ROLL PKG.  
SOFT &  
GENTLE.....

**79<sup>c</sup>**

50 DRI  
PAPER  
TOWELS.....

**2/\$1<sup>00</sup>**

### THIS WEEK'S PRICE BREAKERS

BEST YET FAMILY  
TEA

**99<sup>c</sup>**

BAGS.....

**99<sup>c</sup>**

SKIPPY  
PEANUT  
BUTTER.....

**99<sup>c</sup>**

PILLSBURY  
CAKE

**59<sup>c</sup>**

MIX.....

**49<sup>c</sup>**

KRAFT  
SALAD  
DRESSING.....

**49<sup>c</sup>**

### FROZEN FOOD & DAIRY SAVINGS

HYDE PARK  
ICE  
CREAM

**99<sup>c</sup>**

BEST YET  
ORANGE  
JUICE.....

**59<sup>c</sup>**

3 LB.  
SHEDDS  
SPREAD.....

**\$1<sup>59</sup>**

BEST YET  
SHREDDED  
CHEESE.....

**\$1<sup>29</sup>**

DOLE

SALAD MIX

**99<sup>c</sup>**

SWEET  
VIDALIA ONIONS

**99<sup>c</sup>**

SLICING  
TOMATOES..

**69<sup>c</sup>**

RED RIPE  
STRAWBERRIES..

**\$1<sup>69</sup>**

### LIQUOR SAVINGS

BUSCH  
BEER

**\$12<sup>99</sup>**

30 PK.

BUDWEISER

**\$9<sup>98</sup>**

BUD LIGHT.....

**2/\$5**

RED WINE

**\$3<sup>99</sup>**

MOGAN DAVID

**\$3<sup>99</sup>**

REG. & LIGHT  
MILWAUKEE BEST....

**\$3<sup>99</sup>**

### SOUTH-OF-BORDER BEANS AND RICE

- 2 cups dried pinto beans
- ½ medium onion, chopped
- 2 bay leaves
- 8 cups cold water
- Salt
- 2 tsp. canola oil
- 2 cloves garlic, chopped
- 1 small onion, chopped
- 1 jalapeno pepper, seeded, minced
- 2 medium tomatoes, peeled, seeded
- 2 cloves garlic
- 2 cups long-grain rice
- 4 cups low-sodium chicken broth
- 1 cup fresh or frozen peas
- 1 tbsp. chopped fresh cilantro

Remove any stones from beans. Rinse them thoroughly, then soak them overnight.

In large pot, combine beans, medium onion, bay leaves and water. Bring to simmer. Cook 1½ to 3 hours until beans are tender, adding water as needed. Season to taste with salt. Cook until beans are very soft. Remove pot from heat. Discard bay



One  
**FOOD FOR LESS**  
TRIPLE  
OFFER  
EVERYDAY  
LOW PRICE  
Guaranteed!

**QUEST**

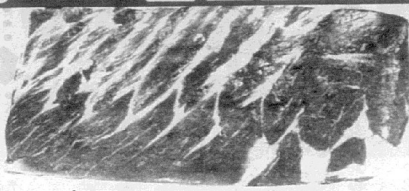
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Food Stamps

# FOOD FOR LESS



12 oz. Can  
**Vess Soda**  
EACH Limit 48 cans

**12¢**



Medium Size  
2 per package  
Meaty

**Pork Spare Ribs**

Limit 2 pkgs. with additional  
\$10 purchase excluding liquor  
and tobacco

**98¢ lb.**

**LOWER PRICES Everyday! GUARANTEED**



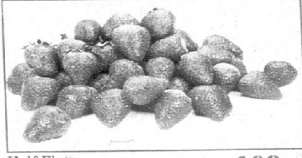
42 oz. Assorted Varieties  
**Maull's Barbecue Sauce** **2.59**



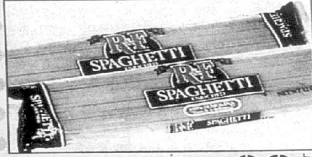
11 oz. Campbell's Pork & Beans **4/\$1**



5 lb. Chub Excel (\$4.40 per chub Limit 2 please)  
**Fresh Ground Beef** **88¢ lb.**  
Fresh Ground Beef Patties \$1.28 lb.



Half Flat California Red Ripe  
**Strawberries** **4.98**



12 oz. **R&F Spaghetti** **69¢**



11 to 25 oz. Assorted Varieties  
**Banquet Chicken** **2/\$5**



7 to 8.1 oz. Assorted Varieties  
**Jeno's Pizza** **5/\$4**

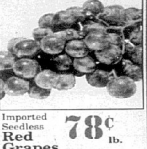


Gallon  
**Pevly Orange Juice** **1.99**

**SAVE**  
**QUALITY PRODUCE**

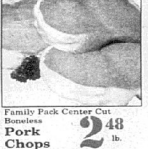


Washington State Red or Golden Delicious Apples **2/\$1**



Imported Seedless Red Grapes **78¢ lb.**

**SAVE**  
**QUALITY MEATS**



Family Pack Center Cut Boneless Pork Chops **2.48 lb.**



Family Pack Tyson Chicken Drumsticks or Thighs **78¢ lb.**



Trim n Tender Bottom Round Roasts **1.98 lb.**



Trim n Tender Family Pack Bottom Round Steaks **1.98 lb.**



25 oz. Pkg. Ribs, Chicken Breast Beef Brisket Texas BBQ Entrees **5.98**



Mustard, Colliard or Turnip Fresh Greens bunches **3/\$1**



Texas Fresh Green Cabbage lbs. **4/\$1**



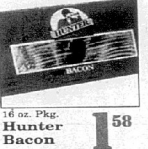
Super Select Cucumbers **3/\$1**



12 oz. Pkg. Hunter Hot Dogs **78¢**



16 oz. Pkg. Assorted Varieties Hunter Bologna **1.28**



16 oz. Pkg. Hunter Bacon **1.58**



14 oz. Assorted Varieties Hunter Smoked Sausage **1.28**



7 oz. Pkg. Assorted Varieties Swift Premium Brown n Serve Links **98¢**



5 lb. Box Extra Value Beef Patties **3.98**



2 liter Assorted Varieties Coke or Pepsi **88¢**



12 oz. Can Assorted Varieties Pepsi **5.98**



13 to 25 oz. Select Varieties Malt-O-Meal Cereal **1.69**



16 oz. Assorted Varieties Peter Pan Peanut Butter **1.69**



9 oz. Oil or Water Chunk Light Starkist Tuna **69¢**



Gallon Farmerest 2% Milk **2.27**



12 inch Assorted Varieties Freschetta Pizza **2/\$9**



24 to 32 oz. Assorted Varieties Island Valley Seasoned Fries **1.29**



12 oz. Seneca Apple Juice **89¢**



16 oz. Assorted Varieties Welch's Grape Juice **2/\$5**



10 oz. Assorted Varieties Fritos or Cheetos **3/\$5**



Multi-Pak Assorted Varieties Hostess Mini Muffins **2.39**



11 to 13 oz. Assorted Varieties Maxwell House Coffee **2.69**



10 Pack Assorted Varieties Capri Sun **2/\$3**



8 to 16 oz. Assorted Varieties I Can't Believe It's Not Butter **1.19**



Gallon Assorted Varieties Parlor Pak Ice Cream **3.49**



12 Pack North Star Fudge or Dream Bars **1.59**



Gallon Tampico Citrus Drink **99¢**



12.4 oz. Old El Paso Taco Shells **99¢**



30 oz. Old El Paso Salsa or Picante Sauce **3/\$1**



16 oz. Old El Paso Refried Beans **3/\$1**



8 oz. Best Choice Tomato Sauce **5/\$1**



10 ct. Glad Lawn Bags **2.49**



16 oz. Peas, Corn, Green Beans, Mixed Vegetables Best Choice **79¢**



16 oz. Regular, Lite Fat Free Best Choice Sour Cream **89¢**



6 oz. Assorted Varieties Prairie Farms Yo-Gel **3/\$1**



6 oz. Assorted Varieties Chunky Fruit Dannon Yogurt **2.98**

UNIVERSITY CITY 8000 OLIVE STREET, HOURS MON-SAT 7:00 AM-9:30 PM, SUN 8:00 AM-6:00 PM  
JENNINGS 8960 JENNINGS ROAD, RIVER ROAD SHOPPING CENTER, HOURS MON-SAT 7:00 AM-9:30 PM, SUN 8:00 AM-6:00 PM  
MADISON 1127 MADISON AVE., HOURS MON-SAT 8:00 AM-9:30 PM, SUN 8:00 AM-7:00 PM  
HIGH RIDGE 2713 HIGH RIDGE BLVD., HOURS MON-SAT 7:00 AM-9:30 PM, SUN 8:00 AM-6:00 PM

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# Don't Be Confused!

Shop 'n Save Brought Low Prices to Town 19 Years Ago and We Continue to Offer the Best Value Compare For Yourself and Save!

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**\$110.24**  
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SHOP 'N SAVE

**\$106.01**  
AT DIERBERGS  
★ YOU SAVE \$29.69  
OR 28% AT  
SHOP 'N SAVE

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COMPARE & SAVE		Shop 'n Save		Schnucks At Shop 'n Save		Dierbergs At Shop 'n Save		You Save At Shop 'n Save		Total Incl.
STORE BRAND Saltine Crackers.....16 oz.		<b>.99</b>	1.79	<b>.80</b>	1.39	<b>.40</b>				
ORVILLE REDENBACHER LIGHT Microwave Popcorn....10.5 oz.		<b>1.79</b>	2.79	<b>1.00</b>	2.79	<b>1.00</b>				
CHICKEN NOODLE, HEALTHY REQUEST Campbell's Soup.....10.75 oz.		<b>.59</b>	.95	<b>.36</b>	.95	<b>.36</b>				
BEEF VEGETABLE Soup Starter .....7.3 oz.		<b>1.99</b>	2.69	<b>.70</b>	2.59	<b>.60</b>				
MINIATURE Kraft Marshmallows ....16 oz.		<b>1.39</b>	1.79	<b>.40</b>	1.79	<b>.40</b>				
SUNSWEEP Prune Juice.....32 oz.		<b>.99</b>	1.79	<b>.80</b>	1.39	<b>.40</b>				
FRUIT Hawaiian Punch.....64 oz.		<b>.99</b>	1.99	<b>1.00</b>	1.49	<b>.50</b>				
GREEN GIANT Asparagus.....15 oz.		<b>1.69</b>	2.29	<b>.60</b>	2.29	<b>.60</b>				
PILLSBURY Brown Gravy Mix.....62 oz.		<b>.45</b>	.65	<b>.20</b>	.59	<b>.14</b>				
APPLE CINNAMON, MINI Quaker Rice Cakes.....4 oz.		<b>1.50</b>	1.99	<b>.49</b>	1.99	<b>.49</b>				
BI PACK La Choy Chow Mein ...42 oz.		<b>1.99</b>	3.19	<b>1.20</b>	3.19	<b>1.20</b>				
INSTANT Sanka Coffee.....8 oz.		<b>4.99</b>	5.79	<b>.80</b>	5.79	<b>.80</b>				
Lipton Tea Bags.....100 ct.		<b>1.99</b>	2.99	<b>1.00</b>	2.99	<b>1.00</b>				
MILK BONE, LARGE Dog Biscuits.....4 lb.		<b>2.99</b>	3.99	<b>1.00</b>	4.19	<b>1.20</b>				
BREAD N BUTTER Heifetz Pickle Slices....32 oz.		<b>1.99</b>	2.99	<b>1.00</b>	2.99	<b>1.00</b>				
KRAFT Barbecue Sauce.....18 oz.		<b>.99</b>	1.59	<b>.60</b>	1.59	<b>.60</b>				
APPLE CINNAMON Eggo Waffles.....11 oz.		<b>1.50</b>	1.99	<b>.49</b>	1.89	<b>.39</b>				
GREEN GIANT NIBBLERS Corn On the Cob.....6 ear		<b>.99</b>	1.79	<b>.80</b>	1.59	<b>.60</b>				
ORE IDA Crinkle Cuts.....32 oz.		<b>1.99</b>	2.69	<b>.70</b>	2.49	<b>.50</b>				
CHICKEN Banquet Pot Pies .....7 oz.		<b>.50</b>	.79	<b>.29</b>	.75	<b>.25</b>				
T-120 Fuji Video Tape .....each		<b>1.88</b>	3.59	<b>1.71</b>	3.97	<b>2.09</b>				
PURINA Puppy Chow.....4.4 lb.		<b>2.99</b>	3.79	<b>.80</b>	3.79	<b>.80</b>				
Jif Peanut Butter.....64 oz.		<b>5.99</b>	7.99	<b>2.00</b>	6.99	<b>1.00</b>				

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 de Sales Tax

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COMPARE & SAVE	Shop 'n Save	Schnucks At Shop 'n Save	Dierbergs At Shop 'n Save	You Save At Shop 'n Save
Kretschmar Bacon.....1 lb.	<b>2.29</b>	3.29	<b>1.00</b>	3.29 <b>1.00</b>
JUMBO DELI Farmland Franks .....1 lb.	<b>1.19</b>	1.69	<b>.50</b>	1.69 <b>.50</b>
STORE BRAND Pork Sausage.....1 lb.	<b>1.79</b>	2.39	<b>.60</b>	2.39 <b>.60</b>
PERDUE FRESH Ground Turkey .....lb.	<b>1.99</b>	2.49	<b>.50</b>	2.49 <b>.50</b>
BONELESS Round Steak.....lb.	<b>2.69</b>	2.99	<b>.30</b>	2.99 <b>.30</b>
Bananas .....lb.	<b>.58</b>	.69	<b>.11</b>	.69 <b>.11</b>
REGULAR Carrots.....1 lb.	<b>.58</b>	.69	<b>.11</b>	.69 <b>.11</b>
STORE BRAND Chilled Orange Juice ..64 oz.	<b>.99</b>	2.39	<b>1.40</b>	2.18 <b>1.19</b>
PURE VEGETABLE Wesson Oil .....48 oz.	<b>1.99</b>	3.49	<b>1.50</b>	2.79 <b>.80</b>
Jiffy Baking Mix .....40 oz.	<b>.99</b>	1.69	<b>.70</b>	1.69 <b>.70</b>
DEL MONTE Fruit Cups.....4 pack	<b>1.50</b>	2.09	<b>.59</b>	2.09 <b>.59</b>
DREAM WHIP Topping Mix.....5.2 oz.	<b>1.99</b>	2.99	<b>1.00</b>	2.99 <b>1.00</b>
POWDERED C&H Sugar .....2 lb.	<b>.99</b>	1.39	<b>.40</b>	1.39 <b>.40</b>
REGULAR OR IODIZED Morton Salt .....26 oz.	<b>.25</b>	.45	<b>.20</b>	.45 <b>.20</b>
Sunlight Dish Liquid ..42 oz.	<b>1.50</b>	2.49	<b>.99</b>	2.39 <b>.89</b>
WISK ULTRA LIQUID WITH BLEACH Laundry Detergent ....100 oz.	<b>4.97</b>	7.39	<b>2.42</b>	6.99 <b>2.02</b>
HANDLE TIE Glad Tall Kitchen Bag ...20 ct.	<b>2.54</b>	3.59	<b>1.05</b>	3.59 <b>1.05</b>
ALUMINUM FOIL Reynold's Wrap .....25 ft.	<b>.87</b>	1.09	<b>.22</b>	1.09 <b>.22</b>
SOFT N GENTLE Bath Tissue .....4 roll	<b>.79</b>	1.29	<b>.50</b>	1.09 <b>.30</b>
PET 99 Skim Milk .....13 oz.	<b>.69</b>	.99	<b>.30</b>	.99 <b>.30</b>
GUY'S, MEDIUM Salsa Dip .....16 oz.	<b>2.00</b>	2.79	<b>.79</b>	2.59 <b>.59</b>

These items were purchased on April 27, 1998 at Schnucks in Des Peres at 10:55 a.m., and at Dierbergs at Warson Woods at 10:10 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of ad publication. The above prices do not reflect Shop 'n Save manufacturers' deal retails.



# Shop 'n Save®

## Spring Spectacular Sale!

 <p><b>ASSORTED VARIETIES</b> <b>Maull's Barbecue Sauce</b> <b>2/\$5</b> 42-OZ. BTL.</p>	 <p><b>BRIGUETTES</b> <b>Kingsford Charcoal</b> <b>4.89</b> 20-LB. BAG</p>			
 <p><b>BREAKFAST SANDWICHES, SMART ONES OR Weight Watchers Entrees</b> <b>4/4.95</b> 4-11 OZ. PKG.</p>	 <p><b>ASSORTED VARIETIES</b> <b>Prego Spaghetti Sauce</b> <b>3/3.89</b> 27-75-30 OZ. JAR</p>	 <p><b>ASSORTED VARIETIES</b> <b>Wishbone Salad Dressing</b> <b>2/2.95</b> 16-OZ. BTL.</p>	 <p><b>ASSORTED VARIETIES</b> <b>Sargento Fancy Shredded Cheese</b> <b>3/4.95</b> 8-OZ. PKG.</p>	 <p><b>PLAIN OR PEANUT M &amp; M Candies</b> <b>2/3.95</b> 16-OZ. BAG</p>

 <p><b>RICE &amp; SAUCE, PASTA &amp; SAUCE OR Lipton Noodles &amp; Sauce</b> <b>4/2.89</b> 4-5.1 OZ. PKG.</p>	 <p><b>Lipton Tea Bags</b> <b>1.99</b> 100-CT. PKG.</p>	 <p><b>MILD, MEDIUM OR HOT Pace Picante Sauce</b> <b>1.97</b> 16-OZ. JAR</p>	 <p><b>APPLE JACKS OR CORN POPS Kellogg's Cereal</b> <b>1.99</b> 15-OZ. BOX</p>	 <p><b>CHOCOLATE OR CHOCOLATE FUDGE Smuckers Magic Shell Topping</b> <b>1.59</b> 7.25-OZ. BTL.</p>
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<p><b>CHICKEN NOODLE Lipton Soup Secrets... 2/1.49</b> <b>ASSORTED VARIETIES Ore-Ida French Fries... 2/3.95</b> <b>Blue Bonnet Spread... 99¢</b></p>	<p><b>SELECTED VARIETIES WITH MEAT Chef Boyardee Pasta... 99¢</b> <b>Blue Bonnet Spread... 99¢</b></p>	<p><b>Windex Outdoor Sprayer... 7.69</b> <b>Ore-Ida Shoestrings... 1.69</b></p>	<p><b>Mardi Gras Paper Towels... 1.69</b> <b>ASSORTED VARIETIES FLAVORED Smuckers Toppings... 2/2.89</b> <b>MILK OR DARK CHOCOLATE Dove Topping... 1.79</b> <b>WHITE Northern Bath Tissue... 2.99</b></p>
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### Liquor Department

**CINCO DE MAYO**  
TUESDAY MAY 5TH

### Health & Beauty

<p><b>Bud or Bud Light... 8.97</b> <b>Busch or Busch Light... 11.67</b> <b>Budweiser or Bud Light... 6.97</b> <b>REGULAR OR LIGHT Milwaukee's Best... 3.89</b> <b>Red Dog or Icehouse... 6.49</b> <b>REGULAR, LIGHT OR DRAFT Hamm's... 6.97</b> <b>Mr. &amp; Mrs. T Mixers... 2/\$5</b></p>	<p><b>GENUINE DRAFT OR Miller Lite... 11.87</b> <b>Coors or Coors Light... 5.99</b> <b>REGULAR OR LIGHT Corona Extra... 4.89</b> <b>CABERNET SAUVIGNON CHARDONNAY OR MERLOT Glen Ellen... 4.29</b> <b>Jose Cuervo Gold... 11.49</b> <b>Please Be Responsible. Don't Drink &amp; Drive</b> <b>PRICES GOOD AT ILLINOIS STORES ONLY. SOME ITEMS NOT AVAILABLE AT ALL STORES</b></p>	<p><b>OUR LOW SALE PRICE \$10.88 Canadian Mist... 8.88</b> <b>Walkers Deluxe... 12.89</b> <b>Smirnoff Vodka... 13.99</b> <b>Jose Cuervo 3/9.99 Margaritas... 4.27</b> <b>CHENIN BLANC OR Beringer White Zinfandel... 4.27</b> <b>ASSORTED VARIETIES Boones Wine... 3/\$5</b> <b>SELECTED VARIETIES Franzia... 6.49</b></p>	<p><b>Style Shampoo or Conditioner... 4.44</b> <b>MEN OR WOMEN Sensor Excel Blades... 3.79</b> <b>FRIZZ CONTROL CONDITIONER, SHAMPOO OR MOUSSE Clairol Hair Care... 2/\$5</b> <b>ASSORTED VARIETIES READY TO DRINK Ultra Slim Fast... 4.79</b> <b>12 OZ. EXTRA STRENGTH LIQUID, 78-CT. EXTRA STRENGTH TABLETS OR 100-CT. EXTRA STRENGTH TABLETS Maalox... 2/\$7</b> <b>4-CT. AA OR AAA G.E. Sanyo Batteries... 1.49</b> <b>1-CT. 9-VOLT OR 2-CT. C OR D G.E. Sanyo Batteries... 1.49</b></p>	<p><b>SHAVE GEL OR SHAVE CREAM Edge or Skintimate... 1.69</b> <b>Aleve Caplets or Tablets... 5.99</b> <b>TABLETS OR CAPLETS Tavist D 12-Hour Cold... 2.79</b> <b>REGULAR, MAXIMUM OR ULTRA Flex All 454... 2.79</b> <b>ASSORTED VARIETIES Colgate Total Wave Toothbrush... 1.79</b> <b>Colgate Total Toothpaste... 2.29</b> <b>Sony T-120 Video Tape... 1.69</b></p>
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HUDSON ALL NATURAL  
Boneless Skinless  
Chicken Breast

**1.87**  
lb.  
LIMIT 3 PKGS.



USDA CHOICE CORN FED BEEF  
Boneless  
Chuck Steak

**1.37**  
lb.



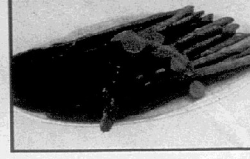
ASSORTED VARIETIES  
Nabisco  
Oreo Cookies

**2/3.95**  
20-OZ.  
PKG.



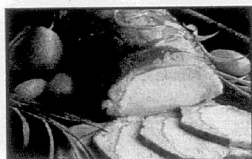
12/12-OZ. CANS  
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or Pepsi

**3/\$8**  
12/12-OZ.  
CANS



Fresh  
Asparagus

**1.78**  
lb.



Fresh Whole  
Pork Tenderloins

**2.79**  
lb.



USDA CHOICE CORN FED BEEF  
FAMILY PACK  
Boneless  
Charcoal Steak

**1.79**  
lb.



FAT FREE SKIM OR  
1/2% LOW FAT  
Plain Label Milk

**2.27**  
GALLON



ASSORTED VARIETIES  
Budget Gourmet  
Entrees

**89¢**  
8.7-10  
OZ. PKG.



Dole Classic  
Salad Blend

**98¢**  
1-LB.  
PKG.



Jennie-O  
Ground Turkey

**89¢**  
1-LB.  
ROLL

REGULAR, LITE OR GARLIC  
Oscar Mayer  
Bologna..... **2/\$3**

FUN PACK  
Oscar Mayer  
Lunchables.... **2/\$4**

REGULAR OR LITE  
Field Fresh  
Ham Sausage.... **2/\$3**

TENDERS, PATTIES OR NUGGETS  
Banquet  
Boneless Chicken **2/\$5**

SLICED  
Hunter  
Bacon..... **1.79**  
1-LB. PKG.

ALL VARIETIES  
Eckrich Smoked  
Sausage..... **1.99**  
1-LB. PKG.

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Fresh Whole  
Rainbow Trout.. **2.99**  
lb.

SEAFOOD DEPARTMENT  
FLASH FROZEN  
Jumbo  
Cod Fillets..... **3.99**  
lb.

SEAFOOD DEPARTMENT  
30-60 COUNT  
Shell-on  
Shrimp..... **5.99**  
lb.

SEAFOOD DEPARTMENT  
Seashell Pasta  
With Crab..... **1.59**  
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Deli Ham..... **3.99**  
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Oscar Mayer  
Wieners

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1-LB.  
PKG.

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20-31 OZ. PKG.

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Singleton  
Salad Shrimp... **.99¢**  
1-LB. PKG.

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Boneless  
Shoulder Roast.. **1.59**  
lb.

FAMILY PACK  
Boneless  
Beef Stew..... **1.99**  
lb.

Circle A  
Beef Patties..... **3.99**  
1-LB. BOX

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Swift  
Hard Salami..... **3.99**  
lb.

DELI DEPARTMENT  
ALL VARIETIES  
Eckrich  
Bologna..... **2.49**  
lb.

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Fresh Baked  
Italian Bread... **.99¢**  
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Strawberry Pie... **3.99**  
9-INCH

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FAT FREE SKIM  
Shop 'n Save Milk

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HALF  
GALLON

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Ice Cream..... **2/5.88**  
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1-LB. PKG.

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Orange Juice... **.98¢**  
1-LB. PKG.

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Pevely  
Cottage Cheese... **1.19**  
1-LB. PKG.

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Grower's Pride  
Orange Juice.... **2/\$3**  
1-LB. PKG.

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Spread..... **.99¢**  
1-LB. PKG.

Kraft Soft Philly  
Cream Cheese... **2/\$3**  
1-LB. PKG.

Kraft 2%  
Singles..... **2/\$5**  
1-LB. PKG.

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Kraft  
American Singles... **2/\$5**  
1-LB. PKG.

2-LTR. BTL.  
Pepsi, Diet Pepsi  
or Mountain Dew

**77¢**  
2-LTR.  
BTL.

MOUNTAIN DEW  
Pepsi or  
Diet Pepsi..... **2/3.95**  
1-LB. PKG.

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Sandwich Bread **.99¢**  
1-LB. PKG.

HAMBURGER OR HOT DOG  
Shop 'n Save  
Buns..... **.99¢**  
1-LB. PKG.

MILD OR MEDIUM  
Old El Paso  
Cheese Salsa... **2/3.95**  
15-OZ. JAR

ASSORTED VARIETIES  
Creamette  
Pasta..... **.65¢**  
1-LB. PKG.

ORIGINAL OR CHOCOLATE  
Nabisco Nutter  
Butter Cookie... **2/3.95**  
16-OZ. PKG.

NABISCO  
Graham  
Crackers..... **2/3.95**  
16-OZ. PKG.

NABISCO  
Cinnamon  
Treat Cookies... **2/3.95**  
1-LB. PKG.

RED, FAT FREE OR  
LIGHT  
Kraft Salad  
Dressing..... **.229**  
1-LB. PKG.

ASSORTED VARIETIES  
Kraft  
Miracle Whip... **.239**  
1-LB. PKG.

ASSORTED VARIETIES  
Kraft Velveeta  
Shells & Cheese **1.99**  
1-LB. PKG.

California Red  
Ripe Strawberries

**1.68**  
1-LB.  
PKG.

VINE RIPE  
Hot House  
Tomatoes..... **.68¢**  
1-LB. PKG.

WASHINGTON STATE  
Granny Smith  
Apples..... **.88¢**  
1-LB. PKG.

Northwest  
Anjou Pears.... **.78¢**  
1-LB. PKG.

Sweet  
Vidalia Onions.. **.68¢**  
1-LB. PKG.

GREENER SELECTIONS  
Dole Salad  
Blend..... **1.28**  
12-OZ. PKG.

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Yellow  
Corn..... **1.58**  
5-PKG.

Dole  
Baby Carrots.... **1.98**  
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Popcorn..... **3/\$1**  
1-LB. PKG.

1 1/2 Dozen  
Medium Eggs... **.79¢**  
1-LB. PKG.

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Marie Callender  
Pot Pies..... **2/2.95**  
10-OZ. PKG.

ALFREDO OR  
WITH BROCCOLI & CHICKEN  
Marie Callender **3/\$5**  
1-LB. PKG.

ASSORTED VARIETIES  
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1-LB. PKG.

DISTILLED OR DRINKING  
Absopure  
Water..... **2/1.19**  
136-OZ. BTL.

ULTRA POWDER OR LIQUID  
LAUNDRY DETERGENT  
Surf or  
Wisk..... **4.97**  
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**VolvoXC**

## By Tom Strongman

Sport-utility vehicles are so popular it seems nearly every manufacturer makes one.

Even though most sport-utes, or SUVs, come from truck chassis, we are beginning to see the proliferation of car-based utility vehicles that fulfill many of the same functions but drive like a car and get better fuel economy. Volvo's XC, or Cross Country, typifies that concept.

Urban uses make a lot of sense, because most SUVs rarely turn a wheel off pavement; consequently, many of their capabilities are wasted in daily use. Subaru actually started this concept with the Outback, then refined it with the Forester. Toyota, Honda, and even Lexus now have similar models, although the RAV4 and CR-V are smaller. Look for more from various manufacturers.

For 1998, the Volvo 850 wagon was restyled and given a new name: V denotes versatility and 70 is the front-wheel-drive platform. Three V70 AWD (all-wheel-drive) wagons were created to provide greater safety and traction than the standard front-wheel-drive model.

The XC differs from the other two because it sits about 2 inches

its owner. Fog lights, an egg-crate grill and body cladding distinguish it from the other Volvo wagons but give it a tough look.

Power comes from a light-pressure, turbocharged, 2.4-liter, five-cylinder engine. Horsepower is 190. Under moderate throttle, the five-cylinder feels smooth, but let it have its head and its raspy exhaust note turns coarser as revs build. It accelerates to 60 mph in 8.6 seconds. The EPA fuel economy ratings are 18 mpg in the city and 24 on the highway.

The automatic transmission has Sport, Economy and Winter shift modes so the driver can tailor its shift habits according to conditions.

Volvolo's all-wheel-drive system consists of a differential next to the transmission, and it sends power to the rear wheels where a viscous clutch determines how the drive is allocated. In normal driving, 95 percent of the power goes to the front wheels. When the viscous clutch detects wheel spin it then transfers power to whichever wheels have the most traction. Up to 95 percent of the drive can be shifted to the back wheels. And it happens automatically. Anti-lock disc brakes are standard.

The XC is capable of limited off-pavement use, but nothing more challenging than a rutted dirt track because it has no trans

case or extra-low gear. It would be most useful for skiing trips, country living and outdoor recreation such as camping.

Despite the restyle that rounded the front end, the overall shape is still fairly square. That makes it easy to get a lot of gear in back. The split-folding rear seat back flops forward at the squeeze of a single button, creating a wide, flat load floor that easily can swallow two bicycles. Around back, the wide lift-gate pivots up out of the way for easy access to the cargo floor. The ease with which the seat folds down makes it easier to use than some of

Once you slide behind the wheel you can see how much this car has changed. The dash is taken directly from the C70 coupe, and it is a significant improvement, both in terms of ergonomics and aesthetics.

now placed  
knobs have rub-  
ber nibs that  
can be gripped  
with gloves and  
the interior tex-  
tures and fin-  
ishes are ele-  
gant and under-  
stated. The  
front seats are  
as comfortable  
as lounge  
chairs

items include side air bags built into the front seats and a three-piece steering column that breaks away from the driver.

If you want a luxury vehicle that has the safety and security of all-wheel-drive yet doesn't have the size and heft of a SUV, then Volvo's XC is a worthy compromise.

The base price of our test car was \$35,595. Standard equipment includes power windows, heated front seats, heated outside mirrors, power driver's seat with three-position memory, AM/FM stereo with compact disc player, tilt/telescoping steering wheel, cruise control and dual-zone automatic climate control.

The only option was the Grand Touring sun roof package (\$1,790) that brought the sticker price to \$37,960.

The standard warranty is for four years or 50,000 miles.

**Point:** The V70 XC is a luxury alternative for folks who want the safety and security of all-wheel drive, the hauling capacity of a station wagon and the maneuverability of a car.

**Counterpoint:** The five-cylinder engine is a bit coarse at high rpm and dry-road handling is somewhat reduced by the XC's taller-than-normal stance.



## By Rick Stoff

On the first warm weekend of spring the roads were filled with the classics of decades past, awakened from their winters of garage naps and loving maintenance. In another 20 years, how many of today's cars will survive and re-emerge each spring?

Very few, probably, and for just one reason: Electronics.

Electronics. Until the 1970s the biggest car on the road was so simple a couple of teenagers with a screwdriver could do many roadside repairs. Then began the battle for ever-increasing fuel mileage and ever-decreasing emissions, and the computer chip was enlisted in the cause. It's sometimes said that today's new car has more computer capacity than the spaceships that went to the moon.

As a result, driveway mechanics have been pushed back in time, limited to working on their old Mustangs and Chevelles and Beetles. It took a long time for the handiest shade-tree mechanic to admit he could not do serious work on a modern car.

So what will happen when today's cars become the toys of the middle-aged boys of the year 2020 or so? Very few of today's cars are likely to make it that far.

"I don't know if there will be a lot of collectibles out of the cars that are on the road today," said Phil Link, diagnostic clinic manager for the Auto Club of Missouri. "If you can't work on them now, chances are it's going to be even tougher to work on them in the

"The electronics definitely have increased at least tenfold in the last few years," he said.

The increased complexity of cars and the campaign to reduce vehicle weights have led to more gadget sharing fewer wires. Linck says these trends and the "multiplexing" of wiring have made it impossible for most people even to install an aftermarket stereo sys-

"In a multiplexed system, a wire may be a hot wire one time it's used and a ground wire the next time," he said. "The systems run on very minute voltages. If computer ground wire just becomes corroded or a couple of strands of a wire are broken, you can have problems."

Wiring used by the radio may be shared with other devices. "If you start monkeying with wiring under the dash, you might end up swallowing an air bag," Line said.

While today's cars are more durable than those of the past decades, they may face shorter life spans because of their ailments can be terminal. The older cars are more likely to have broken parts, but the broken parts could be replaced.

broke down more often, but the broken parts could be fixed. So gone may be the days in which a desirable car might pass through four or five generations of drive before it is saved and restored by a collector who

"You need a serious education to work on these electronics," Linck said. "If you're in an automotive field, you can take the classes and keep up with it."

For other people, though, automotive tinkering so may be a thing of the past.

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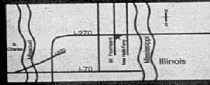
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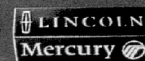
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4 Door, AM/FM, A/C, Tilt	
97 FORD F-150 LARIAT.....	\$17,995
V-8, PDL, Power Seats, AM/FM Cass, A/C, Cruise, Tilt, Leather	
95 FORD F-150 EDDIE BAUER.....	\$11,995
PS, PB, AM/FM Cass, A/C, Cruise, Tilt	
97 FORD F-150 LARIAT.....	\$16,995
PD, Power Seat, AM/FM Cass, Cruise, Keyless Entry, Tilt	
97 FORD F-150 XLT.....	\$14,995
PS, PB, Tilt, Cruise, AM/FM Cass	
96 MAZDA B2300.....	\$12,495
PS, AM/FM Cass, A/C, Tinted Glass	
97 FORD RANGER XLT.....	\$10,995
PS, PB, A/C, CD Player, XLT Pkg	
91 CHEVY SILVERADO.....	\$7,995
AM/FM Cass, A/C, Cruise, Tilt	
94 FORD EXPLORER XLT.....	\$14,995
4x4, PS, PB, A/C, Cruise, PW, Tilt	
95 FORD EXPLORER EDDIE BAUER.....	\$18,995
4x4, PS, PDL, Leather, Tilt, Fully Loaded	

**7466 South Lindbergh 892-2600**  
(Lindbergh at Lemay Ferry)

**Dave Sinclair**



**SABLE GS** **0.9% APR**

**VILLAGER GS** **1% APR**

**CONTOUR** **0.9% APR**

**LINCOLN CONTINENTAL** **0.9% APR**

96 MERCURY VILLAGERS.....	STARTING AT \$14,995
All with dual air, dark glass, cast wheels, low miles	
96 EXPLORER SPORT 4X4.....	\$16,995
Sport Seats, All Power	
97 EXPLORER SPORT 4x4.....	\$19,495
Leather, Loaded	
97 TAURUS & SABLES.....	\$12,995
Your Choice!	
97 FORD ESCORT LX WAGON.....	\$9,995
Auto, Air, Green	
96 LINCOLN TOWN CAR.....	MUST SEE!
12 to choose from	
96 LINCOLN CONTINENTAL.....	MUST SEE!
12 to choose from	
96 LINCOLN MARK VIII.....	MUST SEE!
3 to choose from	
95 CHEVY TAHOE LT.....	ONLY \$23,995
4 Door, 4 WD, Leather, 32,xxx miles	
94 HONDA ACCORD LX.....	ONLY \$9,494
Must See!	
94 MERCURY COUGAR.....	ONLY \$7,995
Moontop, 52,xxx miles, Red	
95 JEEP GRAND CHEROKEE.....	ONLY \$17,995
4x4, White, V8, Leather, 44,xxx miles	

**6160 S. Lindbergh 729-2700**

**Dave Sinclair Oldsmobile**

**1.9 % On All New Oldsmobile Models\***  
**Rebates up to \$2,000\***  
**USED CAR SPECIALS**

92 OLDS CIERA - nice car.....	\$5,998
95 OLDS SUPREME 2DR - good miles, all options.....	\$11,998
95 FORD TAURUS WAGON - green, good miles, power seat, 3rd seat, all options.....	\$13,998
96 MERCURY MYSTIQUE - power seats, cruise, tilt, windows, locks.....	\$10,888
96 OLDS AURORA - wing, gold package, maroon, must see.....	\$21,888
97 FORD TAURUS - nice car, good miles.....	\$12,988
97 OLDS ACHIEVAS - some have 3.9% financing @ 24 months.....	STARTING AT \$10,488
97 CHEVY MONTE CARLO - 2 to choose from, your choice.....	7 TO CHOOSE FROM!
97 OLDS CUTLASS SUPREMES - 2 doors and 4 doors.....	\$21,488
96 GMC JIMMY - 4 door, 4x4, leather, SLT, 18,xxx miles.....	MUST SEE!
96 OLDS BRAVADA - gold package, wheels, leather.....	ONLY \$16,488
95 BUICK RIVIERA - loaded.....	\$17,888
97 OLDS EIGHTY EIGHT - 2 in stock, your choice.....	\$13,488
92 CHEVY SIL - P/U, auto.....	\$9,488
97 PONTIAC GRAND PRIZ GT - 4 door, white.....	MUST SEE!

\*See Dealer for Details

**3900 Lemay Ferry 894-2311**

**Dave Sinclair BUICK\GMC**

**USED CAR BLOWOUT**

95 CHEVY CORSICA.....	was \$10,795	now \$8,488
96 CHEVY CORSICA.....	was \$11,488	now \$7,994
94 OLDS REGENCY.....	was \$16,995	now \$12,981
96 FORD ESCORT WGN.....	was \$5,995	now \$6,454
96 OLDS LESABRE.....	was \$16,395	now \$12,520
95 OLDS "98".....	was \$21,498	now \$17,848
94 BUICK CENTURY.....	was \$10,795	now \$9,441
94 BUICK LESABRE.....	was \$12,995	now \$10,662
96 CHEVY SUPERCAB 4x4.....	was \$23,989	now \$20,977
97 CHEVY G1500.....	was \$16,298	now \$12,981
96 BUICK RIVIERA.....	was \$21,898	now \$17,980
95 BUICK LESABRE.....	was \$9,995	now \$8,244
94 CADILLAC DEVILLE.....	was \$16,995	now \$14,878
92 CADILLAC SEVILLE.....	was \$13,995	now \$10,484
95 BUICK ROADMASTER.....	was \$16,995	now \$14,251
95 PONTIAC GRAND AM.....	was \$14,495	now \$11,977
96 CHEVY CORSICA.....	was \$11,895	now \$8,484
94 BUICK LESABRE.....	was \$16,995	now \$12,981
89 PONTIAC SUNFIRE.....	was \$5,995	now \$3,812
96 OLDS DELTA 88.....	was \$16,995	now \$13,998
94 BUICK LESABRE.....	was \$12,995	now \$10,232
96 SUNFIRE.....	was \$13,995	now \$9,994
92 DODGE DAYTONA IROC.....	was \$8,495	now \$5,982
93 BUICK LESABRE.....	was \$13,795	now \$11,949
92 FORD E150 CONV. VAN.....	was \$13,995	now \$9,998
94 FORD E150 CONV. VAN.....	was \$16,995	now \$13,339
95 CHEVY TAHOE 4x4.....	was \$26,695	now \$22,964

**6160 S. Lindbergh 842-4200**  
(1/2 Mile North of I-55)  
**TOLL FREE 1-888-SINCLAIR**

South County Shopping Center

Lemay Ferry

Thank You And Here Are Our Addresses!

Lindbergh

Tesson Ferry

Jefferson Barracks Bridge

N →

Remember if your used car or truck is not right, we'll make it right FREE



















Play the...

Suburban Journals

# CLASSIFIEDS

## FISHIN' FOR FUN READER CONTEST

**TWO WINNERS EACH RECEIVE A \$50  
CANDICCI'S RESTAURANT GIFT CERTIFICATE!**

In celebration of INTERNATIONAL CLASSIFIED ADVERTISING WEEK beginning Sunday, April 26, 1998 and ending Saturday May 2, 1998, there will be two small classified ads printed Sunday & Wednesday and hidden somewhere in the classified section. These ads are clues to items used when you go fishing. All you need to do is figure out the answer to the clue and write it in the corresponding box on the entry form shown below and mail or deliver it to the specified address.



Entries must be received by Wednesday, May 6, 1998 at 5:00 p.m. to be eligible for the drawing. Two winners will be drawn from all correct entries and will be notified by phone by Friday, May 8, 1998. Each winner receives a \$50 Gift Certificate from Candicci's Restaurant. If you place a classified ad this week, be sure to mention Fishin' For Fun. Your Sales Rep will automatically enter you in this promotion! Call 966-FAST.

### ADVERTISER'S SPECIALS

Place an ad Monday - Friday of this week and mention "Fishin' For Fun" and find out what you qualify for!

### CONTEST RULES:

1. No purchase necessary.
2. You must be at least 18 years of age to win.
3. Cut out and return the completed entry form. Originals only - no reproductions allowed.
4. Deadline for entries: 5:00 p.m., Wednesday, May 6, 1998.
5. Employees of the Suburban Journals and their families are ineligible.
6. Decisions of the judges are final.

### CLIP AND MAIL

SUN. 4/26

1. \_\_\_\_\_

2. \_\_\_\_\_

WED. 4/29

1. \_\_\_\_\_

2. \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_

MAIL/DELIVER TO:  
Classified Advertising  
"Fishin' For Fun"  
1714 Deer Tracks Trail, St. Louis, MO 63131

**ICAW'98**  
INTERNATIONAL CLASSIFIED ADVERTISING WEEK, APRIL 26-MAY 2

CANDICCI'S

Suburban Journals





**SANITARY DISTRICT'S ANNUAL REPORT  
METRO EAST SANITARY DISTRICT  
STATEMENT OF RECEIPTS AND DISBURSEMENTS  
JANUARY 1, 1997 THROUGH DECEMBER 31, 1997**

**CASH BALANCES, JANUARY 1, 1996**

Clearing Account	\$304,802.42
General Fund	\$21,632.55
Payroll Clearing Account	\$61,231.62
Illinois Municipal Retirement Fund	\$553,506.35
Auditing Fund	\$22,628.69
Liability Insurance Fund	\$1,063,713.87
Social Security Fund	\$459,995.56
Tort Liability Fund	\$2,032,523.42
Escrow Account - District	\$810,074.37
Blue Water Ditch - Sinking Fund	\$601,172.84
Blue Water Ditch - Operation & Maintenance Fund	\$31,323.76
Cash on Hand	\$2,511.15
	\$400.00
	\$5,963,541.30

Add Receipts		
Clearing Account	\$4,797,989.68	
General Fund	\$1,127,500.00	
Payroll Clearing Account	\$1,984,532.57	
Illinois Municipal Retirement Fund	\$148,100.57	
Auditing Fund	\$24,728.15	
Liability Insurance Fund	\$213,868.91	
Social Security Fund	\$138,009.92	
Tort Liability Fund	\$864,166.87	
Escrow Account - District	\$1,784,674.59	
Escrow Account - Corps of Engineers	\$8,990.46	
Blue Water Ditch - Sinking Fund	\$8,121.83	
Blue Water Ditch - Operation & Maintenance Fund	\$87,552.56	
Cash on Hand	\$0.00	\$11,888,236.11
Total receipts and balances		\$17,153,777.41

Less Disbursements		
Clearing Account	\$4,873,440.70	
General Fund	\$1,136,130.29	
Payroll Clearing Account	\$2,067,041.44	
Illinois Municipal Retirement Fund	\$217,486.79	
Auditing Fund	\$23,800.00	
Liability Insurance Fund	\$474,596.02	
Social Security Fund	\$93,356.85	
Tort Liability Fund	\$575,143.11	
Escrow Account - District	\$1,443,788.90	
Escrow Account - Corps of Engineers	\$510,014.16	
Blue Water Ditch - Sinking Fund	\$0.00	
Blue Water Ditch - Operation & Maintenance Fund	\$87,484.06	
Cash on Hand	\$0.00	\$11,502,782.32
		\$5,650,995.09

**ACCOUNTED FOR AS FOLLOWS**

Clearing Account	\$229,351.40
General Fund	\$13,002.26
Payroll Clearing Account	(\$21,277.25)
Illinois Municipal Retirement Fund	\$484,120.15
Auditing Fund	\$23,556.84
Liability Insurance Fund	\$803,006.46
Social Security Fund	\$504,148.63
Tort Liability Fund	\$2,321,547.18
Escrow Account - District	\$1,150,960.06
Escrow Account - Corps of Engineers	\$100,149.14
Blue Water Ditch - Sinking Fund	\$39,450.59
Blue Water Ditch - Operation & Maintenance Fund	\$2,579.65
Cash on Hand	\$400.00
	\$5,650,995.09

**DISTRIBUTED AS FOLLOWS**

Cash in Magna NA		
Granite City and Cahokia, Illinois	\$131,013.85	
Cash in Central Bank		
Granite City, Illinois	\$5,644,294.46	
	\$5,775,308.31	
Add:		
Cash on hand	\$400.00	
Less:		
Outstanding Checks	(\$124,713.22)	
TOTAL - AS ABOVE	\$5,650,995.09	

**CASH RECEIPTS**

From	For	Amount
<b>CLEARING ACCOUNT</b>		
AMERICAN BOTTOMS	PUMPING SERVICES	\$71,401.68
AMERITECH	LEASE REVENUES	\$1,914.88
AT&T	REFUND	\$5.64
CONOCO, INC	LEASE REVENUES	\$2,010.00
D.J. RUJAWITZ	SALE OF REAL ESTATE	\$1,201.00
DICKERSON, STATE CONTROLLER	FEMA REIMBURSEMENTS - 1996 FLOOD	\$58,346.00
DICKERSON, STATE CONTROLLER	REIMBURSEMENT FOR REACH A	\$443,726.00
DICKERSON, STATE CONTROLLER	REPLACEMENT TAX	\$939,509.12
EMPLOYEE REFUND	EMPLOYEE REIMBURSE FOR SUPPLIES	\$348.25
GRANITE CITY HOUSING AUTHORITY	PAYMENT IN LIEU OF TAXES	\$2,536.71
HAYDEN, STEPHEN	JURY DUTY REIMBURSEMENT	\$10.00
IEMA	REACH A	\$52,922.00
ILLINOIS AMERICAN WATER	LEASE REVENUES	\$200.00
ILLINOIS DEPARTMENT OF TRANS	LEASE REVENUES	\$11,040.25
ILLINOIS POWER	LEASE REVENUES	\$5,575.04
JORDAN, JOSEPH	INTEREST	\$305.00
MADISON COUNTY CLERK	SALE OF 1987 DODGE	\$150.00
MESD IMRF	POLLING PLACE RENTAL	\$125,000.00
MESD LIABILITY INSURANCE FUND	LOAN OF FUNDS	\$350,000.00
MESD LANSOWNE O & M	LOAN OF FUNDS	\$6,000.00
MESD TORT LIABILITY	BUILDING RENTAL	\$150,000.00
MIDWESTERN TEAMSTERS H&W	LOAN OF FUNDS	\$244.00
MISSISSIPPI RIVER TRANS	REFUND	\$1,812.50
OUTDOOR SYSTEMS	LEASE REVENUES	\$500.00
PHILLIPS PIPE LINE	LEASE REVENUES	\$12,182.50
SHELL OIL COMPANY	LEASE REVENUES	\$3,800.00
SHIMKUS - MADISON COUNTY TREAS.	PROPERTY TAX REVENUES	\$1,712,306.63
SOUTHWESTERN ELECTRIC	LEASE REVENUES	\$264.00
SPRINT PCS	LEASE REVENUE	\$10,000.00
ST. LOUIS AUTO SHREDDING	SCRAP METAL AT WASH PARK	\$1,073.00
SUAREZ, ST CLAIR TREAS	PROPERTY TAX REVENUES	\$812,231.88
STRAUB, RAYMOND	SALE OF DODGE PICKUP	\$350.00
TGB, INC	REIMB LABOR & EQUIP	\$1,200.00
THE LAWRENCE CO	LEASE AGREEMENT	\$3,787.50
TORCH OPERATING CO.	LEASE REVENUE	\$12,000.00
TRADE WASTE INCINERATION	LEASE REVENUE	\$23.00
UNION ELECTRIC	LEASE REVENUE	\$208.60
U.S. POSTAL SERVICE	REFUND POSTAGE METER	\$2,500.00
VILLAGE OF CASEYVILLE	AGREEMENT	\$0.00
		\$4,797,989.68
<b>TOTAL CASH RECEIPTS - CLEARING ACCOUNT</b>		
<b>GENERAL FUND</b>		
METRO EAST SANITARY DISTRICT	TRANSFER FROM CLEARING A/C	\$1,127,500.00
CLEARING ACCOUNT		\$1,127,500.00
<b>TOTAL CASH RECEIPTS - GENERAL FUND</b>		

**PAYROLL CLEARING ACCOUNT  
METRO EAST SANITARY DISTRICT  
CLEARING ACCOUNT  
LANSOWNE SEWER SYSTEM  
MESD FICA FUND  
LANSOWNE SEWER SYSTEM  
GENERAL FUND  
LANSOWNE SEWER SYSTEM**

PAYROLL AND RELATED COSTS	\$1,455,392.18
GROSS PAYROLL	\$376,866.17
EMPLOYER FICA	\$93,856.85
EMPLOYER FICA	\$27,692.83
EMPLOYER UNEMPLOYMENT	\$22,880.29
EMPLOYER UNEMPLOYMENT	\$7,844.25
	\$1,984,532.57

**TOTAL CASH RECEIPTS - PAYROLL CLEARING**

**ILLINOIS MUNICIPAL RETIREMENT FUND**

METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	PROPERTY TAXES	\$118,031.92
CENTRAL BANK	INTEREST INCOME	\$30,068.65
		\$148,100.57

**TOTAL CASH RECEIPTS - IMRF**

AUDITING FUND		
METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	PROPERTY TAXES	\$24,728.15

**LIABILITY INSURANCE FUND**

METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	PROPERTY TAXES	\$111,351.22
LANSOWNE SEWER SYSTEM	REPAYMENT-INSURANCE COVERAGE	\$25,241.00
ILLINOIS PUBLIC RISK FUND	INSURANCE REFUND	\$16,159.00
LUEBERS ASSOCIATES	INSURANCE REFUND	\$14.00
CENTRAL BANK	INTEREST INCOME	\$61,103.69
		\$213,868.91

**TOTAL CASH RECEIPTS - LIABILITY INSURANCE FUND**

SOCIAL SECURITY		
METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	PROPERTY TAXES	\$108,179.38
CENTRAL BANK	INTEREST INCOME	\$29,830.54
		\$138,009.92

**TOTAL CASH RECEIPTS - SOCIAL SECURITY FUND**

**TORT LIABILITY FUND**

METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	PROPERTY TAXES	\$658,257.85
CENTRAL BANK	INTEREST INCOME	\$125,909.02
MESD LANSOWNE O&M	LOAN REPAYMENT	\$80,000.00
		\$864,166.87

**TOTAL CASH RECEIPTS - TORT LIABILITY FUND**

ESCROW ACCOUNT - DISTRICT ACCOUNT		
METRO EAST SANITARY DISTRICT		
CLEARING ACCOUNT	TRANSFER OF FUNDS	\$1,270,000.00
VARIOUS BANKS	INTEREST INCOME	\$29,660.43
CORPS OF ENGINEERS ESCROW A/C	TRANSFER OF INTEREST	\$10,014.16
DEPT OF NATURAL RESOURCES	GRANT REVENUES	\$475,000.00
		\$1,784,674.59

**TOTAL CASH RECEIPTS - DISTRICT ESCROW**

ESCROW ACCOUNT - CORPS OF ENGINEERS ACCOUNT		
VARIOUS BANKS	INTEREST INCOME	\$8,990.46
		\$8,990.46

**TOTAL CASH RECEIPTS - CORPS OF ENGINEERS**

BLUE WATER DITCH - SINKING FUND		
MAGNA BANK	INTEREST INCOME	\$1,189.83
ST CLAIR COUNTY	ANNUAL CONTRIBUTION	\$352.00
VILLAGE OF CAHOKIA	ANNUAL CONTRIBUTION	\$6,447.00
CENTREVILLE TOWNSHIP	ANNUAL CONTRIBUTION	\$133.00
		\$8,121.83

**TOTAL BLUE WATER DITCH - SINKING FUND**

BLUE WATER DITCH - OPERATION & MAINTENANCE FUND		
MAGNA BANK	INTEREST INCOME	\$172.87
VILLAGE OF CAHOKIA	ANNUAL CONTRIBUTION	\$60,375.20
ST CLAIR COUNTY	ANNUAL CONTRIBUTION	\$3,808.63
CENTREVILLE TOWNSHIP	ANNUAL CONTRIBUTION	\$1,029.86
FEMA	FEMA GRANT REVENUES	\$22,166.00
		\$87,552.56

**TOTAL BLUE WATER DITCH - OPERATION & MAINTENANCE**

**CASH DISBURSEMENTS**

To Whom Paid	Purpose	Amount
<b>CLEARING ACCOUNT</b>		
METRO EAST SANITARY DISTRICT		
AUDIT FUND	TRANSFER OF PROPERTY TAXES	\$24,728.15
GENERAL FUND	TRANSFER OF FUNDS	\$1,127,500.00
IMRF FUND	TRANSFER OF PROPERTY TAXES	\$118,031.92
LIABILITY INSURANCE FUND	TRANSFER OF PROPERTY TAXES	\$111,351.22
PAYROLL CLEARING ACCOUNT	PAYROLL RELATED COSTS	\$1,455,392.18
WORK IN KIND ACCOUNT	TRANSFER OF FUNDS	\$1,270,000.00
SOCIAL SECURITY FUND	TRANSFER OF PROPERTY TAXES	\$108,179.38
TORT LIABILITY FUND	TRANSFER OF PROPERTY TAXES	\$658,257.85
		\$4,873,440.70
<b>TOTAL CASH DISBURSEMENTS - CLEARING ACCOUNT</b>		
<b>GENERAL FUND</b>		
ALL HYDRAULIC SERV CORP	EQUIPMENT SUPPLIES	\$1,808.33
ALL TRACK EQUIPMENT	EQUIPMENT REPAIRS	\$2,597.23
AMERITECH	PHONE	\$14,469.22
AUTOMATIC DATA PROCESSING	PAYROLL SERVICES	\$5,485.83
BECKER & ASSOCIATES	LEGAL FEES	\$5,968.75
BLAST PRODUCTS	MATERIALS AND SUPPLIES	\$2,363.40
C GRANTHAM CO	HAULING SERVICES	\$9,622.80
CHARLES PRESTON	EASEMENTS	\$2,500.00
CITY OF GRANITE CITY	UTILITIES	\$1,314.94
CUCHNA, LEONARD	CONSULTING ENGINEER	\$16,800.00
DRUMMOND AMERICAN CORP	MATERIALS	\$1,009.87
EAST SIDE ROOFING	BUILDING REPAIRS	\$18,200.00
EFFERTZ, JOSEPH	CONSULTING ENGINEER	\$20,040.00
ERB EQUIPMENT CO	EQUIPMENT REPAIRS	\$40,925.72
FAO MEMPHIS	REHABILITATION PROJECTS	\$70,250.00
FALLING SPRINGS QUARRY CO	MATERIALS	\$2,073.64
GRANITE FENCE CO	MATERIALS	\$2,322.03
HASKELL CO	MATERIALS	\$2,714.25
HOUSER AUTOMOTIVE	REPAIR SERVICES	\$11,597.06
HURST ROSCHE ENGINEERS, INC	ENGINEERING SERVICES	\$5,138.55
ILLINOIS AMERICAN WATER	WATER SERVICES	\$1,694.46
ILLINOIS POWER	POWER	\$49,478.69
INSTITUTIONAL RESEARCH	CONSULTING	\$9,000.00
JASPER ENGINES AND TRANSMISSIONS	ENGINEER REPAIRS & PARTS	\$1,699.00
JOHN SAKASH CO	SUPPLIES	\$1,016.80
KATHY'S CLEANING	OFFICE CLEANING	\$4,215.00
KEELEY BROTHERS CONTRACTING	REPAIRS & EQUIPMENT	\$2,651.05
KOVACH WHOLESALE CO	MATERIALS	\$1,221.57
LA FARGE CORPORATION	SLAG	\$1,923.30
LAWSON PRODUCTS, INC	SUPPLIES	\$1,814.13
LUEBERS/ASSOC	INSURANCE	\$1,030.00
LUHR BROS INC	ENGINEERING SERVICES	\$461,011.30
MACHINERY RENTAL & SALES	RENTAL	\$343.47
MANTEK	SUPPLIES	\$1,510.54
MESD BLUE WATER DITCH O & M	FLOOD RELATED EXPENSES	\$22,166.00















## Festival frees kids' creativity

Organizers say annual event brings community together

By Clayton Berry  
Staff writer

There may be some budding Picassos and Van Goghs in the crowd.

Young artists will gather at the third annual Art in the Park festival, scheduled for 11 a.m. to 6 p.m. May 9 in Ferguson's January-Wabash Park.

Droves of art lovers are expected to fill the park, on North Florissant Road just north of Airport Road. The event is sponsored by Ferguson's People Reaching Out for Unity and Diversity (PROUD).

Theresa Carper, event coordinator, said the event is open to anyone and there is no admission fee. The only cost is for food.

"We didn't want cost to be a barrier to participation," she said.

The event drew about 300 people the first year and 500 the next, Carper said.

"This gives children a chance to express themselves," she said.

**'We didn't want cost to be a barrier to participation. This gives children a chance to express themselves.'**

Theresa Carper  
event coordinator

Bob Lombardo, Ferguson artist and gallery owner, said it is vital for young people to dabble in the arts.

"It can be very empowering for them," he said.

Under one tent, children will become sculptors, block decorators and sidewalk chalk artists.

Children, as well as adults, will honor their heritage by making personal totems, which Carper said don't have to be poles.

Local artist John Pils will be on hand to sign his historical renderings of landmarks

like Union Station and the Gateway Arch.

The would-be Rembrandts who attend also will display their school artwork at the event.

"This is a chance to bring the community out," Carper said. "The arts are an excellent tool to do that."

Lombardo is bringing other professional artists who will demonstrate their calling.

"We're demystifying the process," he said. "We want to show people there is no secret to making art."

Ethnic music will fill the air during the day's festivities. Acts include the Latin band, El Caribe Tropical and the Irish group, Bernie McDonald.

A master juggler, Al Stanger, and Dakota Indian Cindy Elliot also will also thrill crowds.

PROUD received a \$2,000 grant from the Regional Arts Commission and another \$2,000 from the Missouri Arts Council to finance the project.

## Auction of collectibles new fair feature

A regularly scheduled sign of spring will be visible beginning tomorrow.

The enormous checkerboard tent filled with volunteers, customers and thousands of books on the parking lot of Famous-Barr at the West County Center mean the Greater St. Louis Book Fair is here.

The book fair will be at the center, at Manchester Road and Interstate 270, tomorrow through Monday. This is the 49th year of the fair, which raises money for the Nursery Foundation of St. Louis, a United Way agency.

The fair is believed by its organizers to be the largest in the nation. Customers may choose from more than 1 million items in 225 categories, from astrology to zoology. Not only are books sold, but records, sheet music, magazines, posters and other items also are available.

"It just keeps growing," said Lisa Merend, chairwoman of the book fair. "This year, we'll have three tents to allow us to better display even more of the wonderful items donated this year."

The extra space also means that the 50,000-plus book lovers expected at the book fair will have plenty of room to browse without feeling cramped, she said.

This year a new feature has been added to

the book fair — an auction of more valuable items will be conducted Thursday night.

Several noteworthy items will be on the block, including a book titled "Fore Edge," 1822 under the pseudonym William Knickerbocker. The pages of the book are edged in gold and when they are bent a picture of New York appears. Book fair organizers believe it to be priceless.

First editions of classics by William Faulkner (such as a 1936 printing of "Absalom Absalom") and J.R.R. Tolkien (a 1938 printing of "The Hobbit") will be available. Also to be sold are a 1944 picture of the Browns baseball team, signed by every member of the team taken the only year the team won the pennant; and a sketch of the horse Citation with rider Eddie Arcaro the year they won the Triple Crown.

The book fair will be open 4 p.m. to 10 p.m. Thursday, when admission is \$7. Admission is free the remaining days of the fair. The fair will be open 10 a.m. to 10 p.m. Friday and Saturday; 11 a.m. to 6 p.m. Sunday; and 10 a.m. to 6 p.m. Monday.

Admission from 9 a.m. to 10 a.m. Saturday is reserved for those with physical disabilities.

## Concert to feature members of symphony, chorus

Members of the Saint Louis Symphony Orchestra and the St. Louis Voices United Chorus will present a free concert Sunday.

The concert will begin at 7 p.m. at Our Lady of Sorrows Catholic Church, 5800 S. Kings-

highway Blvd. at Rhodes Ave-

nue in St. Louis. The purpose of the concert, "Sounds of Solace," is to celebrate life and offer hope and encouragement to people, especially those who have a terminal illness, their family and friends, and those who have lost a loved one.

Any donations received will benefit the ALS (amyotrophic lateral sclerosis, or Lou Gehrig's disease) Association, the AIDS Foundation of St. Louis and Unity Health Hospice. For more information, call 286-4438.

# WILD, frenzied, self-indulgent shopping sprees, now 20% off.

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Wednesday only – 10% additional discount for Senior Citizens!

For those who are ready to shop but need a little extra incentive -- smile! We have just the inspiration you need. It's the Westfield Shoppingtowns 20% off Coupon Event, April 29th through May 3rd.

Just zip in, grab a coupon flyer and get 20% off any single regularly priced item at participating stores.

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## Hey Cardinal Fans, It's Family Day!

Sponsored by Dobbs Tire & Auto Centers and the Suburban Journals

Get the gang together and head to Busch Stadium to see the Cardinals play the Florida Marlins, Sunday, May 17 at 1:10p.m. **Plus!** Kids, here's your chance to throw out the first pitch and have your best friend catch it!

Buy one KID'S TICKET  
get one **FREE!**

Valid for one child age 15 & under on May 17. Purchase 1 child's Terrace Reserved or Upper Terrace Reserved Seat at regular price and get a 2nd child's Terrace Reserved or Upper Terrace Reserved Seat free. Cannot be combined with any other discount offer. Can be redeemed at Busch Stadium (in advance or on day of the game) & at participating Schuck's Video Stores. Subject to prior sales.

### OFFICIAL FIRST PITCH ENTRY FORM

YES! Enter my name into the FIRST PITCH CONTEST on May 17. Drop off at any one of the 35 conveniently located Dobbs Tire & Auto Center locations. You must be between the age of 5 and 15 to qualify. Only one winner. All entries must be received by May 1, 1998.

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Telephone \_\_\_\_\_ Age \_\_\_\_\_

Cardinals DOBBS Suburban Journals



# NEWS

## Young, enthusiastic people help make Thai event successful

By Clayton Berry  
Staff writer

There were many young faces at the traditional Thai New Year festival Sunday in Florissant.

Organizers estimate about 1,500 people enjoyed Thai food and dance at the Buddhist Temple of Greater St. Louis, 890 Lindsay Lane. The turnout likely set a record, said temple

secretary Dr. Kongsak Tanphaichitr. He added it was a positive sign to witness the youth participation. Strisuda Laohongkial, 25, of

St. Louis, helped prepare Thai dishes that cost festival-goers a few dollars. All proceeds benefit the temple, which serves hundreds in the St. Louis area.

Clear skies and warm weather contrasted with last year's clouds and showers. Each year, the temple holds the Songkran Festival to celebrate the Thai New Year. The temple was established eight years ago in south St. Louis and later moved to Florissant.

Not everyone in the crowd was of Thai descent. Webster University student Chad Elvins lived with Thai roommates last school year. He attended the event for the first time.

The temple also is the site of meditation instruction every Saturday night. Next month, the temple will mark the birthday of Buddha with another ceremony.

## Tree planting keeps balance

By Jim Merkel  
Staff writer

Seen from 10,000 feet in the air, 89 trees that were planted at the Interstate 255-Telegraph Road interchange may not seem like much. But from that vantage point, it's easy to see why trees are so important to the St. Louis area.

When you fly into St. Louis during the day, what do you see? A great big green glob," said Gary Bess, forestry commissioner of the City of St. Louis.

For people like Bess who watch after the area's urban forest, trees do more than look nice. By releasing oxygen and pulling carbon dioxide out of the air, they provide a natural balance to urban pollutants that fill the air.

"They collectively represent the lungs of our area," said Mary Sherfy, executive director of Forest ReLeaf of Missouri, an organization devoted to helping volunteer groups plant more trees in public areas in the St. Louis region.

At a time when the number of trees in the St. Louis area is slowly declining, there is little room in tight local budgets to help restore equilibrium.

So tree planting grants from the state and other sources, along with volunteer projects such as the one at the I-255/Telegraph Road interchange, take on new importance.

"On average, more trees are removed than planted," Sherfy said. "It's not a big number, but it's a decline."

Sherfy's group provided 115 trees at a reduced price to Renew Oakville. Of those, 89 were planted at the I-255/Telegraph Road interchange, and the remainder at schools.

Forest ReLeaf was so impressed with that effort it called it the "most creative planting" of the spring in its April newsletter.

The group has provided more than 16,000 trees in public areas in just 4½ years, and this spring provided more than 1,600 trees to 37 groups.

Besides Renew Oakville, they include the Afton School District, the Compton Heights Neighborhood Association, the Hancock Place School District, the City of Sunset Hills, Trailnet, Inc., and the St. Louis Zoo.

Rob Emmett, urban forester in the St. Louis area for the Missouri Department of Conservation, said field samples in the metro area have indicated a small drop in the number of trees.

"Most of it we saw is construction-related, particularly in North County, South County and West County," Emmett said.

One way to reduce the loss of trees, Emmett said, is to do what Wildwood does: limit the number of trees builders can remove and require builders to replace them.

A major way, though, is enlisting volunteer groups such as Renew Oakville to do the major work.

The group, which started after someone observed there weren't many oaks left in Oakville, raised about \$6,000 for the recent project.

That was enough to cover the southwest and southeast corners of the I-255/Telegraph interchange. Renew Oakville wants to plant trees on the northeast and northwest corners of the interchange this fall.

"A key to it is publicity to make your community aware of your project," said Maria Altrudo, a leader of Renew Oakville. She also said it's important to get as many groups involved as possible. Her organization involved a National Guard unit, schools, businesses and others.

"We had a very good core committee of ladies who helped us," Altrudo said.

## Various programs help keep region forested

By Jim Merkel  
Staff writer

When cities, counties and school districts devise their budgets, trees usually are near the bottom of the list of needs.

That's where grant programs such as "Branch Out Missouri" help.

The state program provides matching grants for planting trees; the remainder of the funds come from local sources.

"The tree budgets are usually the black sheep of the municipal budgets. It's usually a leftover," said Rob Emmett, urban forester in the St. Louis area for the Missouri Department of Conservation. "In a lot of cases, without our Branch Out money, they're not going to plant."

For the fiscal year that started July 1, 1997, Branch Out Missouri is providing \$163,496 in grants in St. Louis city, St. Louis County, St. Charles County and Jefferson County, to help plant 2,229 trees.

One city that took advantage of that program is Crestwood.

In 1997, Crestwood allowed 160 residents to request trees bought in part through Branch Out Missouri for placement in the street rights-of-way in front of their homes.

Lisa Blumer, director of parks and recreation for Crestwood, said that in addition to about 400 trees her city has planted since 1994, to take the place of trees removed in a sidewalk replacement program.

Just as municipal governments are as Crestwood try to replace trees lost in sidewalk programs, so does the Missouri Department of Transportation (MoDOT).

MoDOT spokesman Chris Sutton said for every tree the state removes in a construction project, it plants two somewhere in the state.

"We certainly need to be aware of the environment," Sutton said.

While tree replacement is considered important in a municipal sidewalk program and a state road project, it's especially important in a place such as Tower Grove Park.

"We've been on a general effort to revive the forest here at Tower Grove Park," park director John Karel said. As trees are replaced, an effort is being made to plant more varieties and renew the vision Henry Shaw had for the park.

After Shaw died, there was less funding to maintain the quality of the plantings, Karel said. A lot of colorful varieties of plants don't tend to last as long as other less colorful ones, he said.

Last year, for example, about 200 trees were planted in Tower Grove Park, such as Douglas fir, Leyland cypress and Serbian spruce.

The park has more than 8,000 trees and shrubs. Owing to the influence of Henry Shaw, whose estate donated the park, there are more than 350 different varieties. That makes Tower Grove's urban forest the most diverse in the country.

While diversity may be a byword at Tower Grove Park, "more" might be the word for St. Louis forestry commissioner Gary Bess, who is responsible for city-owned street and park trees. He says there are 158,000 "street" trees between sidewalks and curbs in the city, but that there is room for 300,000. There are also slightly more than 30,000 trees in parks, about 14,000 of which are in Forest Park. A master plan calls for 7,000 more trees in Forest Park.

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### Belleville Information Meeting Schedule

All one-hour sessions begin at 7:00 pm at Parkview Church of the Nazarene, 50 Longacre Dr., Fairview Heights (adjacent to Longacre Park)

Tuesday, April 28

Monday, May 4

Call to register for an information meeting, 888.818.GOAL



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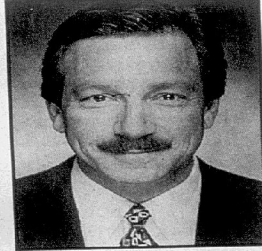
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3 BR, corner lot, garage  
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1,350 sq. ft., 1 1/2 baths, garage  
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**NICE HOME - SMALL PRICE!**  
Remodeled with new roof, siding, carpeting, kitchen, cabinets, counter-top, almost everything new - \$30's GR101.

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Great for investors! 3 bedrooms, 2 bathrooms, living room, kitchen. Good income. For more details call our office. LG609

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